Acting is a great way to build self-confidence, improve social skills, work with others as a team, improve memorization, practice relaxation techniques, communicate better with others, think creatively, and have fun. Drama class allows students to work on social skills in a safe, fun, environment, that is different than most other classes. Participants will have an opportunity to learn acting skills on the stage and film.

Participants in the drama class also have an opportunity to participate in the CMH Players, a theatre troupe which includes individuals receiving community mental health services, local community actors, and CMH staff. Since 2005 the CMH Players have presented 19 plays with mental health themes to thousands of people. These productions have decreased stigma and provided individuals receiving services an outlet for their creative talents. The CMH Players also create original films and skits with mental health themes.

Interested, but not sure about appearing on stage? Join the class and decide later if the stage is for you. If you think you could benefit from drama class, don’t be shy, get on stage and have your moment in the spot light!
Cast of Yes Virginia, there is a Santa Claus

Jake's Women

A Month of Sundays

Cast of A Christmas Carol

Miracle of 34th Street

Cast of The Best Christmas Pageant Ever