



# D&D Sports Med

\_\_\_ Denton

\_\_\_ Sanger

\_\_\_ Aubrey

## Patient Information Worker's Comp

D&D SPORTS MED  
DENTON • SANGER • AUBREY

### Patient Registration Information

Name: (First) (MI) (Last)	Social Security #:		
Preferred Name:	Address:		
Date of Birth:	City:	State:	Zip:
Phone: Cell Home	Email Address:		
Gender:	Marital Status: Single Married Partnered Separated Divorced Widowed		

### Insured Party/Responsible Party Information

Relationship to Patient:	Social Security #:		
Name: (First) (MI) (Last)	Date of Birth:		
Address:	City:	State:	Zip:
Home Phone:	Work Phone:		
Gender:	Marital Status: Single Married Partnered Separated Divorced Widowed		

### Patient's Employer Information

### Insured's Employer Information

Employer:	Employer:		
Employer Address:	Employer Address:		
City: State: Zip:	City:	State:	Zip:

### Injury Information

Date of Injury:	Description of Injury/How did injury occur?
Injury occurred: Work Auto accident	
Other: _____	

### Emergency Contact Information

Emergency Contact:	Phone #:
Relationship to patient:	

How did you hear about us? Physician Friend/Family Social Media Walk-In  
Website Other: \_\_\_\_\_

### Patient/Guardian Signature

I certify that the information provided above is true.	
Patient/Guardian Signature:	Date:



# D&D Sports Med Worker's Compensation Policy

D&D SPORTS MED  
DENTON • SANGER • AUBREY

Thank you for choosing D&D Sports Med as your Physical/Occupational Therapy provider. We are committed to providing the best possible care for you. In order to achieve this goal, we need your assistance in understanding our policies. The following is a statement of our Worker's Compensation Policy. Please read and sign prior to your treatment.

## **REGARDING INSURANCE:**

We will gladly discuss your proposed treatment and answer any questions relating to your worker's compensation insurance. It is our policy to call and verify benefits, employment, compensability and obtain pre-authorization regarding your worker's compensation coverage. Per Texas law, we cannot bill you for any charges incurred as part of therapy for your compensable work injury.

However, Texas law also states that: "A health care provider may pursue a private claim **only** when the work-related injury is finally adjudicated by the Division as non-compensable." Should your claim be adjudicated as non-compensable, you will be responsible for any charges incurred here.

\_\_\_\_\_ INITIALS

## **MISSED APPOINTMENTS**

Your attendance of your scheduled appointments is crucial to your recovery. Cancelling your appointment with less than 24 hours notice or especially no-showing for your appointment(s) is not only detrimental to your treatment and recovery, it also prevents us from scheduling someone else in your time slot. All absences and excessive tardiness will be reported to your physician, employer, and adjustor. Chronic non-compliance will result in discharge from your therapy, and a report reflecting non-compliance forwarded to your physician, employer, and adjustor.

\_\_\_\_\_ INITIALS

## **INFORMATION**

I give permission to D&D Sports Med to release information, verbal and written, from my medical record to my physician, insurance company, rehab nurse, case manager, attorney, employer, related health-care provider, or other assignees as it relates to my treatment. I further authorize D&D Sports Med to obtain medical records from my physician or other medical professionals as it relates to my treatment.

\_\_\_\_\_ INITIALS

I have read, understand, and agree to this Worker's Compensation Policy. Any questions or concerns I had have been adequately addressed by the staff of D&D Sports Med. I am also aware of, and understand my responsibility to attend my therapy sessions.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Witness' Signature

\_\_\_\_\_  
Date of signatures



# D&D Sports Med Medical History Form

D&D SPORTS MED  
DENTON • SANGER • AUBREY

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Describe the current symptoms for which you are seeking therapy: \_\_\_\_\_

Date of Injury/onset of condition: \_\_\_\_\_

Have you ever experienced these symptoms before? Yes (When) \_\_\_\_\_ No \_\_\_\_\_

Describe your symptoms (check all that apply):

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Pain              | <input type="checkbox"/> Loss of strength | <input type="checkbox"/> Better with activity |
| <input type="checkbox"/> Ache              | <input type="checkbox"/> Loss of motion   | <input type="checkbox"/> Constant pain        |
| <input type="checkbox"/> Balance Loss      | <input type="checkbox"/> Worse in AM      | <input type="checkbox"/> Night pain           |
| <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Worse in PM      | <input type="checkbox"/> Other: _____         |

Please rate your pain from 0-10 (0= no pain; 10 = emergency room pain)

Current = \_\_\_\_\_ Best = \_\_\_\_\_ when I \_\_\_\_\_ Worst = \_\_\_\_\_ when I \_\_\_\_\_

List 3 things you are unable to do as a result of your condition:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What activities increase your symptoms? (Check all that apply)

- |                                       |                                   |  |  |
|---------------------------------------|-----------------------------------|--|--|
| <input type="checkbox"/> Sitting      | <input type="checkbox"/> Standing | <input type="checkbox"/> Rising from chair | <input type="checkbox"/> Reaching overhead   |
| <input type="checkbox"/> Walking      | <input type="checkbox"/> Bending  | <input type="checkbox"/> Sleeping          | <input type="checkbox"/> Rolling over in bed |
| <input type="checkbox"/> Cooking      | <input type="checkbox"/> Grasping | <input type="checkbox"/> Writing           | <input type="checkbox"/> Lying on side       |
| <input type="checkbox"/> Driving      | <input type="checkbox"/> Running  | <input type="checkbox"/> Throwing          | <input type="checkbox"/> Cough/sneeze/strain |
| <input type="checkbox"/> Stairs       | <input type="checkbox"/> Dressing | <input type="checkbox"/> Housework         | <input type="checkbox"/> Computer work       |
| <input type="checkbox"/> Other: _____ |                                   |  |  |

Please indicate if you are currently experiencing any of the following (Check all that apply):

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Dizziness                          | <input type="checkbox"/> Vision problems | <input type="checkbox"/> Hearing Loss    | <input type="checkbox"/> Fever/sweats/chills |
| <input type="checkbox"/> Malaise                            | <input type="checkbox"/> Weakness        | <input type="checkbox"/> Nausea/vomiting | <input type="checkbox"/> Night pain          |
| <input type="checkbox"/> Changes in urinary/bowel frequency |  |  |  |

### Tests and Results:

- |            |       |    |                |             |
|------------|-------|----|----------------|-------------|
| 1. X-Rays  | YES   | NO | Results: _____ | Date: _____ |
| 2. MRI     | YES   | NO | Results: _____ | Date: _____ |
| 3. CT Scan | YES   | NO | Results: _____ | Date: _____ |
| 4. EMG     | YES   | NO | Results: _____ | Date: _____ |
| 5. Other:  | _____ |    | Results: _____ | Date: _____ |

Have you had surgery related to this condition? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, type of surgery: \_\_\_\_\_ Date of surgery: \_\_\_\_\_

### Work History:

Are you presently working: Yes No If no, how many total days of work have you missed? \_\_\_\_\_

Are your work duties? Full Restricted How many hours per week do you work? \_\_\_\_\_

Who is your employer? \_\_\_\_\_ What type of work do you do? \_\_\_\_\_

What critical work duties have been most affected by your injury/condition? \_\_\_\_\_

Please Indicate how you sustained this condition:

- |   |  |
|---|--|
| <input type="checkbox"/> Work related injury        | <input type="checkbox"/> Recurrence of prior condition |
| <input type="checkbox"/> Cause unknown              | <input type="checkbox"/> Injury related to lifting     |
| <input type="checkbox"/> Motor Vehicle Accident     | <input type="checkbox"/> Chronic                       |
| <input type="checkbox"/> Athletic/Recreation Injury | <input type="checkbox"/> OTHER: _____                  |

Please list any other surgeries you have had, including type and date: \_\_\_\_\_

Have you had any physical therapy, occupational therapy, or chiropractic care since the beginning of this calendar year (including home health)? Yes \_\_\_\_\_ No \_\_\_\_\_

**DO YOU HAVE, OR HAVE YOU EVER HAD ANY OF THE FOLLOWING:**

- |                            |                         |   |                         |
|----------------------------|-------------------------|---|-------------------------|
| Diabetes                   | Self _____ Family _____ | Allergies: _____                        | Self _____ Family _____ |
| Chest Pain/Angina          | Self _____ Family _____ | Thyroid Problems                        | Self _____ Family _____ |
| Heart Disease              | Self _____ Family _____ | Osteoporosis/Osteopenia                 | Self _____ Family _____ |
| High Blood Pressure        | Self _____ Family _____ | Arthritis                               | Self _____ Family _____ |
| Heart Attack               | Self _____ Family _____ | Metal Implants                          | Self _____ Family _____ |
| Pacemaker                  | Self _____ Family _____ | Recent Fractures                        | Self _____ Family _____ |
| Vascular Disease           | Self _____ Family _____ | Hernia                                  | Self _____ Family _____ |
| CVA/Stroke/TIA             | Self _____ Family _____ | Infectious Disease                      | Self _____ Family _____ |
| Seizures                   | Self _____ Family _____ | Dizziness/Fainting                      | Self _____ Family _____ |
| Headaches                  | Self _____ Family _____ | Nausea/Vomiting                         | Self _____ Family _____ |
| Kidney Problems            | Self _____ Family _____ | Skin Abnormalities                      | Self _____ Family _____ |
| Cancer: _____              | Self _____ Family _____ | Sexual Dysfunction                      | Self _____ Family _____ |
| Bowel/Bladder Problems     | Self _____ Family _____ | ringing in your Ears                    | Self _____ Family _____ |
| Asthma                     | Self _____ Family _____ | Depression                              | Self _____ Family _____ |
| Liver/Gallbladder Problems | Self _____ Family _____ | Anxiety                                 | Self _____ Family _____ |
| Special Dietary Guidelines | Self _____ Family _____ | Do you use tobacco?                     | Self _____ Family _____ |
| Are you Pregnant?          | Yes _____ No _____      | If Yes. How long have you used tobacco? | _____                   |
| Fibromyalgia               | Self _____ Family _____ | Average weekly usage:                   | _____                   |
| Concussion                 | Self _____              |   |                         |

If you answered "yes" to any of the above, please explain and give approximate dates: \_\_\_\_\_

Do you participate in any sports, exercise program, or activities on a regular basis? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

Is there any other information regarding your past medical history that we should know about? \_\_\_\_\_

Have you experienced any falls in the last 12 months? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how many? \_\_\_\_\_

Have you been injured from a fall during the last 12 months ? Yes \_\_\_\_\_ No \_\_\_\_\_

When are you scheduled to see your doctor again? \_\_\_\_\_

**FOR OFFICE USE:**

Clinician's Initials: \_\_\_\_\_

Today's Date: \_\_\_\_\_

**To the best of my knowledge and belief, the information I have given above is accurate and true.**

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Parent/Guardian Signature if applicable



# Medications

In order to gain a more comprehensive view of your condition, we need to know what medications you are taking. This includes **prescription medications, over-the-counter medications, vitamins, and any other supplements**. Please complete the form below and bring it with you to your first appointment. If you are not taking any of the above, please write "NONE". (You may bring a different list, but it **MUST** include all of the required information)

<b>Name of Medication (Name of drug on package)</b>	<b>Dosage (usually in mg. or ounces, etc.)</b>	<b>Frequency (Daily, 2 X day, etc.)</b>	<b>Route of Administration (Orally, injection, etc.)</b>	<b>Changes or Comments</b>
EXAMPLE: Coumadin	3 mg.	Daily	Orally	BIW as of 1/15/14

I attest that the above information is correct and true to the best of my ability. I acknowledge that I should inform my therapist of any changes that occur in my medication while a patient at D&D.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signed by

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Therapist's Signature/Date



**PATIENT INFORMATION CONSENT FORM**

I have been provided with a copy of D&D Sports Med's Notice of Information Practices. I understand that D&D Sports Med may use or disclose my personal health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment. I understand that I have the right to restrict how my personal health information is used and disclosed for treatment, payment and administrative operations if I notify the practice. I also understand that D&D Sports Med's PT/OT will consider requests for restriction on a case by case basis, but does not have to agree to requests for restrictions.

I hereby consent to the use and disclosure of my personal health information for purposes as noted in D&D Sports Med's Notice of Information practices. I understand that I retain the right to revoke this consent by notifying the practice in writing at any time.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

I hereby consent to the release of personal health information (verbal or written) regarding my treatment and/or account information for services rendered at D&D Sports Med to the following individual(s):

\_\_\_\_\_  
Person's Name

\_\_\_\_\_  
Relationship to you

\_\_\_\_\_  
Person's Name

\_\_\_\_\_  
Relationship to you

\_\_\_\_\_  
Person's Name

\_\_\_\_\_  
Relationship to you

\_\_\_\_\_  
**My signature**

\_\_\_\_\_  
**Today's Date**

# Depression Scale

## **Instructions:**

Complete only if patient is over the age of 18.

Circle the best answer for how you have felt over the past week:

- |  |            |           |
|--|------------|-----------|
| <b>1. Are you basically satisfied with your life?</b>                                | <b>Yes</b> | <b>No</b> |
| <b>2. Have you dropped many of your activities and interests?</b>                    | <b>Yes</b> | <b>No</b> |
| <b>3. Do you feel that your life is empty?</b>                                       | <b>Yes</b> | <b>No</b> |
| <b>4. Do you often get bored?</b>  | <b>Yes</b> | <b>No</b> |
| <b>5. Are you in good spirits most of the time?</b>                                  | <b>Yes</b> | <b>No</b> |
| <b>6. Are you afraid that something bad is going to happen to you?</b>               | <b>Yes</b> | <b>No</b> |
| <b>7. Do you feel happy most of the time?</b>  | <b>Yes</b> | <b>No</b> |
| <b>8. Do you often feel helpless?</b>  | <b>Yes</b> | <b>No</b> |
| <b>9. Do you prefer to stay at home, rather than going out and doing new things?</b> | <b>Yes</b> | <b>No</b> |
| <b>10. Do you feel you have more problems with memory than most?</b>                 | <b>Yes</b> | <b>No</b> |
| <b>11. Do you think it is wonderful to be alive now?</b>                             | <b>Yes</b> | <b>No</b> |
| <b>12. Do you feel pretty worthless the way you are now?</b>                         | <b>Yes</b> | <b>No</b> |
| <b>13. Do you feel full of energy?</b>   | <b>Yes</b> | <b>No</b> |
| <b>14. Do you feel that your situation is hopeless?</b>                              | <b>Yes</b> | <b>No</b> |
| <b>15. Do you think that most people are better off than you are?</b>                | <b>Yes</b> | <b>No</b> |