

Local Sports

This was the fourth meeting between Stanstead and Richmond during the season.

Spartans first-time playoff champions



By Ross Murray
STANSTEAD

The Stanstead College Junior Girls Basketball Spartans captured the ETIAC playoff trophy for the first time ever on Tuesday, defeating Richmond Regional by a single point in the final.

This was the fourth meeting between Stanstead and Richmond during the season, Richmond having won two and Stanstead one, earning the Raiders the

ETIAC regular season banner.

Stanstead beat BCS 43-4 in the semi-final while Richmond had a by to advance to the final.

Richmond played a physical press throughout the final, forcing Stanstead to struggle to get the ball over half and resulting in a number of turnovers. But the Spartans were tough on defence in their own right, especially under the basket, resulting in a 2-point lead for the Spartans at half.

The second half saw Richmond further fluster the second-place team, allowing the Raiders to build a lead by as many as 7 points. With their top post player fouled out, Stanstead fought back and found themselves down 30-31. After an SC timeout, Emily Willis for the Spartans was fouled on the shot with only 11 seconds left. Needing one to tie, Willis sank two free throws to take the lead. Stanstead then hung tough on defence, forcing a Richmond turnover to regain possession and win the game.



ROSS MURRAY

Pictured are: Alyssa MacPherson (front), Abigail Murray, Maya Goudreau (middle) and Alison Barlow, Christine Jin, Alex Smith, Joannie Robitaille (coach), Kareen Chen, Emily Willis, Becky Shen (rear).

McGill ends Bishop's hoopsters playoff hopes

Martin Rourke
BISHOP'S UNIVERSITY

Heading into Saturday afternoon's contest in Montreal with the No.8 McGill Redmen the Bishop's Gaiters men's basketball team knew they had a tall task in front of them if they wanted to qualify for the RSEQ Final-4. First task was to win their final two games then get help. McGill ended all hope the Gaiters had with a convincing 76-46 triumph.

The Gaiters had staved off elimination the previous two weeks however were unable to make it three in a row. Bishop's jumped out to a 17-15 advantage after the opening frame. The host Redmen then found their stride. They put up 20 points and held the guests to just five to grab a 35-22 halftime lead. McGill scored 22 more points in the third and Bishop's answered with 15. Again in the fourth the nation's eighth ranked team held the Gaiters to single digits and rolled to a 76-46 victory.

Bishop's was led by a pair of rookies. Abdul Kamane of Montreal continued his torrid pace as he netted 11 points and grabbed seven rebounds in 25 minutes.

Kingston's Duncan Lambert chipped in with 11 of his own in just 17 minutes on the court.

The Gaiters struggled from the field shooting just 20.3 percent including a 1-17 performance from three-point land. Compare that to McGill's 45.6 percent and seven made threes in 17 attempts. McGill also out-rebounded Bishop's 43-33 and turned the ball over 16 times while the Gaiters had 24 miscues.

Three Redmen managed double figures. Dele Ogundonkun had a game high 21 points while Jenning Leung scored 15 and Tychon Carter-Newman 10.

McGill had already wrapped up top spot in the RSEQ prior to the contest but improve to 11-4 with the victory. Bishop's drops to 4-11 and will miss the playoffs for the first time since in the 2011-12 season.

One contest remains for Bishop's who travel to the provincial capital on Thursday to face the Laval Rouge et Or (6-9). Tip-off is scheduled for 8 p.m.

Stay up to date with everything Bishop's Gaiters at www.gaiters.ca or on social media using @BishopsGaiters.

Fabulousness

CONT'D FROM PAGE 5
working with kids.

From the first week where the girls were encouraged to keep a positive mantra playing in their brains, "I am Fabulous," to key ways of dealing with bullies by simply changing their own reaction, the girls are filling their imaginary tool kit with the things they need to continue to grow as the awesome young people they are. Recognizing that "change" begins with "you" and not playing the blame game where others are given the power to rule over you, the

girls are absorbing the idea that they can be the change they wish to see given almost any situation IF they remember to apply what they have learned.

The pilot project will be measured by its success and the reviews given by the participants and their parents at the end of the year. If beneficial, another will likely be offered in the fall.

For more information about this or any of the CAB's youth or other programs visit www.cabmn.org or call the Youth Centre at 450-292-4886.

MARCH IS MAPLE MONTH



Throughout the month of March, The Record will celebrate the time honoured tradition of sugaring in the Townships.

Readers are invited to send in pictures and memories of their favourite moments around the wood stove in the sugar shack, or out emptying sap buckets waist-deep in snow.

Can you remember a time when the season came early, late, or almost not at all because of challenging weather?

Do you have delicious maple recipes to share?

Can you remember the first time you tried sugar on snow?

Send your thoughts, pictures, recipes and memories of sugaring, or even describe the work involved in getting ready for this season's harvest.

The Record looks forward to sharing your stories and experiences.

Email: newsroom@sherbrookerecord.com or call the newsroom at 819-569-6345 for more information.