



# Using your pharmacy benefit

# Your pharmacy benefit services

OptumRx® is your plan's pharmacy services manager and is committed to helping you find cost-effective ways to get your medication(s).

## Set up your online account

Once registered on our website, access the pharmacy section by clicking “Manage My Prescriptions” to:

- Manage your home delivery medications.
- Set up email or text message<sup>1</sup> reminders.
- Check your order status.

## Use the UnitedHealthcare® Health4Me® app

Manage your prescription benefit and home delivery orders with the **Health4Me** app on your smartphone or tablet.

## Use a network pharmacy

Be sure to fill your prescriptions at a network pharmacy, otherwise they may not be covered or you may pay more. Finding a network pharmacy is easy:

- Log in to **myuhc.com**® then choose select “Manage My Prescriptions.” Or, use the **Health4Me** app.
- Or call the number on the back of your health plan ID card.



**Need more information?** Visit **myuhc.com** to learn more.

# Home delivery from OptumRx

Use OptumRx home delivery to help manage the medications you take regularly. Home delivery is safe, reliable and offers the following advantages:



## Cost savings

You may pay less for your medication with a three-month supply through OptumRx.



## Convenience

Get free standard shipping on medications delivered to your mailbox.



## 24/7 access and reminders

Speak to a pharmacist who can answer questions any time, any day. Even set up text and email reminders to help you remember to take or refill your medications.

## Make the choice to use home delivery



### By going online:

Visit **myuhc.com**, register and follow the simple step-by-step instructions.



### By phone:

Call the member phone number on the back of your plan ID card. It's helpful to have your plan ID card and medication bottle available.



### By ePrescribe:

Ask your doctor to send an electronic prescription.

If you need your medication right away, ask your doctor for a one-month prescription to fill at a local pharmacy and a three-month prescription you can use to set up home delivery.



Log on to **myuhc.com** see if you could save.  
Or use the **Health4Me** app.

# Making medication decisions

## Use the UnitedHealthcare prescription drug list (PDL)

The PDL is a list of your plan's covered medications. The medications are organized into cost tiers. Choosing medications in lower tiers may save you money.

Cost tier	Includes	Helpful tips
<b>\$</b> <b>Tier 1</b> <b>Lowest cost</b>	Lower-cost medications. Some brand-name medications.	Tier 1 medications have the lowest out-of-pocket costs. Consider generic alternatives.
<b>\$\$</b> <b>Tier 2</b> <b>Mid-range cost</b>	Mix of brand-name and generic medications.	Tier 2 drugs may cost less than Tier 3 drugs.
<b>\$\$\$</b> <b>Tier 3</b> <b>Highest cost</b>	Highest cost brand-name medications and some generic medications.	Many Tier 3 medications have lower-cost options in Tiers 1 or 2. Ask your doctor if they could work for you.

## Save money

Generic medications usually have a lower co-pay than brand name medications. Ask your doctor if there is a generic alternative for you.

## Compare prices

Search for lower-cost alternatives. Just log in to **myuhc.com**, click on "Manage My Prescriptions" and select "Drug Pricing." Or use the **Health4Me** app.



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# Tips



## Know your plan

Your plan may require one or more of the following for your prescription to be covered:

**Prior authorization** — approval to get a medication.

**Step therapy** — trying one medication before another.

**Quantity limits** — only a certain amount of the medication is allowed for coverage.



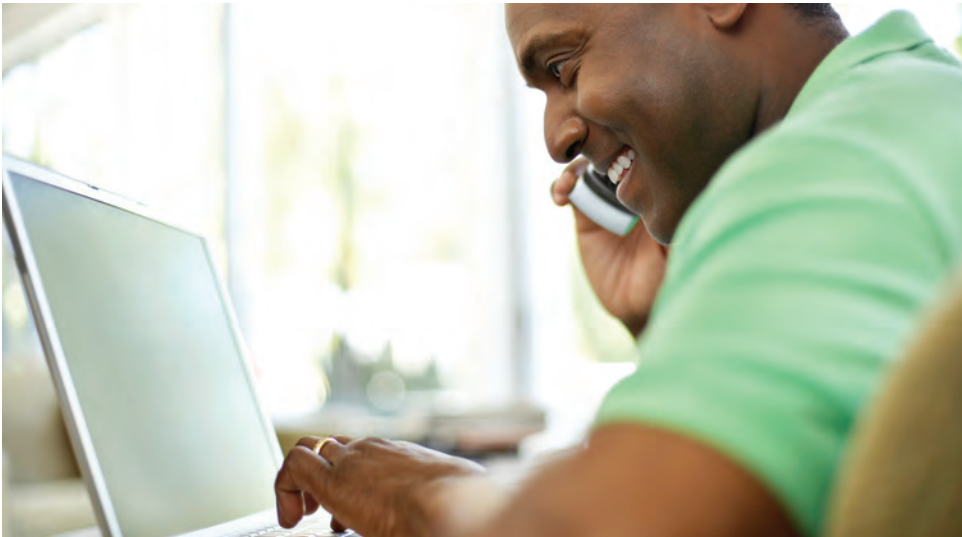
## Check your prescription drug list (PDL)

Your PDL is a list of covered medications. The list is broken into sections called tiers. Choosing medications in lower tiers may save you money. Check your PDL often.



## Talk to your doctor

When you talk with your doctor, use the **Health4Me** app to confirm coverage and costs. You can also talk about what you need to do to get your medication.



Log on to **myuhc.com** see if you could save.  
Or use the **Health4Me** app.

# Your plan may also include

## Mail Service Member Select

Your plan **may include** the cost-saving medication home delivery program below.

If your plan includes Mail Service Member Select, you are allowed a limited number of refills at your current pharmacy; then you must take action:

Program name	Action needed:
<b>Mail Service Member Select</b>	Choose to use OptumRx home delivery or stay at your retail pharmacy. If you choose to continue at your retail pharmacy, you must let OptumRx know your choice.

## Hassle-Free<sup>SM</sup> Fill

The Hassle-Free Fill program provides automatic refills for eligible maintenance medication if you use home delivery. When it's time to refill, OptumRx will automatically:

- Call to notify you that your medication will ship soon (unless you cancel it within three business days of the refill notice).
- Bill your credit card for any copay, coinsurance or amount due.

## BriovaRx<sup>®</sup>, the OptumRx specialty pharmacy

You may be able to use BriovaRx, the OptumRx specialty pharmacy. BriovaRx is more than just a way for you to get your specialty medications. We provide ongoing support to help you manage more complicated conditions.



**Need more information?** Visit [myuhc.com](https://myuhc.com) to learn more.



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Or use the [Health4Me](#) app.

Visit [myuhc.com](https://myuhc.com) to get the most out of your pharmacy benefit.



[myuhc.com](https://myuhc.com)

1 OptumRx provides this service at no cost. Standard message and data rates charged by your carrier may apply.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health plan coverage provided by or through a UnitedHealthcare company. OptumRx, Inc. is an affiliate of UnitedHealthcare Insurance Company.

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