



AMY ROSNER, PHD

Hypnotherapist & Coach | Speaker | Author

Outsmart Your Brain

Amy is a leading expert in reprogramming old brain programs with new ones, which creates greater happiness, innovation and productivity and reduced absenteeism and medical expenses.

Amy holds a Ph.D. in Experimental Psychology and spent many years teaching college psychology classes and doing brain research, specializing in the neuroscience of visual attention and memory and developing unique classes in the psychology of art and creativity. She has published research in international peer-reviewed journals and has completed certificates in Hypnotherapy, Clinical (Medical Support) Hypnotherapy, Neurolinguistic Programming and Professional Coaching, as well as in Integrative Health Coaching. She has a private practice in Mesa, AZ.

A bestselling author, Amy helps people outsmart their brains, change their life stories, optimize their emotional and physical health and create new possibilities for success.

Popular Topics

A-ha! The 4 Steps to Greater Innovation & Productivity

Turn around creativity killers you may be implementing in your business.

Create Yourself: The Secrets to a More Powerful You

Take your personal & professional success to a whole new level.

Help Your Doctor Help You: 5 Ways to Mobilize Your Natural Healing Resources

Take control and do your part to help your medical team help you stay healthy and happy.

"Amy Rosner is a genuine and high content speaker who would enhance any Corporate Session or Association Event." - Mike Hayashi, Emmy-nominated Professional Speaker & Self-Defense Expert

"She gives the tools you need to start thinking in an easier and more creative way." - Phaedra Earhart, President, National Association of Women Business Owners (Phoenix Chapter)

"Amy's talks are fun, educational, energizing, and inspiring." - Tom Zender, Award-winning Author, CEO Mentor & Business Coach

