

At KATY UNITED we aim to have a positive impact in the lives of our youth in all of the following influences that affect them.

SPIRITUAL PHYSICAL MENTAL FINANCIAL SOCIAL

Character Week 1

“Developing Character”

For the next 4 weeks we are going to look at CHARACTER as a value we all should be concerned with as an athlete and person.

Ask the question- “What is Character?” Get 2 or 3 answers from the girls.

Say- “Character is a quality that can be measured just like height, weight and speed. Coaching ability or talent cannot make up for a lack of character.”

Most success teams are built with players/athletes who have high character. But unfortunately it’s not as common as it could be. There seems to more emphasis on results then character.

A person’s character reveals what he or she really believes about life. Is it important to be honest? Is it important to obey your parents all the time or just important not to get caught disobeying? Is there a God who really rewards good character, or is it ok to do whatever it takes to win?

When it comes to character, the game of volleyball can be a real test for athletes. During any given season, there will be moments

when your character will be challenged. Will you decide to do the right thing, even when you know doing so will be difficult?

Character can be revealed at those some crossroads: What are the values that guide the decisions athletes make in their day-to-day lives? Try-outs can reveal them early. A person's reaction to winning, success, recognition and acceptance reveals character.

Would you rather be described as successful and famous OR as honest, forgiving, faithful, trust-worthy, understanding of others, reasonable, thoughtful and personally accountable?

Outward character reflects an inner life committed to honor and uncompromising integrity.

This week – Do one thing on your team that demonstrates a solid character trait in your life.

Remember Behaviors + Attitude = Results.

FINISH:  KATY UNITED puts God first and then we Work and Play in that order. Lets lock arms with our teammates and then let's put Him first by bowing our heads and honoring Him in the quietness.