



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Life is a daring adventure or it is nothing at all.

Helen Keller

Reflection Questions

How 'daring' is your life? In other words, how connected are you to you each day?

How can you add a sense of adventure, or change up your routine?

Every day is a fresh start. Choose to fully savor all that you do and with whom you share it.

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Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*

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