

2018 NAMI SC

State Mental Health Conference



August 24 - August 25, 2018

Friday, August 24th

The Meridian Building 1320 Main Street 17th Floor
Columbia, SC 29201

- ▶ **3:30 - 5:30pm** - NAMI SC Board Meeting
- ▶ **6:00 - 7:00pm** - Reception
- Hors d'oeuvres & Cash Bar
- ▶ **7:00 - 8:30pm** - Awards Ceremony & Auction
- ▶ **8:30 - 9:00pm** - Coffee, Desserts & Networking

Saturday, August 25th

Marriott Hotel - 1200 Hampton St
Columbia, SC 29201

- ▶ **8:00 - 9:00am** - Peer Leadership Council Meeting
- Room Carolina F
- ▶ **9:00 - 9:30am** - Welcome & Business Meeting
- Bill Lindsey, Dr. Hayes & John Magill, (Director of DMH)
- Room Carolina A-E

OPENING PLENARY SESSION

9:30AM - 10:45AM

Room Carolina A-E

Resilience in Action in School Safety

Master Sgt. Walter (Shawn) McDaniels
SRO(School Resource Officer) Richland County Sheriff's Dept.

Sgt. McDaniels does a special presentation on the timely topic of school safety including young persons from DJJ and the role of substance use and mental illness.

BREAKOUT SESSION 1

11:00AM - 12:00PM

The Able Act - Palmetto Ballroom

Karen Crider - Karen presents on the Able Act Savings Account and the benefits to those with mental illness and disabilities.

Mental Illness and Diversity - Carolina F

LaShella Kirkland, NAMI SC Board
LaShella presents a very compelling look at mental illness in minority communities and gives insight into barriers to overcome.

Is the United States Exporting Mental Health Stigma? - Carolina G

Benjamin Griffeth, MD
Dr. Griffeth takes a hard look at how perceptions or misconceptions of mental illness is presented in the US through entertainment, the media, and those in power.

"The Light in His Soul" - Carolina H

Author Rebecca Shafer,
Call Richmond, Jr. went missing. Twenty years later he showed up on a family member's doorstep. He was homeless, broken, and suffering from paranoid schizophrenia. For the next 14 years, his sister Rebecca took on the struggle to restore him as they faced the dark traumas and painful memories of their past.

LUNCH PLENARY SESSION

12:15PM - 1:45PM

Room Carolina A-E

A Personal Story - Angela Kimball

Director of Policy, NAMI National
Angela relates her personal struggles with her son's illness and interweaves it into what is needed in schools, treatment, and policy.

PLENARY SESSION

2:00PM - 3:15PM

Room Carolina A-E

An Intense Look at School Mental Health, Ending the Silence, and Youth Suicide -- Palmetto Ballroom

A panel discussion featuring -

Allison Farrell, School Mental Health Services, the Dept. of Mental Health

Kelly Troyer, Ending the Silence Facilitator

Stacie Elwood - Past President of SC HOSA, a service organization for future health care professionals, who are in high school (or college).

Alex Karydi, Ph.D. - Director of the South Carolina Youth Suicide Prevention Initiative, A Program of the Department of Mental Health

BREAKOUT SESSION 2

3:30PM - 4:30PM

Room Carolina A-E

SSI, SSDI, & the Able Act - Palmetto Ballroom

Tom Mayne, Vocational Rehabilitation
Q&A session on Social Security, Disability, SSI, & SSDI

Anxiety, Depression & CBT - Carolina G

Heidi Bolden, PhD Licensed Psychologist Cognitive Behavioral Therapist

Brain Tissue & Organ Donation

Jeff Thomas, Chief Clinical Director, Sharing Hope - Carolina F
Wonderful hands on presentation to get us thinking about how brain tissue donation can lead to cures.

Nutrition & Exercise

James Patrick, Personal Trainer - Carolina H
Presents on the benefits of diet and exercise and how this greatly helps those with mental illness.

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REGISTRATION FORM

The Meridian Building - Fri, August 24, 2018

1320 Main Street 17th Floor, Columbia, SC 29201

Marriott Hotel - Saturday, August 25, 2018

1200 Hampton St, Columbia, SC 29201

Clip & mail this completed form with check payable to:

NAMI SC - PO Box 1267
Columbia, SC 29202

For more information, please call 1.800.788.5131

Register Now!

\$45 Registration for Current NAMI SC Members & Professionals

\$85 Registration for Non-Members - Includes Membership

\$15 Registration for Current Client/Consumer Members

\$20 Registration for Client/Consumer Non-Members
- Includes Membership

Please indicate which days you are attending:

Friday Saturday Both

You Can Register Online As Well:

2018namisouthcarolinaconference.eventbrite.com

If You Prefer, Pay By Credit Card:

Total Registration Fee to be Charged to
My Credit Card: \$ _____

VISA MASTERCARD AMEX

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Name _____

Address _____

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