



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

Don't let the behavior of others destroy your inner peace.

-Dalai Lama

### Reflection Questions

Describe a recent time when somebody else's negative behavior impacted you.

Why did you let it have an influence on you?

What could you have done differently to maintain your own place of calm?

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Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*

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