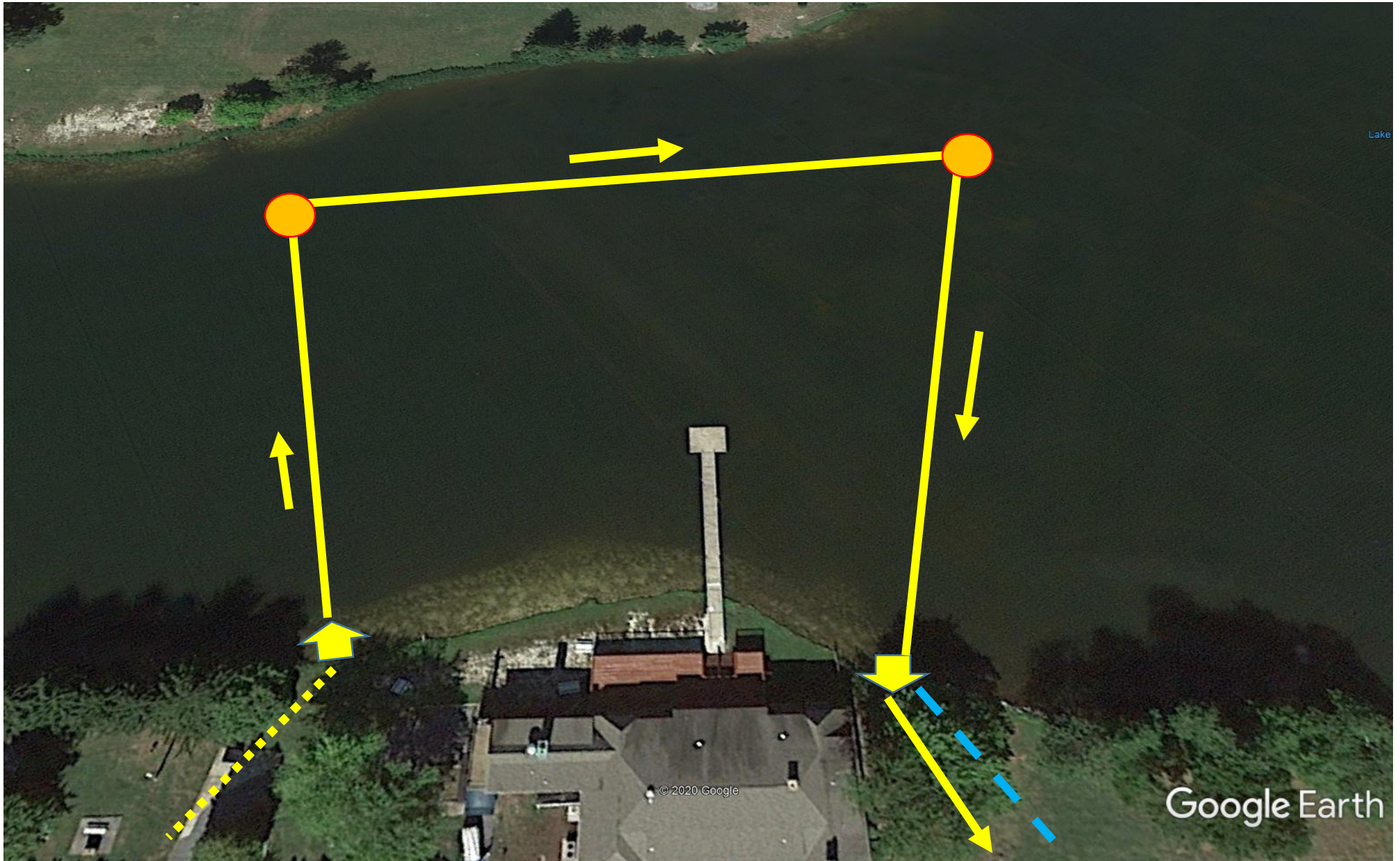


SUPER Fest – Swim Course

SWIM COURSE- (250 meters, 1 loop) 25 per wave in a time trail start format (15 seconds apart). Lined up next to cones 10 feet apart.



Swim Course- Yellow Arrow

Fence- Blue Dash

Swim Staging- Yellow Dash

Swim Buoy- Orange Circle