



## Health and Wellness

*Includes food assistance, nutrition education and health management resources.*

### Why Health and Wellness?

The CCF endeavors to fund community service organizations whose mission is food assistance, nutrition education and proactive support of health and wellness for Clive residents. The Board believes a community thrives when all residents enjoy good health and wellness. We live in the world's wealthiest nation. Yet 14.5 percent of U.S. households—nearly 49 million Americans, including 15.9 million children—struggle to put food on the table.

We estimate up to 15% of our community is food insecure which means they do not have access to or enough food to feed their family. This may be a surprising statistic in a city where residents enjoy the highest median income in the state of Iowa. For example, Crestview Elementary in Clive currently has 80% of students receiving free and reduced lunches.

CCF is committed to helping change this alarming trend. We believe that addressing food insecurity is critical in our community. With proper food, nutrition, health and wellness resources, our community will thrive.

### Ways Your Dollars Can Help:

- CCF is working with local service providers to provide on-going food assistance available to qualifying families in the community of Clive.
- CCF is collaborating with local service providers to ensure proper nutrition education is provided to families receiving food assistance.
- CCF is actively identifying needed resources in the community and assessing the most progressive and efficient means of providing support. As details are identified, information will be posted to this CCF website.

Your [contribution to the Clive Community Foundation](#) endowment can make a real difference as we work to carry out these quality of life initiatives today, tomorrow and beyond our lifetimes!