

At KATY UNITED we aim to have a positive impact in the lives of our youth in all of the following influences that affect them.

SPIRITUAL PHYSICAL MENTAL FINANCIAL SOCIAL

## Value Week 1

What you're actually worth is more valuable than anything on the earth, and that's priceless.

Illustration of the dangers of Tortilla chips at a restaurant (As delicious as those chips are they present no nutritional value)

"For her worth is far above rubies" (Proverbs 31:10).

How is this possible, and what makes a person so valuable? What makes you valuable is not what's on the outside, but everything you responsibly deposits on the inside, like personal relationship with God, healthy friendships, good mentors and even healthy diets and exercise.

A person of value must be willing to stop allowing things of no value to be placed on their life and be willing to invest quality "ingredients" on the inside. A person of value also takes proper care of themselves because they know that their body, soul and mind are the temple of God.

QUALITY INGREDIENTS + PROPER CARE= GREAT WORTH AND VALUE.  
Are you investing quality ingredients and taking proper care in your life?  
All of these things play a role in producing an excellent and valuable you.

What is one thing you can do this week to pour quality ingredients into your role on your team?

Remember Behaviors + Attitude = Results.

FINISH:LSEP] KATY UNITED puts God first and then we Work

and Play in that order. So let's put Him first by bowing our heads, two fists in the air and just listening to Him for a brief moment (after 5 – 8 secs say "Amen"). Now that we've put Him first, let's repeat and ask to ourselves what we may want. (after 5 – 8 secs say "Amen").