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Weather



TODAY:
MIX OF SUN
AND CLOUDS

HIGH OF 0
LOW OF -5



TUESDAY:
SNOW

HIGH OF -1
LOW OF -2



WEDNESDAY:
PERIODS OF
SNOW

HIGH OF 0
LOW OF -3



THURSDAY:
PERIODS OF
SNOW

HIGH OF 1
LOW OF -6



FRIDAY:
PERIODS OF
SNOW

HIGH OF -3
LOW OF -10

Potton's 7th Edition of Festival of Hearts Month



THE SCOOP

MABLE HASTINGS

In February, the Municipality of Potton will hold its 7th edition of the Festival of Hearts; a month long series of heart healthy events for all to enjoy.

During the month the library will present an exposition of a collection of watercolors, drawings and ink by Danielle Levesque during regular library hours. If weather permits, the library will also organize creative workshops in art and snow for the students in both local schools held in the park in the village. People are also encouraged to build a snowman in their yard and to give organizer, Diane Rypinski-Marcoux a call at 450-292-5817. Diane will come by to photograph your creation and prizes will be awarded. This event is organized by the Potton Cultural and Heritage committee.

February 2nd at 7:30pm, the Cinema Potton will present the film, "Juste la Fin du Monde," de Xavier Dolan, upstairs in the Town Hall, \$7.00 for members, \$9.00 for non-members and students \$5.00. The Cinema Potton will present the movie "Dark Horse" on February 16, same location and details.

Saturday, February 4 the Potton Heritage Association will hold a snowshoe excursion (easy to intermediate) in the woods starting at 89, chemin Fontaine. The outing is free to members, \$5.00 for non-members and \$10.00 if you reserve lunch with the host. Hosts are Janine and Richard at 450-292-3780. A second snowshoe outing is planned for February 11 on the Golf Course starting at 181, Chemin Owl's Head. Same details but the hosts are Edith and Christian at 450-292-0547 and you must reserve with them for the lunch. On February 18th another snowshoe excursion meeting at 418 Chemin Leadville with the same details as those above with hosts, Beatrice and Karsten, 450-292-6872. February 25th another excursion in the woods in Saint-Etienne de Bolton with host Frank Ruiz, 450292-3542.

Also on the 4th of February, the Municipality of Potton in cooperation with the Missisquoi North Youth Centre (CAB) and organized by the youth presents, Winterfest family outdoor fun day held at the Mansonville Elementary School from 10am to 3pm. The event includes (weather permitting), tubing, ski doo rides, inflatable games, horse-drawn sleigh rides, indoor activities, sugar on snow and door prizes. Lunch will be on sale.

February 9, the retirees club of Potton in collaboration with the Missisquoi North Volunteer Centre (CAB) will hold an "activity close to your heart" including a lunch and music with friends and neighbours. You must reserve by Feb. 2nd by calling Angelle Laplume at 450-292-3114 ext. 103.

February 15th there will be hockey

match at 5pm with spectators more than welcome. Hot chocolate will be served and the event will be held at the skating rink in the Parc Andre-Gagnon. On the 16th you can "Open your Heart to Yoga" from 10:30am to 11:30am in the Mansonville Town Hall. This class is simple and for all levels. Everyone welcome but please bring your mat if you have one. On February 16 Edith Smeesters will offer a Healthy Heart Cooking activity from 11:45 to 1:00pm in the Town Hall. On the 18 of February yo are invited to the Library for a coffee and croissant with author, Alexandre Trudeau author of the book, "Barbarians in China." Please call 450-292-3948 for details.

On February 18 from 1-4pm round up the family and take time to enjoy the present moment with several creative workshops with Les Productions Super Hiro upstairs in the Town Hall in Mansonville. This activity is free of charge. February 19 is a film and pot-luck lunch "Seeds of Time" an award winning film about an epic struggle to protect the future of food. This gripping documentary follows the efforts of people around the world who are racing to save the one thing we cannot live without, our seeds. Followed by a pot-luck lunch and discussion, this activity is organized by the Mansonville Public Market and Cinema Potton.

February 25 from 9am to 12pm in French and 1pm to 4pm in English, "Learn C.P.R.," a free session held at the Town Hall in Mansonville.

This February, celebrate heart health with Potton's Festival of Hearts. For more information visit the Potton website at: www.potton.ca



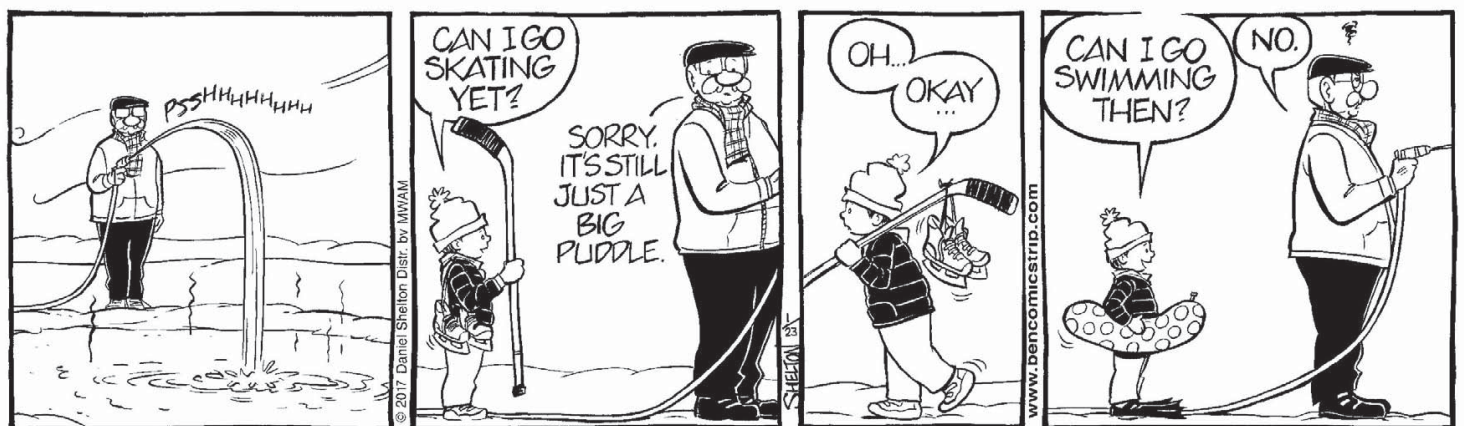
Winterfest family fun day is just one of the events happening during Potton's Festival of Hearts this February...outdoor inflatables, tubing and fun



PHOTOS BY MABLE HASTINGS

Indoor face painting, bingo and more

Ben by Daniel Shelton



Panel 1: A man in winter gear is using a hose to spray water on a frozen surface. A child asks, "CAN I GO SKATING YET?"

Panel 2: The man replies, "SORRY, IT'S STILL JUST A BIG PUDDLE."

Panel 3: The child asks, "OH... OKAY..."

Panel 4: The child asks, "CAN I GO SWIMMING THEN?" and the man replies, "NO."