

THE BRONX SOCIALITE

THE JOURNEY OF A BUDDING SOCIALITE WAY UPTOWN

A TASTE OF BRONX COOKSPACE

April 16, 2018

Friday, I had the chance to visit **Bronx Cookspace**, one of WHEDCo's many programs aimed at helping the Bronx community. The Cookspace provides commercial kitchen space and equipment to entrepreneurs in the food industry. It also offers resources to members to help them with different aspects of starting a business, such as insurance, product marketing, and networking opportunities. **Membership packages** start at \$140/month or without a package at \$25/hour.



Here are some other cool facts about Bronx Cookspace:

- 66% of the tenants are owned by women
 - 76% of the tenants are people of color
 - 43% of tenants are Bronx-based (A number I'd personally love to see increase over time.)
- But, let's cut to the chase – the food. *insert hungry face emoji*

Everyone I encountered was super friendly and served up some delicious treats, but here are my favorites:

Sustainable Snacks – healthy and delicious dark chocolate-covered bite-sized snacks that you can take with you on the go. I tried the spicy cherry with almond and blueberry and pecan flavors and they were so delightful, and that’s coming from someone who will literally choose almost any flavor over chocolate. I also just love the pairing of fruit and nuts and the idea of providing an alternative snack option (although Takis are amazing...) Another bonus of course is that the owner is a Bronx resident!

5 Island Blend – Created by a husband and wife duo Randall and Guiatrie Sapp, these sauces bring the flavor without all the extra added salt. I loved listening to their stories (and of course trying a sample of chicken which had been marinated in the sauce and then topped with a little extra sauce for extra flavor. A cool fact I learned was that Mr. Sapp was actually born in the building that houses WHEDCo back when it was Morrisania Hospital. Can you get any more local than that?

Joon – I got to try something new when I stopped by Joon’s station, which serves up Persian stews in crispy rice cups. I got to try to the chicken walnut pomegranate and it was soooo good. They can usually be found at the Queens Night Market out by the Hall of Science, but hopefully we’ll see them at some Bronx events soon (hint hint).

Sweet Zahra – Another new experience was getting to try Persian Love Cake which was adorned with flowers and fresh cardamom. This combination of flavors along with the perfectly sweet icing was so unique and of course, delicious.



Link: <https://thebronxsocialite.com/2018/04/16/a-taste-of-bronx-cookspace/>