



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.

-Desmond Tutu

Reflection Questions

What is one little bit of good you have done today?

How might that have made a ripple and affected others, with or without your knowing?

What little bit of good can you intentionally do tomorrow?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*