
UNITY OF SURPRISE



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Buddhism Book Study

“A Heart as Wide as the World”

by Sharon Saltzberg

Class begins on Jan. 10th at 5:30 pm

In the Serenity Room at Unity Church

Lois Bartels, Facilitator

Lois Bartels

Starting January 10, 2018, members of the Insight Meditation Group of NW Phoenix have started a book study group on the 2nd & 4th Wednesdays of the month from 5:30—6:30 p.m.

Salzberg states, “My hope is that this book may encourage you to bring mindfulness, wisdom and compassion to life through practice, so that you may learn that your own heart can become as wide as the world.”

A love offering will be received at the end of each class.
