

# The Neighborhood Learning Center ~ Menu for September 2021

Whole milk is served to children under 2 and 2% milk is served to all others. Menus are subject to change.

\*May contain eggs ^May contain milk (T) = Toddler WG = Whole Grain

		Monday	Tuesday	Wednesday	Thursday	Friday
Aug 30 – Sept 3	Breakfast	WG Cereal* Fruit Water	Pancakes*^ Berries Water	WG Cereal*^ Milk	Sausage Biscuit*^ Fruit Water	WG Cereal*^ Fruit Water
	Lunch	Sloppy Joe on a WG Bun*^ Corn Pears Milk	WG Fish Nuggets* Sliced Carrots Mandarin Oranges Milk	Lasagna*^ Salad w/Dressing^ Applesauce Milk	Turkey Sandwich on WG Bread*^ Green Beans Peaches Milk	Chicken Bake*^ Mixed Veggies Mixed Fruit Milk
	Snack	Rice Cakes* Bananas Water	Cheese Stick^ Applesauce Water	WG Goldfish* Blueberries Water	Yogurt^ Graham Crackers* Water	Cheese Itz* Berries Water
Sept 6 – Sept 10	Breakfast	<b>NLC CLOSED IN OBSERVANCE OF LABOR DAY</b>	Pancakes*^ Blueberries Water	WG Cereal*^ Fruit Milk	Turkey Sausage* Croissant*^ Water	WG Cereal*^ Fruit Water
	Lunch		Grilled Cheese on WG Bread*^ Tomato Soup* Banana Milk	Taco Salad*^ Corn Pears Milk	WG Chicken Nuggets*^ Sliced Carrots Peaches Milk	Variety Lunch*^ Milk
	Snack		Veggie Straws* Raisins* Water	Blueberries Yogurt^ Water	Animal Crackers*^ Cheese Stick^ Water	Variety Snack*^ 100% Apple Juice
Sept 13 – Sept 17	Breakfast	WG Cereal*^ Fruit Water	Waffles*^ Banana Water	WG Cereal*^ Milk	Yogurt^ Granola* Fruit Water	WG Cereal*^ Fruit Water
	Lunch	Ravioli Bake*^ Green Beans Applesauce Milk	Ham Sandwich on a WG roll*^ Peas Peaches Milk	Chili* Cornbread*^ Mixed Fruit Milk	Stroganoff*^ Salad w/ Dressing^ Pears Milk	Chicken Alfredo*^ Peas Pineapple Milk
	Snack	Blueberry Bagel*^ Cream Cheese^ Water	Apple Slices Rice Cakes* Water	Pretzels* Cheese Stick^ (T) Crackers* Water	Peaches Townhouse Crackers* Water	Nacho Chips* Salsa (T) Crackers* Water
Sept 20 – Sept 24	Breakfast	WG Cereal*^ Fruit Water	Blueberry Muffin*^ Banana Water	WG Cereal*^ Milk	French Toast Sticks*^ Berries Water	WG Cereal*^ Fruit Water
	Lunch	Homemade Chicken Noodle Soup w/ Veggies*^ Crackers* Mandarin Oranges Milk	Mac N Cheese*^ WG Roll* Green Beans Pineapple Milk	Hamburger on a WG Bun* Sliced Carrots Mixed Fruit Milk	Turkey Meatballs w/ Gravy*^ Mashed Potatoes^ Peaches WG Roll* Milk	WG Fish Sandwich on a WG bun* Corn Pears Milk
	Snack	Pears Pretzel Sticks* Water	Homemade Trail Mix*^ Water	Pepperoni & Cheese*^ Crackers* Water	Sliced Watermelon Harvest Cheddar Chips* Water	Breakfast Bar* 100% Apple Juice
Sept 27 – Oct 1	Breakfast	WG Cereal*^ Fruit Water	Bagels*^ Cream Cheese^ Water	WG Cereal*^ Milk	Pancake Wrapped Sausage*^ Water	WG Cereal*^ Fruit Water
	Lunch	Meatloaf*^ Green Beans Peaches Milk	Goulash*^ Salad w/ Dressing^ WG Roll* Pears Milk	Chicken & Cheese Quesadilla*^ Corn Banana Milk	Beans & Franks* Pineapple Milk	Pepperoni Pizza Sliders*^ Sliced Carrots Mandarin Oranges Milk
	Snack	Pita Chips* Hummus* (T) Crackers* Water	Chex Mix* Applesauce Water	Nacho Chips* Salsa (T) Crackers* 100% Apple Juice	Yogurt Parfait w/ Granola & Fresh Fruit* Water	Mini Muffins*^ Banana Water