

## Junior Men's Racing

The men will train and race in two sculling divisions: Junior A (under 19 years of age) and Junior B (under 17 years of age).

Junior U19 practice will be in the afternoon.

Junior U17 will be practicing late afternoons and Saturdays.

## U23 Men's Racing

Practice is daily at 5:45 a.m. plus afternoons sessions.

## Novice Sculling Program

This program accepts young men and women who have never rowed to learn the fundamentals of sculling. Participants will become proficient at handling boats, rowing as a crew, and safely rowing a single on the river. This is a great prep for those interested in rowing in high school and sweep rowers wishing to learn sculling. The program also accepts adults who are looking for additional coaching.

The Novice Program will meet Coach Ray D'Amico between 8 and 11 am Monday through Thursday. Program begins Monday June 24 and finishes Thursday July 25.

Program will include opportunity to race in the Philadelphia Youth Regatta on July 20.

## Development Sculling Program

This program is designed for high school students who desire to improve their technique. Rowers are beyond the novice level but do not have enough experience for the top racing teams. The program is tailored for advanced novice rowers but others wishing to maintain their physical condition and improve their sculling to better themselves for their own high school program are also welcome.

The program follows the same time frame as the junior programs – 6 days a week, with the exception being the program ends the week before the Canadian Henley. Rowers will race in the Independence Day and Youth Regattas.

REGISTRATION and payment: online at Regatta Central [https://www.regattacentral.com/clubs/?org\\_id=557](https://www.regattacentral.com/clubs/?org_id=557)

## Staff

**Ray D'Amico** – Novice Program. Coach D'Amico is back for his 16th year. Ray is the varsity coach at St Augustine Prep, Vineland NJ. Ray has over thirty years of coaching experience. [rayscull@aol.com](mailto:rayscull@aol.com)

**Zack Coons** – U23 men. St. Augustine Prep 05, La-Salle University 09. Head coach at Roman Catholic HS. Crews won multiple Stotesbury, City, and SRAA National titles. During the summers at Crescent, his crews (U19 and U23) have brought home three Royal Canadian Henley championships. In 2017, his U23 Lwt 4x won trials and represented the US at the World Championships in Plovodiv, Bulgaria.

**Troy Madden Jr.** – U19 men. Rowed at Roman Catholic H.S. and Temple lightweight team. During his senior year at Roman, he won various medals in the Varsity Quad. He went on to get second and third in the lightweight eight category at the Dad Vail Regatta 2017 and 2018. In the summer of 2018, his boat made it to the grand final at Canadian Henley for the U23 Open Quad. He currently coaches Roman Catholic.

**Keith Ferguson** – U17 men. Rowed at Haddonfield Memorial H.S. Went on to row at Lasalle University where he coxed the freshman 8 and varsity 8. In 2014, he joined the coaching staff at Haddon Township H.S. He coached the freshman quad to two Stotesbury championships 2014 and 2016. He is presently coaching a variety of novice and varsity boats for the team

**Troy Madden Sr.** – Women's Program. He has coached for Crescent for the last five years and is in his fourth season as the novice coach for Roman Catholic Crew. He is a US Rowing level 2 certified coach. He is the captain of Crescent Boat Club. If you would like any further information about any program, contact him at [tmadden00@comcast.net](mailto:tmadden00@comcast.net).

## Calendar

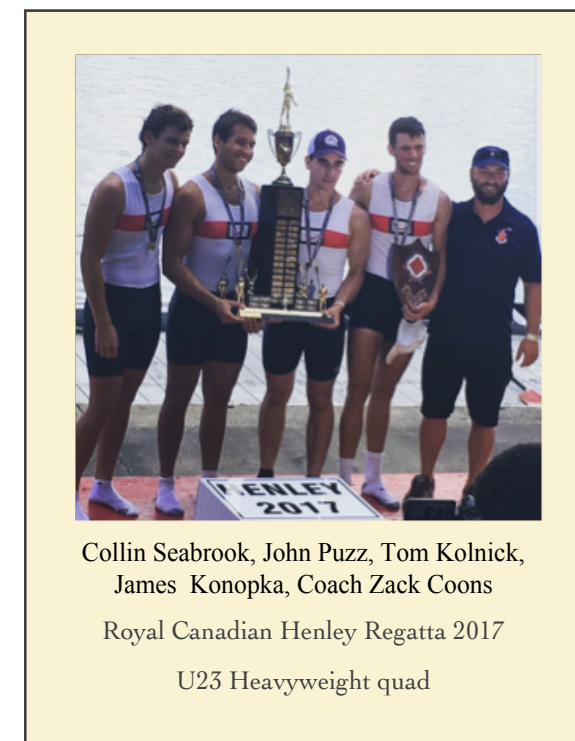
Organizational meeting at boathouse for junior, novice and development program participants and parents on Tuesday, May 14, 2019 at 7PM.

Application and fee deadline is June 1  
Schuylkill Navy Regatta, June 15  
Independence Day Regatta, June 28 -30  
Club Nationals, July 11-15  
Philadelphia Youth Regatta, July 20  
Royal Canadian Henley selections July 22  
Royal Canadian Henley Regatta, August 6-11

# *Crescent Boat Club*

Rowing on the Schuylkill since 1867

## *2019 Summer Program*



Collin Seabrook, John Puzs, Tom Kolnick,  
James Konopka, Coach Zack Coons

Royal Canadian Henley Regatta 2017

U23 Heavyweight quad

CRESCENT BOAT CLUB  
#5 BOATHOUSE ROW  
PHILADELPHIA, PENNSYLVANIA, 19130

CRESCENTBOATCLUB.ORG

For more information, tear and leave  
in the mailbox at Crescent Boat Club  
5 Kelly Drive, Philadelphia PA

## 2019 Summer Membership Inquiry

Please contact me about the following program:  
Circle One

Novice/ Development Program      U17    U19  
U23/Intermediate      Women's

### General Information

Name:

Email:

Phone:

School:

Additional Information:

### Fees

**Racing Program**-U23, U19, U17, Development and Women  
Fees include all coaching, equipment use, erg facilities,  
regatta fees & Crescent T-shirt.      **\$800**

Note: Does not include racing uniform

**Novice Program**- Includes all coaching and instruction, boat  
use, equipment use and a Crescent T-shirt.      **\$600**



Crescent Canadian Henley Champions  
1984- Mens's Junior Coxed Pair- Bob Coco,  
Dave Ragan and Emmett Keegan  
1988- Women's Intermediate Lightweight 2x  
Theresa Zarzeczny and Brenda Mork  
2000- Men's Junior 4x- Al Pierce, John Snyder,  
Tim Gallagher and Ryan Halligan  
2001- Men's Junior 4x- Matt Henwood,  
Mike Pierce, Al Monte, and Kyle Ochal  
2002- Men's Junior 4x- Matt Henwood,  
Al Monte, Glen Ochal and Kyle Ochal  
2006- Men's Senior 2x- Rodrigo Murillo, Glenn Ochal  
2006- Men's Senior 4x- Rodrigo Murillo, Glenn Ochal  
Justin Ochal and Chris Bratton  
2014- Men's Junior 4x- John Walker, Joe Leyland,  
Emmett Orts and Bill Schmidt  
2015- Men's Junior 4x- Niall Carlson,  
Anthony Panchella, Emmett Orts and Bill Schmidt  
2016- Senior Men's 64k single- Nicholas Olimpo



1. U17, U19 and U23 programs are normally limited to 12 rowers.
2. The coaches and club will determine the rower's skill level as to whether a rower is in the development or racing programs. Rowers may move back and forth depending on the individual and team's progress.
3. The only difference between the racing and the development programs is the development program rowers are not in the running for the Canadian Henley. The development program races in all the other races.
4. Crescent normally travels to the Canadian Henley with the top 8 rowers from each of the U17, U19, U23 programs and Women's program.
5. You may register for the summer programs at Regatta Central.  
[https://www.regattacentral.com/clubs/?org\\_id=557](https://www.regattacentral.com/clubs/?org_id=557)
6. All rowers must sign a waiver at Regatta Central. Crescent's code is ZS3SM
7. Rowers will be notified by their coach by July 23 if they are racing in Canada.
8. The team stays at Quality Parkway Hotel, 325 Ontario Street, Saint Catharine's, Ontario LR25L3. 905-688-2324 or 888-645-4329 toll free.  
Club reserves rooms for the rowers. There is a block of rooms for the club, so parents should book there rooms through the club. Information will follow for those rowers that are selected.