



*Results with
Personalized
Small Group*

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3 Month Small Group Program

Duration (Min)	Type	Sessions/Week	Total Sessions	Rate/Session	Monthly Due	Months
60	2-3	1	12	\$160	\$640	3
60	2-3	2	24	\$144	\$1,152	3
60	2-3	3	36	\$136	\$1,632	3
60	2-3	4	48	\$128	\$2,048	3
30	2-3	1	12	\$85	\$340	3
30	2-3	2	24	\$77	\$612	3
30	2-3	3	36	\$72	\$867	3
30	2-3	4	48	\$68	\$1,088	3

6 Month Small Group Program

Duration (Min)	Type	Sessions/Week	Total Sessions	Rate/Session	Monthly Due	Months
60	2-3	1	24	\$150	\$600	6
60	2-3	2	48	\$135	\$1,080	6
60	2-3	3	72	\$128	\$1,530	6
60	2-3	4	96	\$120	\$1,920	6
30	2-3	1	24	\$80	\$320	6
30	2-3	2	48	\$72	\$576	6
30	2-3	3	72	\$68	\$816	6
30	2-3	4	96	\$64	\$1,024	6

12 Month Small Group Program

Duration (Min)	Type	Sessions/Week	Total Sessions	Rate/Session	Monthly Due	Months
60	2-3	1	48	\$140	\$560	12
60	2-3	2	96	\$126	\$1,008	12
60	2-3	3	144	\$119	\$1,428	12
60	2-3	4	192	\$112	\$1,792	12
30	2-3	1	48	\$75	\$300	12
30	2-3	2	96	\$68	\$540	12
30	2-3	3	144	\$64	\$765	12
30	2-3	4	192	\$60	\$960	12

*Additional persons - \$15 Per Person Per Class