



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

“Even when muddy, your wings sparkle bright wonders that heal broken worlds.”
Aberjhani

Reflection Questions

How often do you find yourself believing that you’ve lost your ‘sparkle’, your light?

How can you use those experiences to guide and help others?

If you had a super power, what would it be?

*Ann Ruane, Certified Energy & Crystal Healer
Helping shift perceptions, inspire curiosity and guide transformation from the inside out.*