

APRIL 2020

			1 <u>Buddhist Class</u> 10:30—Noon Sanctuary	2	3	4 <u>Insight Meditation</u> Serenity Rm 2:00—3:00 pm
5 Birthday/ Anniversary/Food Bank <u>Palm Sunday</u> <u>Silent Unity</u> 9 – 9:30 am <u>Worship Service</u> 10 am <u>Social Hour</u> 11 am	6 <u>Beginning/Gentle Yoga</u> 9:30 – 11:00 am Sanctuary	7 <u>Silent Unity</u> 11:00—Noon Myrtle Chapel	8 <u>Buddhist Class</u> 10:30—Noon Sanctuary	9	10 	11 <u>Gong Meditation</u> 1 – 2:30 pm Sanctuary <u>Insight Meditation</u> Serenity Rm 2:00 - 3:00 pm
12 <u>Easter Sunday</u> <u>Silent Unity</u> 9 – 9:30 am <u>Worship Service</u> 10 am <u>Easter Brunch</u> 11 am	13 <u>Beginning/Gentle Yoga</u> 9:30 – 11:00 am Sanctuary 	14 <u>Silent Unity</u> 11:00—Noon Myrtle Chapel	15 <u>Men's Group Brunch</u> Denny's 9:45 am <u>Buddhist Class</u> 10:30—Noon Sanctuary <u>Gong Meditation</u> 1 – 2:30 pm Sanctuary	16	17	18 <u>Insight Meditation</u> Serenity Rm 2:00 - 3:00 pm
19 <u>Silent Unity</u> 9 – 9:30 am <u>Worship Service</u> 10 am <u>Social Hour</u> 11 am	20 <u>Beginning/Gentle Yoga</u> 9:30 – 11:00 am Sanctuary	21 <u>Silent Unity</u> 11:00—Noon Myrtle Chapel	22 <u>EARTH DAY</u> <u>Buddhist Class</u> 10:30—Noon Sanctuary 	23	24	25 <u>Insight Meditation</u> Serenity Rm 2:00 - 3:30 pm
26 <u>Silent Unity</u> 9 – 9:30 am <u>Worship Service</u> 10 am <u>Social Hour</u> 11 am <u>Lunch Bunch</u> <u>Talent Show</u> 2 pm <u>SCW Rec Center</u>	27 <u>Beginning/Gentle Yoga</u> 9:30 – 11:00 am Sanctuary	28 <u>Silent Unity</u> 11:00—Noon Myrtle Chapel	29 <u>Buddhist Class</u> 10:30—Noon Sanctuary	30		
<u>Every Sunday</u> <u>Silent Unity Service</u> 9:00 – 9:30 am Myrtle Chapel <u>Sunday Services</u> 10:00 – 11:00 am <u>Social Hour</u> 11:00 – Noon	<u>Every Monday</u> <u>Overeaters Anonymous</u> Serenity Rm 5:00 - 6:00 pm <u>Food Addicts</u> 6:30 – 8:00 pm Serenity Rm	<u>Every Tuesday</u> <u>Miracles Happen</u> (A.A.) 7:00 - 8:00 pm Serenity Rm	<u>Every Wednesday</u> <u>Buddhist Class</u> Kelsang Tabkay 10:30 – Noon <u>11th Steppers</u> (A.A.) 4:00 - 5:00 pm Serenity Rm <u>Insight Meditation/Study</u> 5:30 – 6:30 pm, Serenity Rm	<u>Every Thursday</u> <u>Overeaters Anonymous</u> 4:45 - 5:45 pm Serenity Rm <u>B.B. 164</u> (A.A.) 6:30 - 7:30 pm Serenity Rm	<u>Every Friday</u> <u>Together We Can Make It</u> Al-Anon 11:00 - Noon Charles	<u>Every Saturday</u> <u>Insight Meditation NW Phoenix</u> 2:00 - 3:00 pm Serenity Rm Yvonne Bentley