

FRESH SALAD STATION

Chopped or Tossed

\$7.95 • 1 Main Selection & 4 Additional Selections

MAIN SELECTIONS:

Grilled Chicken • Blackened Chicken • Buffalo Chicken
Breaded Chicken • Cajun Shrimp
Turkey, Julienned • Tuna

GREENS

Mesclun Romaine Spinach

VEGETABLES

Artichokes Grilled Vegetables Roasted Peppers
 Beets Hard Boiled Eggs Shredded Carrots
 Broccoli Mushrooms Sundried Tomatoes
 Celery Olives Squash
 Chick Peas Onions Tomatoes, Diced
 Cucumbers Peppers, Diced Avocado
 Zucchini

FRUIT

Cranberries, Dried Golden Raisins Mandarin Oranges

CHEESES/OTHER

Bacon Feta Cheese Goat Cheese
 Crumbled Bleu Cheese Fresh Mozzarella Shredded Cheddar

NUTS/GRAINS

Cashews Sunflower Seeds Walnuts
 Tortilla Strips

DRESSINGS

Balsamic Vinaigrette French Dressing Ranch Dressing
 Bleu Cheese Red Wine Vinegar & Oil Caesar Dressing
 Honey Mustard Creamy Balsamic Vinaigrette Italian Dressing
 Russian Dressing F/F Honey Mustard F/F Raspberry Vinaigrette
 Greek Dressing



TAKE-OUT MENU

Breakfast • Lunch

(Call or Fax Order in Early for Pick-Up)



www.tegacaydeli.com

Monday - Saturday
7:00 am - 3:00 pm

Sunday
8:00 am - 2:00 pm

1143 Stonecrest Boulevard
Suite 103
Tega Cay, SC

Tel: (803) 396-1500
Fax: (803) 396-1519

BREAKFAST

*One Egg on a Roll\$2.19
with Ham, Bacon or Cheese\$3.19
with Sausage or Turkey\$3.49

*Two Eggs on a Roll.....\$2.69
with Ham, Bacon or Cheese\$3.69
with Sausage or Turkey\$3.99

*Hungry Man\$4.99
3 eggs, Ham, Bacon, Sausage, Cheese on a Sub

EXTRA ITEMS:

*Extra Egg.....50¢ Pastrami.....\$1.25
Cheese.....50¢ Roast Beef.....\$1.25
Bacon.....\$1.00 Home Fries 50¢
Ham\$1.00 On Wrap 75¢
Taylor Ham\$1.00 On Sub\$1.00
Turkey.....\$1.25 On Croissant 75¢
Sausage\$1.25 Home Fries - Side Order.....\$2.99
Turkey Sausage\$1.25

OMELETTE

*Western Omelette\$7.49
Ham, Peppers & Onions

*Greek Omelette\$7.49
Feta, Black Olives, Tomato & Onion

*Omelette Lorraine\$7.49
Bacon & Swiss

*Southwestern Omelette\$7.49
Sausage, Hot Peppers, Onions, Cheddar Cheese & Hot Sauce

*Tega Cay Omelette\$7.49
Your Choice of Three Items
Ingredients Available:
Ham, Sausage, Bacon, Cheese, Peppers, Hot Peppers,
Onions, Black Olives, Tomato, Feta, Mushrooms

*Each Omelette is made with Three Eggs
and served with Home Fries or Bagel

For Additional Items Add 50¢ each

*Consuming raw or undercooked meats, poultry, seafood, shellfish,
or eggs may increase your risk of food borne illness especially if
you have certain medical conditions.

BREAKFAST PLATTER

*Two Eggs Any Style

Choice of Bacon, Ham or Sausage w/Home Fries

\$6.49

(w/Buttered Toast or Bagel Add .75¢)

(w/Cream Cheese Add \$1.25)

BLT

Bacon, Lettuce, Tomato on Bread or Roll.....\$5.99

BAGELS

Butter.....\$1.69

Cream Cheese.....\$2.39

Flavored Cream Cheese.....\$2.79

*Salmon Spread.....\$4.99

*Bagel with lox, cream cheese, onion, tomato & capers... \$7.99

1 Bagel.....\$1.09

1/2 Dozen\$6.00

Bakers Dozen.....\$11.00

Muffin\$2.49

Coffee Cake.....\$2.49

CREAM CHEESE FLAVORS:

Plain

Low Fat Plain

Vegetable

Scallion

Olive

Jalapeño

*Salmon

Maple Walnut

Chocolate Chip

Blueberry

Strawberry

PANINIS

All Made on Fresh Ciabatta Bread.

The Cubano	\$7.95
Pork Loin, Smoked Ham, Swiss Cheese, Pickled & Chipotle Mayo	
Chicken Cutlet Supreme	\$7.95
Breaded Chicken Cutlet, Bacon, Munster & Russian Dressing	
The Parma	\$7.95
Prosciutto, Fresh Mozzarella, Sundried Tomatoes & Black Olives with Creamy Balsamic Vinegar	
Black Forest Turkey	\$7.95
Smoked Turkey, Crisp Bacon, Cheddar Cheese & BBQ Mayo	
Garden Special	\$7.95
Grilled Vegetables, Fresh Tomatoes & Balsamic Dressing	
Grilled Chicken Delight	\$7.95
Grilled Chicken, Provolone, Leaf Lettuce, Roasted Peppers & Pesto Spread	
The Santa Fe	\$7.95
Blackened Chicken, Pepper Jack Cheese, Lettuce & Chipotle Mayo	

DELI SANDWICHES

Available on a Roll, White, Rye or Wheat

\$5.95

Bologna, Liverwurst, Cheese, Egg Salad

\$6.95

Boar's Head Turkey • Boar's Head Ham
Genoa Salami • Pastrami • Corned Beef
Cappicola • Chicken Breast • Roast Beef

\$7.95

Seafood Salad • Shrimp Salad
Chicken Salad • Tuna Salad

EXTRAS:

Tomato.....	50¢	Cheese.....	50¢
Lettuce.....		Onions.....	30¢
Roasted Peppers.....	75¢	Hot Peppers.....	50¢
Pickles.....		Fresh Mozzarella.....	75¢
Banana Peppers.....	50¢	On A Sub	\$1.00

DELI STATION

Homemade Salad by the Pound

Potato Salad.....	\$4.99
Penn. Dutch Potato Salad	\$4.99
Cole Slaw	\$4.99
Macaroni Salad.....	\$4.99
Egg Salad.....	\$6.99
Tomato & Mozzarella.....	\$9.99
Health Salad.....	\$6.99
Antipasta Salad.....	\$9.99
Tomato & Cucumber	\$6.99
Chick Pea Salad	\$6.99
Beet Salad.....	\$6.99
3 Bean Salad	\$6.99
Carrot Salad.....	\$6.99
Fruit Salad.....	\$8.99
Pasta Salad	\$6.99
Chicken Salad	\$10.99
Tuna Salad	\$10.99
Veggie Tuna Salad.....	\$11.99
Seafood Salad	\$11.99
Tomato Salad	\$6.99
Cucumber Salad	\$6.99
Tortellini Salad.....	\$8.99
Pasta Broccoli Salad.....	\$6.99
Marinated Mushrooms	\$9.99
Shrimp Salad	\$14.99
Italian Pasta.....	\$7.99
Greek Salad.....	\$8.99
Cranberry Walnut Chicken Salad	\$11.99

GARDEN SALADS MADE TO ORDER

Tossed Garden Salad	\$4.95
Greek Salad.....	\$5.95
Spinach Salad.....	\$4.95
Mushrooms, Onions, Bacon, Egg	
Chef Salad.....	\$6.95
Field Greens	\$5.95
with Cranberries, Walnuts & Gorgonzola	
Grilled Chicken Caesar Salad.....	\$6.95
Puddings	\$2.99
Fresh Individual Fruit	99¢ each
Fruit Yogurt Parfait	\$3.29

SIGNATURE SANDWICHES

The Carolina	\$7.49
Boars Head Turkey, Avocado, Havarti Cheese, Lettuce, Tomato & Honey Mustard On Roll	
The Rustler	\$7.49
Seasoned Roast Beef w/Melted Mozzarella on a Golden Garlic Sub	
The Italian	\$7.49
Cappicola, Pepperoni, Genoa Salami, Provolone Cheese, Romaine Lettuce, Tomato, Red Roasted Peppers, Oil & Vinegar on a Sub	
The Country Club	\$7.49
Country Ham with Aged Cheddar w/Champagne Mustard on a Roll	
The Parisian	\$7.49
Fresh Homemade Tuna Salad with Tomato on a Fresh Croissant	
The Mediterranean	\$7.49
Fresh Mozzarella, Red Roasted Peppers, Onion, Sliced Cucumber, Tomato Oil & Vinegar on a Roll	
Fireman's Delight	\$7.49
Smoked Turkey, Smoked ham, Smoked Gruyere Cheese, Bacon, Lettuce, Tomato, Russian Dressing on Pumpnickel	
The Majestic	\$7.49
Cracked Peppermill Turkey & Gouda Cheese with Romaine Lettuce, Sun dried Tomatoes & Russian Dressing on Rye Bread or Roll	
The Tega Cay	\$7.49
Grilled Chicken, Cole Slaw, Bacon, Provolone & Russian Dressing on Ciabatta	

The American	\$7.49
Roasted Beef, Boars Head Ham, Roasted Turkey Breast, American Cheese, Romaine Lettuce, Tomato on a Sub	
Cranberry Park	\$7.49
Fresh Turkey Breast with Hot Stuffing & Cranberry Sauce on a Roll	

SANDWICH PLATTERS • VEGETABLE CRUDITE

WRAP PLATTERS • CHEESE PLATTERS

COLD CUT & ANTIPASTO PLATTERS

FREE BROCHURE AVAILABLE

FROM THE GRILL

Reuben	\$7.45
Corn Beef, Swiss, Sauerkraut, Russian on Rye	
Reuben's Brother	\$7.49
Pastrami, Swiss, Sauerkraut, Russian on Rye	
Cheese Quesadilla	\$5.95
Chicken Quesadilla	\$6.95
Grilled Cheese	\$4.99
Grilled Cheese w/Bacon & Tomato	\$5.99

Tega Cay Deli Wraps

\$7.49 each

Create Your Own ...

Choose From:

Grilled Chicken	Plum Tomato
Blackened Chicken	Julienne Carrots
Grilled Veggies	Crisp Bacon
Romaine Lettuce	Sundried Tomatoes
Roasted Red Peppers	Fresh goat Cheese
Fresh California Spinach	Bermuda Onions
Sliced Black Olives	Pickles
Fresh Mozzarella	

Or - Choose From Some of Our Favorites:

Turkey BLT	Tomato & Fresh Mozzarella
Grilled Chicken Caesar	Country Ham & Swiss Wrap
Grilled Veggie Wrap	Italiano Wrap
Bufalo Chicken Wrap	Peppermill Turkey
Marinated Grilled Chicken	Honey Maple Turkey
Roast Beef & Horseradish Cheddar	Black Forest Smoked Turkey
Chicken Salad	Oven Gold Turkey