

Middle School Is Not
A Developmental Stage
or
10 Things I Think We Should Talk
About

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Thing # 1

Barak Obama was Right!

- Sexuality is who we are
- Sex is what we do
- “Read My Lips – APPROPRIATE”

Thing # 2

Parents Are The Primary Sexuality Educators
of Their Sons/Daughters

- Values
- Beliefs
- Foundation
- Role Models
- Duration of Contact
- Consistency
- 4.6 to 21 vs the rest of their lives

Thing # 3

There is no such thing as _____ sexuality.

- Executive Function
- Communication
- Wait Time
- Cognition
- Self-Efficacy
- Motor Skills

A Few Thoughts on Behavior

Thing # 4

Use Your Influence!

#1 Influence ??????

So, what's the problem?

Watch Your Attitude!

- Eliminate
- Tolerate/Accept
- Cultivate

“I’m just not comfortable.”

Thing # 5

Who said you can't start with dessert?

- Public/Private
- Gender
- Anatomy
- Personal Space
- “No”
- Appropriate Greeting
- Showing Affection
- Eye Contact/Facial Affect

Thing # 6

Puberty Happens!

- Beginnings and Endings
- Changes

Physical and Emotional

- Health and Hygiene
- Communication
- Fear and Trembling
- The Payoff

Thing # 7

A Work In Progress

Pre-School

Infant

Elementary

Toddler

Middle School

Child

Junior High

Tween

High School

Adolescent

Post High School

Young Adult

Employment

Adult

Thing # 8

How do you get to Carnegie Hall?

- Practice!
- Practice!
- Practice!

Thing # 9

Life Does Not Come With A Guarantee

- Balancing Safety and Risk
- Don't forget about APPROPRIATE
- Investigate
- Trust

Thing # 10

Education For Life

- Sexuality
- Sex
- Social
- Relationships
- Intimacy

The Social You, The Sexual You

Magee-Womens & Children's Hospitals

- Growing Up Together For Daughters/Sons with Special Needs
- Intimacy and Relationship for Youth with Special Needs
- Sexual Responsibility for Adults with Special Needs
- What Parents Need to Know

To register/class schedule 412-802-8292

www.magee.edu (Classes/Healthy Families)

For Information – 412-641-4482

Magee-Womens Hospital

- Growing Up Together for Daughters/Sons
- Sexual Responsibility for Daughters/Sons

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Resources

- My Body, My Self for Boys/Girls, Lynda and Area Madaras, Newmarket Press,
www.newmarketpress.com
- Introduction to Sexuality Education for Individuals Who Are Deaf-Blind and Significantly Developmentally Delayed, Kate Moss, Robbie Blaha, DB-LINK, 800-438-9376
www.tr.wou.edu/dblink
- Changes In You, Peggy Siegal, Family Life Education Association
- SIECUS (Sexuality Information and Education Council of the U.S.) www.siecus.org

Resources

From Planned Parenthood of Western PA

www.ppwp.org

- Period: A Girl's Guide
- Raising a Child Responsibility in a Sexually Permissive World
- Talking About Sex: A Guide for Families
Video Kit
- Let's Talk About S-E-X: A Guide for Kids 9 to 12 and their Parents