REDUCING THE STIGMA

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Families Against Narcotics

Your connection for information, resources, and support.
Stigma is a mark of disgrace associated with a particular circumstance, quality, or person.
Stigma is rarely based on facts but rather presumptions, preconceptions, and generalization which results in prejudice, avoidance, rejection and discrimination.
Drug overdoses killed about 72,000 Americans in 2019. More than HIV, car crashes, and gun deaths.
HOW STIGMA AFFECTS PEOPLE WITH SUBSTANCE USE DISORDER

Destroys Self-esteem

- Causes isolation
- Makes an individual feel unworthy
- Causes feeling of shame
- Causes feelings of immorality
- Weakness
- Lack of control
HOW STIGMA AFFECTS PEOPLE WITH SUBSTANCE USE DISORDER

Damages Relationships

- With health care professionals
- With family and friends
ADDICTION IS A FAMILY DISEASE

What families need to know

- Historically, the family has rarely been included in the recovery process.
- Parents’ behaviors can begin to mirror those of their child.
- Everyone needs to work on their own recovery.
- Self-care is essential.
- Family coaching can help guide a family to recovery.
ADDICTION IS A FAMILY DISEASE

Family coaching provides one-on-one guidance which:

- Helps them understand their loved one’s addiction
- Helps them understand that their child is ill, and that it is not a choice
- Helps them support their loved one in a healthy way
- Breaks down the barrier of codependence
- Teaches them a different way to communicate
- Helps them establish and maintain boundaries
In the United States, the cost of untreated addiction—including healthcare, criminal justice and lost productivity—is $510 billion.
Of the 2.3 million people incarcerated in the United States, more than 65% of them met the criteria for substance use disorder and only 11% had ever received treatment.
WHAT CAN WE DO TO DIMINISH STIGMA?

- Change the language we use to talk about SUD
- Offer compassionate support
- Display kindness to people in vulnerable situations
- See a person for who they are, not the drug they use
- Listen while withholding judgment
- Treat SUD patients with dignity and respect
- Do your research and learn about drug dependency
WHAT CAN WE DO TO DIMINISH STIGMA?

- Avoid hurtful labels: abuser, junkie, dirty, clean
- Replace attitudes with evidence-based facts
- Speak up when you see someone being mistreated because of their substance use
- Use people-first language: person with a cocaine use disorder, adolescent with an addiction, individuals engaged in risky use of substance
DID YOU KNOW?

125 POLICE AGENCIES

IN 10 MICHIGAN COUNTIES

With 800 Volunteer ‘Angels’

HOPE not HANDCUFFS CURRENTLY OPERATES WITHIN

HELPING OVER 4400 PEOPLE GET THE HELP THEY DESERVE

SINCE FEBRUARY 1, 2017
We Almost Lost You...

This time it was a little more than your body could handle. You probably never expected it to happen.

We understand. And you matter to us.

In the next couple days, a few kind people are going to stop by to make sure you’re okay. Why? Because you’re worth it.

When they show up, there’s no need to worry. You’ll be treated with compassion and respect, and offered the help and resources you deserve.

It’s Never Too Late For A Comeback.

If you have any questions, please call 586-438-8500
QUESTIONS?