

# **2020 Unified Artistic Gymnastics and Decathlon National Championships Format**

*Version 2.0 / Last Amended 12/26/2019*

## I. Overview

In order to encourage gender equality in the sport of gymnastics, we will be expanding our Gymnastics Decathlon offering to include any combination of MAG and WAG events. We call this opportunity Unified Artistic Gymnastics (UAG). Where Gymnastics Decathlon is a combination of MAG All-Around and WAG All-Around performed over 2 sessions, UAG can be any combination of MAG and WAG events also performed over 2 sessions. Each gymnast must select a discipline for which they will be eligible to contribute to a team score. This is also their preferred discipline if they qualify to finals in 2 disciplines.

## II. Levels

- A. The NAIGC Decathlon will offer two levels of competition
  - a. High Level: MAG NAIGC Modified NCAA Level and WAG NAIGC Level 9.
  - b. Low Level: MAG NAIGC Modified Developmental and WAG NAIGC Level 8
- B. Unified Artistic Gymnastics offers all MAG and WAG levels offered by the NAIGC at Nationals 2020.

## III. Judging

- A. All routines will be judged based on the rules outlined in [NAIGC MAG Rules](#) and [NAIGC WAG Rules](#).

## IV. Schedule

- A. Decathlon scores will only be based on performances during preliminary sessions; no Finals sessions will be offered for Decathlon.
- B. Athletes will compete in separate sessions for MAG and WAG Disciplines.
- C. Top Decathlon performers will be recognized at the NAIGC Awards Ceremony on Friday after the conclusion of preliminary sessions.

## V. Format

- A. Competition will follow the format outlined for each individual discipline, outlined in [2020 MAG National Championship Format](#) and [2020 WAG National Championship Format](#).
- B. Individuals can participate in the team competition and qualify for team Finals in their selected primary discipline and level only.
- C. As outlined in the [Competition and Eligibility Policy](#), gymnasts may qualify to finals in both MAG and WAG disciplines with the restrictions outlined in the document.
- D. Decathlon scores will be calculated based on a formula where each event is weighted such that a female gymnast at a given level in WAG gymnastics should score similarly in Decathlon to a male gymnast of a similar level in MAG gymnastics. That formula is:  $5 * WAA + MAA$ . The scores used will be from the preliminary sessions.

VI. Decathlon Competitions

- A. Scope – Each of the numbers in blue is a placeholder that may be changed at any time up to the date of the National Championships to accommodate variance in registration or the distribution of individuals among Divisions and Levels. All changes will be announced before competition begins and posted on the NAIGC website.
- B. All-Around Competition
  - 1. Within each level, All-Around awards will be given to the top **three** combined point total scores from all the competitors registered for the Decathlon.
- C. Individual Event Competition
  - 1. There will be no individual event competition in the Decathlon.
- D. Team Competition
  - 1. There will be no team competition in the Decathlon.

VII. Amendments

- A. This document may be amended by the NAIGC Board of Directors at any time.
- B. Within Section VI, any of the numbers in blue may be amended by the NAIGC President or Men's or Women's Rules Spokesperson.