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WEEKEND EDITION

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FRIDAY, NOVEMBER 2, 2018

Transport ministry warns: winter is coming

By Gordon Lambie

Although the forecast for the coming days is mainly grey and rainy, Quebec's Ministry of Transport (MTQ) is taking a leaf out of the Scouting handbook and encouraging everyone to be prepared.

"If ever that rain turns to snow, our trucks are ready," said Nomba Danielle, spokesperson for the Estrie office of the MTQ, speaking to reporters outside the ministry's garage and depot on Georges-Vallières Street in Sherbrooke.

According to Danielle, the local team has been at work preparing their trucks and equipment since September.

"Winter has no fixed start date," the spokesperson said, adding the MTQ's position that it is never too early for drivers to start preparing for winter driving.

According to Marc Bouchard, the Director of Operations at the Sherbrooke facility, local trucks have already been

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National Caregiver Week: a time to thank those who care for others



Angelle Laplume and Monique Gilbert (Senior Services Coordinators) at the Missisquoi North Volunteer Centre are sending out a "thank you" to all Caregivers during National Caregiver Week, November 4 to 10.

By Mable Hastings

National Caregiver Week, which takes place from November 4 to 10, 2018, is an event that pays tribute to the dedication of caregivers and highlights their contribution to society.

The Missisquoi North Volunteer Cen-

tre (CABMN) Senior Services Coordinators, Angelle Laplume and Monique Gilbert take this opportunity, on behalf of the CABMN to thank all caregivers in the Western Sector of the MRC Memphremagog for their precious time and care given in bettering the lives of those they are caring for.

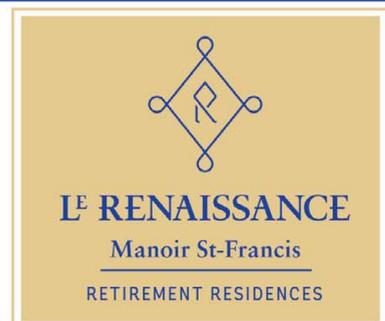
The CABMN supports caregivers by

offering respite, socialization and information activities. One of their specific objectives is to organize workshops or conferences on topics chosen by caregivers and/or seniors. A total of 17 workshops and activities were organized by the CABMN in the past year in locations

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