

## Jesus is nailed to the cross

**Luke 23:33-34**



When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said, “Father, forgive them; for they do not know what they are doing.”

**On each breath be aware of your shoulders ...  
back... right hand... left hand... legs... feet.**

*‘a great communion between Christ and ourselves,  
for when he was in pain, we were in pain. All  
creation capable of feeling pain suffered with him’*

*Julian of Norwich*

**We pray:**

**In awe and gratitude, we stand before the mystery  
of the Cross. Here we know that God loved the  
world so much that God gave his Son to suffering  
and death out of love for us so that we may share  
his risen life. Amen.**