The ethics of mental health care do not require complex analysis, just firm commitment for they are simple. Listen well; respond appropriately. Watch words you use as they become actions. Treat the family compassionately. Honor the importance of education. Respect the people with whom you work. Respect yourself. Understand your own power. Empower others. Do not exceed your limits. Be with the person where he or she is. Validate strengths. Recognize each person’s right to “confidentiality.” Recognize the healing partnership between the people receiving services, provider and payor. Recognize the importance for hope. Embrace an environment conducive to Recovery.