Frequently Asked Questions

• What is Outdoors for All and their Adaptive Cycling Center?
  Outdoors for All is one of the largest non-profit organizations in the Pacific Northwest that provides year-round outdoor recreational opportunities to children and adults with disabilities. The Adaptive Cycle Center (ACC) is your one-stop shop for all things adaptive cycling. With over 200 bikes in their fleet and about 70 bikes at the ACC Outdoors for All can find and fit a bike to match the needs of the individual.

• When can I rent a bike and how much does it cost?
  The ACC opens on May 1st! Hours of operation are Wednesday through Sunday from 10 am to 6 pm. No bikes will go out after 5 pm to ensure all bikes are returned by 6 pm. Hourly rentals are FREE OF CHARGE! Long-term or multi-day rentals will have a cost associated, but the cost and the option for an extended rental varies with the different bikes. Our shop will be open until September 30th.

• How do I rent a bike and where can I ride my rented bike?
  This is a drop-in based program meaning you can show up during our open hours and rent a bike; however, we strongly encourage all renters, new and returning, to give our staff at least 24hrs notice to make sure we have your preferred bike pulled and ready to go. Please send the name of the renter, requested bike (if known) and a brief background into who you or the renter is to the rental request email at: Rentals@outdoorsforall.org. When you come in to rent a bike, the bike cannot be transported out of the park via car and must be back to the Outdoors for All ACC before 6pm. There are ample trails in and around Magnuson Park.

• What can I expect when I show up to rent a bike? Do I have to wear a helmet and mask?
  Trying an adaptive bike can be an exciting and new experience, and our staff wants to make sure that we find the perfect bike for you. Here are some things to prepare for as a new/returning renter:
  - A friendly greeting and a request to fill out a digital liability and a daily health survey
  - At least 15 minutes to appropriately set-up a bike (especially first-time visitors)
  - Increased cleaning standards in-between bike uses
  - New Essential Eligibility Criteria (EEC). *Please self-access before arrival if this is an appropriate program for you
  - Having a parent, guardian, or caregiver present if you need any physical support (i.e. getting on/off a bike, putting on a helmet)
  - Masks are required during your visit but can be removed when out on the trail and 6’ physical distancing can be maintained
  - Helmets are required anytime you are on an Outdoors for All bike

• I have never done this before, how do I know which bike is best for me?
  Outdoors for All has a large fleet of standard and adaptive cycles. Everything from your standard two-wheeled bicycles, to full-assist tandem cycles. Our staff will ask you a series of questions when you arrive to determine which bike will best fit your needs. We also offer virtual assessment with a Certified Therapeutic Recreation Specialist (CTRS); these hour-long sessions involve a one-on-one conversation to learn more about the rider, their abilities, and their goals. The CTRS will be able to provide suggestions for bikes and adaptations that may be useful for the rider experience. As Outdoors for All responds to the COVID-19 pandemic, we have suspended all in-person assessments and fittings until further notice. All assessments will be done virtually or by phone.

• Does Outdoors for All sell bikes?
  While Outdoors for All is not a bicycle retailer, we do often sell older bikes within our fleet. If you are looking to purchase a bike of your own, ask one of our staff members for a retailer suggestion or about available grants to potentially help supplement the cost of a bike.