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Mycobacterial Strains That Stimulate the Immune System Most Efficiently as Candidates for the Treatment of Bladder Cancer

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Key Words

Anticancer agents • Mycobacteria • Cell wall •
Tumor necrosis factor- α • Interleukin-12

Abstract

Background: Intravesical bacillus Calmette-Guérin (BCG) application is widely used in the treatment of superficial bladder carcinoma. Despite being an effective therapy, the pathogenicity and lethal side effects of BCG limits its usage. Intensive research has been carried out to find less toxic and more potent therapeutic agents for the treatment of bladder cancer. Researchers have focused on *Mycobacterium phlei* as an alternative. The cell wall extract of *M. phlei* is sufficient for antitumoral activity. Our preliminary experiments indicate that the fractions rich in cell wall proteins cause activation of tumor necrosis factor (TNF)- α and interleukin (IL)-12. This study aims to identify powerful and less harmful mycobacteria among 88 strains in terms of how they stimulate the immune system. **Methods:** Eighty-eight mycobacterial strains were grown in Middlebrook 7H9 medium. The bacterial cells were sonicated after heat treatment. The su-

pernatants were incubated with the monocytic cell line THP-1, followed by measurement of TNF- α and IL-12 response. **Results and Conclusion:** In addition to *M. phlei*, the following 12 mycobacterial strains were selected as candidates for superficial bladder tumor treatment: *M. agri*, *M. aichiense*, *M. aurum*, *M. brumae*, *M. chitae*, *M. chubuense*, *M. diernhoferi*, *M. gadium*, *M. murale*, *M. obuense*, *M. tokaiense* and *M. vaccae*.

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Introduction

Bladder cancer is the 4th and 10th most common cancer among men and women, respectively [Jemal et al., 2004]. About 70% of bladder carcinomas are superficial. The factors which develop and progress bladder carcinoma are occupational chemicals; carcinogens; smoking; coffee; pain killers; artificial sweetening agents; parasites; bacterial, viral and fungal infections; bladder stones, and some chemotherapy agents. According to research done by Fidaner et al. [2001], bladder cancer is the 2nd most

common cancer type in men over 55 years of age in Turkey. The mortality rate of this type of carcinoma has a lower rank, however, indicating that it is a chronic disease and underlining the importance of the development of novel therapeutics.

Intravesical bacillus Calmette-Guérin (BCG) application is widely used for the treatment of superficial bladder cancer [Morales et al., 1976]. Several studies have shown that the mycobacterial cell wall has an effect both in stimulating the immune system [Filion et al., 2000] and killing the cancer cells [Filion et al., 1999].

There are different treatment alternatives depending on the grade and stage of the tumor. The International Bladder Cancer Group recommends intravesical chemotherapy immediately after surgical operation for low-risk disease. On the other hand, intravesical BCG treatment is the preferred treatment for intermediate- and high-risk disease [Brausi, 2008] and recurrences.

Although BCG is an effective therapeutic, its pathogenicity and lethal side effects such as granulomatous prostatitis, epididymo-orchitis, systemic BCG reactions and allergic reactions limit its use on humans [Brausi, 2008; Lamm et al., 1992]. Moreover, if the patient responds to BCG treatment, prolonged use of it increases the risk of complications.

Intensive research has been carried out to find less toxic and more potent therapeutic agents for the immunotherapy of bladder tumors. Research has focused on *Mycobacterium phlei* as an alternative therapeutic agent. In a trial with 61 patients, it was observed that the cell wall extract of *M. phlei* showed antitumoral activity and had a better toxicity profile as compared to BCG [Morales et al., 2001]. Preliminary experiments with *M. phlei* and *M. smegmatis* showed that the fractions rich in cell wall proteins cause activation of tumor necrosis factor (TNF)- α and interleukin (IL)-12 [Keskin, 2004].

The aim of this study was to determine the most potent and comparatively less harmful mycobacterial species which cause immunostimulation that can be used for anticancer treatment. Cytokine activation by cell wall extracts were measured for this purpose.

Results and Discussion

IL-12 and TNF- α releases by stimulation of monocytic cells with 88 species of mycobacterial cell extracts (table 1) were measured. IL-12 release stimulation activity of most of the extracts was significantly lower as compared to that of BCG ($p < 0.05$). However, stimula-

tion of IL-12 secretion by 9 mycobacterial strains was statistically comparable to that of BCG ($p > 0.05$). On the other hand, stimulation of TNF- α secretion by cell extracts of 23 mycobacterial strains was statistically higher than that of BCG ($p < 0.05$). To select the most promising mycobacterial strains for the treatment of superficial bladder cancer in the future, we eliminated slow-growing and/or pathogenic bacteria. Table 2 shows the significant results obtained for IL-12 and TNF- α release together with the pathogenicity and growth rates of the strains. In light of these findings, we have concluded that in addition to *M. phlei*, 12 of 88 *Mycobacterium* strains that we studied may be alternatives to BCG for immunotherapy of superficial bladder carcinoma. These candidate strains are: *M. agri*, *M. aichiense*, *M. aurum*, *M. brumae*, *M. chitae*, *M. chubuense*, *M. diernhoferi*, *M. gadium*, *M. murale*, *M. obuense*, *M. tokaiense* and *M. vaccae*.

Regarding antitumoral activity, the best known cytokine is IL-12. It was proven that mycobacterial cell wall extracts increase the secretion of IL-12 from monocytes and macrophages. It was also shown that when IL-12 is used locally or systemically, it has antitumoral activity in many cancer types [Gillies et al., 1998; Izquierdo et al., 1996]. IL-12 shows antitumoral activity by alerting natural killer cells and T lymphocytes, stimulating the secretion of cytokines and inhibiting the angiogenesis [Stern et al., 1996]. TNF- α is responsible for granuloma development, and it was shown that TNF- α inhibited the proliferation of many prostate cancer cell lines [Hillman et al., 1999; Triest et al., 1998].

The highly complex and organized structure of *Mycobacterium* is unique [Brennan, 2003]. When cell walls are disrupted, the free lipids, proteins, lipoarabinomannans and phosphatidylinositol mannosides are solubilized, and the mycolic acid-arabinogalactan-peptidoglycan complex remains as the insoluble residue. These lipids, proteins and lipoglycans may be the signaling effector molecules in the cytokine activation [Chatterjee and Khoo, 1998]. Wang et al. [1995] isolated a boiling water extract from *M. bovis* (BCG vaccine) which had antitumor activity against a murine S180 sarcoma model. The isolate appeared to be a glycan with a molecular mass of 65–87 kDa. The work on isolation of the active fractions in our laboratory of the cell wall extracts of the promising mycobacteria is in progress.

This study presents the immune-stimulating activity of 88 mycobacterial species in an effort to find out a more potent and safer alternative to BCG treatment for superficial bladder tumors. This is a pioneer study, as it is the

Table 1. Mycobacterial strains used in this study

1	<i>M. abscessus</i>	ATCC19977	DSM44196	45	<i>M. intracellulare</i>	ATCC13950	
2	<i>M. agri</i>	ATCC27406	DSM44515	46	<i>M. kansasii</i>	ATCC12478	NT701
3	<i>M. aichiense</i>	ATCC27280	NT4801	47	<i>M. kubicae</i>		DSM44627
4	<i>M. alvei</i>	ATCC51304	DSM44176	48	<i>M. kumamotoense</i>		DSM45093
5	<i>M. angelicum</i>		DSM45057	49	<i>M. manitobense</i>		DSM44615
6	<i>M. asiaticum</i>	ATCC25276	NT6101	50	<i>M. marinum</i>	ATCC927	DSM44344
7	<i>M. aurum</i>	ATCC23366	NT4101	51	<i>M. massiliense</i>		DSM45103
8	<i>M. austroafricanum</i>	ATCC33464	NT5301	52	<i>M. monacense</i>		DSM44395
9	<i>M. bovis (BCG)</i>	ATCC27289		53	<i>M. moriokaense</i>	ATCC43059	DSM44221
10	<i>M. boenickei</i>		DSM44677	54	<i>M. mucogenicum</i>	ATCC	DSM44124
11	<i>M. branderi</i>	ATCC51789		55	<i>M. murale</i>		DSM44340
12	<i>M. brisbanense</i>		DSM44680	56	<i>M. neglectum</i>		DSM44756
13	<i>M. brumae</i>	ATCC51384	DSM44177	57	<i>M. neoaurum</i>	ATCC25795	DSM44074
14	<i>M. canariense</i>		DSM44828	58	<i>M. nonchromogenicum</i>	ATCC19530	NT1401
15	<i>M. celatum</i>	ATCC51130		59	<i>M. obuense</i>	ATCC27023	DSM44075
16	<i>M. chimaera</i>		DSM44623	60	<i>M. palustre</i>		DSM44572
17	<i>M. chitae</i>		NT4301	61	<i>M. parafortuitum</i>	ATCC19686	NT4006
18	<i>M. chubuense</i>	ATCC27278	NT4701	62	<i>M. paraseoulense</i>		DSM45000
19	<i>M. conceptionense</i>		DSM45102	63	<i>M. peregrinum</i>	ATCC14467,23023	DSM43271
20	<i>M. concordense</i>	ATCC BAA-329	DSM44678	64	<i>M. petroleophilum</i>		DSM44182
21	<i>M. confluentis</i>	ATCC49920	DSM44017	65	<i>M. phlei</i>	ATCC11758	
22	<i>M. conspicuum</i>		DSM44136	66	<i>M. phocaicum</i>		DSM45104
23	<i>M. diernhoferi</i>	ATCC19340	NT2301	67	<i>M. porcinum</i>	ATCC33775	NT5801
24	<i>M. doricum</i>		DSM44339	68	<i>M. pulveris</i>	ATCC35154	NT7001
25	<i>M. duvalii</i>		NT4601	69	<i>M. ratisbonense</i>		DSM44364
26	<i>M. elephantis</i>		DSM44368	70	<i>M. rhodesiae</i>		NT5201
27	<i>M. fallax</i>	ATCC35219	NT5501	71	<i>M. salmoniphilum</i>	ATCC13758	DSM43276
28	<i>M. flavescens</i>		DSM43219	72	<i>M. scrofulaceum</i>	ATCC19981	NT1001
29	<i>M. fluoranthenorans</i>		DSM44556	73	<i>M. senegalense</i>		NT6801
30	<i>M. fortuitum</i>	ATCC6841		74	<i>M. senuense</i>		DSM44999
31	<i>M. furth</i>		DSM44567	75	<i>M. seoulense</i>		DSM44998
32	<i>M. gadium</i>	ATCC27726	NT5001	76	<i>M. septicum</i>	ATCC700731	DSM44393
33	<i>M. gallinarum</i>	ATCC19710	NT5601	77	<i>M. setense</i>		DSM45070
34	<i>M. gastri</i>	ATCC15754	NT1301	78	<i>M. simiae</i>	ATCC25275	NT909
35	<i>M. gilvum</i>	ATCC43909	DSM44503	79	<i>M. smegmatis</i>	ATCC14468	NT2433
36	<i>M. goodie</i>	ATCC700504	DSM44492	80	<i>M. terrae</i>	ATCC15755	NT1501
37	<i>M. gordonae</i>	ATCC14470	NT1101	81	<i>M. tokaiense</i>		NT4901
38	<i>M. hackensackense</i>	ATCC BAA-823	DSM44833	82	<i>M. triplex</i>		DSM44626
39	<i>M. hassiacum</i>		DSM44199	83	<i>M. trivial</i>	ATCC23292	NT1601
40	<i>M. hiberniae</i>	ATCC49874	DSM44241	84	<i>M. tuberculosis H37RV</i>	ATCC25618	
41	<i>M. holsaticum</i>		DSM44478	85	<i>M. vaccae</i>	ATCC29678	
42	<i>M. houstonense</i>		DSM44676	86	<i>M. wolinsky</i>	ATCC700010	DSM44493
43	<i>M. interjectum</i>	ATCC51457	DSM44064	87	<i>M. xenopi</i>	ATCC19250	NT1901
44	<i>M. intermedium</i>	ATCC51848	DSM44049	88	<i>M. yunnanensis</i>		DSM44838

first work to be tested in its field with a large number of different mycobacterial strains. Although it is important to determine alternative nonpathogenic *Mycobacterium* strains whose cell wall fractions are efficient on bladder carcinoma, this study is only the first step in developing

a new anticancer agent. Further study is required, including bladder cell cultures and animal models, to develop suitable agents. In light of these studies, research on other cancer types involving mycobacterial immune stimulation may be initiated.

Table 2. Mycobacterial strains which showed significant TNF- α and/or IL-12 stimulation activity

Strain	TNF- α , pg/ μ g protein mean \pm SD	IL-12, pg/ μ g protein mean \pm SD	Pathogenicity	Growth rate
<i>M. bovis</i> , BCG	3,271 \pm 1,549	18.7 \pm 6.8	yes	slow
<i>M. agri</i> ^a	7,839 \pm 431 ^b	30.7 \pm 3.5	no	rapid
<i>M. aichiense</i> ^a	4,629 \pm 1,902	15.2 \pm 0.1 ^c	no	rapid
<i>M. aurum</i> ^a	2,058 \pm 533	20.7 \pm 3.7 ^c	no	rapid
<i>M. brisbanense</i>	6,409 \pm 3,814 ^b	22.8 \pm 1.2	yes	rapid
<i>M. brumae</i> ^a	11,068 \pm 1,757 ^b	7.3 \pm 6.3	no	rapid
<i>M. chitae</i> ^a	10,927 \pm 812 ^b	15.6 \pm 10.6	no	rapid
<i>M. chubuense</i> ^a	7,982 \pm 786 ^b	7.5 \pm 3.1	no	rapid
<i>M. diernhoferi</i> ^a	4,199 \pm 1,211	19.4 \pm 7.1 ^c	no	rapid
<i>M. elephantis</i>	11,755 \pm 820 ^b	12.3 \pm 4.6	?	rapid
<i>M. gadium</i> ^a	10,485 \pm 1,505 ^b	12.2 \pm 3.0	no	rapid
<i>M. gallinarum</i>	9,205 \pm 1,847 ^b	14.9 \pm 2.1	?	rapid
<i>M. goodie</i>	10,116 \pm 1,229 ^b	8.3 \pm 3.4	yes	rapid
<i>M. gordonae</i>	7,940 \pm 1,316 ^b	7.0 \pm 3.3	no	slow
<i>M. intracellulare</i>	11,260 \pm 1,413 ^b	7.2 \pm 7.2	yes	slow
<i>M. kansasii</i>	6,900 \pm 2,322 ^b	8.2 \pm 3.8	yes	slow
<i>M. murale</i> ^a	7,259 \pm 264 ^b	28.4 \pm 7.8 ^c	?	rapid
<i>M. nonchromogenium</i>	9,476 \pm 1,402 ^b	14.8 \pm 1.9	no	slow
<i>M. obuense</i> ^a	5,054 \pm 1,297	14.2 \pm 0.4 ^c	no	rapid
<i>M. peregrinum</i>	11,684 \pm 748 ^b	8.7 \pm 2.3	yes	rapid
<i>M. phlei</i> ^a	9,908 \pm 699 ^b	7.6 \pm 1.0	no	rapid
<i>M. scrofulaceum</i>	7,894 \pm 2,060 ^b	18.9 \pm 2.4 ^c	yes	slow
<i>M. septicum</i>	7,296 \pm 819 ^b	8.5 \pm 5.2	yes	rapid
<i>M. simiae</i>	7,828 \pm 379 ^b	12.7 \pm 2.4	yes	slow
<i>M. terrae</i>	6,895 \pm 1,281 ^b	11.4 \pm 2.5	no	slow
<i>M. tokaiense</i> ^a	4,025 \pm 338	24.4 \pm 0.4 ^c	no	rapid
<i>M. triplex</i>	10,411 \pm 2,137 ^b	8.4 \pm 2.5	yes	slow
<i>M. tuberculosis</i> H37RV	7,772 \pm 1,369 ^b	21.7 \pm 9.3 ^c	yes	slow
<i>M. vaccae</i> ^a	13,617 \pm 1,030 ^b	11.9 \pm 4.2 ^c	no	rapid

^a Selected mycobacteria.

^b The TNF- α stimulation properties of these mycobacteria were found to be significantly higher as compared to *M. bovis* ($p < 0.05$).

^c The IL-12 stimulation degree for these mycobacteria was statistically comparable to the stimulation obtained by *M. bovis* (BCG) ($p > 0.05$). The values obtained for the rest of the mycobacteria were statistically lower as compared to *M. bovis* (BCG) ($p < 0.05$).

Experimental Procedures

Material

Löwenstein-Jensen culture media was obtained from Salubris A.Ş. (Turkey), *Mycobacterium* species were obtained from ATCC (American Type Culture Collection; USA) and DSMZ (Deutsche Sammlung von Mikroorganismen und Zellkulturen; Germany), THP-1 cells were obtained from the Şap Institute Cell and Virus Bank (HÜKÜK; Ankara, Turkey), penicillin and streptomycin were obtained from Gibco (Gaithersburg, Md., USA), Middlebrook 7H9 broth was obtained from Difco Laboratories (Detroit, Mich., USA), RPMI-1640 medium was obtained from Gibco BRL (Gaithersburg, Md., USA), and IL-12 and TNF- α determination kits were obtained from BioSource (Invitrogen; USA). All the other reagents were analytical grade.

Mycobacterial Strains

Eighty-eight different mycobacterial strains (table 1) were obtained from ATCC, NTCC (National Type Culture Collection; UK) and DSMZ. The species of the strains were checked by PCR-restriction enzyme analysis of *hsp65* using the method described by Telenti et al. [1993].

Mycobacteria were inoculated into Löwenstein-Jensen culture media. They were incubated until colonies were visible. Fresh colonies were then transferred into 50-ml centrifuge tubes containing 10 ml of Middlebrook 7H9 broth culture media. Tubes were incubated in a rotary shaking incubator until the turbidity of each tube reached 1 McFarland. The purity of the cultures was checked with acid-fast staining.

Cell Extract Preparation

Mycobacteria grown in Middlebrook broth were centrifuged at 10,000 g for 15 min. The supernatant was discarded. To eliminate residual culture medium, the pellet was washed with 30 ml of 50 mM potassium phosphate buffer, pH 7.4. The final pellet was suspended in 1 ml of phosphate buffer. The suspension was incubated at 95°C for 10 min in a water bath to kill bacteria and to partly disrupt their cell walls [Kent and Kubica, 1985; Winn et al., 2005]. The samples were sonicated for 2 min (at 40% amplitude) with a sonicator (Sonics Vibra Cell VCX 750, USA). Mycobacterial cell wall extracts were stored at -80°C until they were used for further experiments.

Treatment of Monocytic Cell Lines with Mycobacterial Extracts

The monocytic cell line THP-1 was cultured in RPMI-1640 medium supplemented with 10% heat-inactivated fetal calf serum, 100 U/ml of penicillin and 100 µg/ml of streptomycin at 37°C in a humidified atmosphere of 5% CO₂. For the experiments, 500,000 cells/ml/well were dispensed in 24-well microtiter plates in the same medium. Cells were differentiated with 200 nM of phorbol-12-myristate-13-acetate (PMA)/ml for 48 h at 37°C in a humidified atmosphere of 5% CO₂. To examine the effect of mycobacterial extracts, PMA-treated THP-1 cells were treated with mycobacterial extracts (1 µg protein/ml). After 48 h of incubation, the culture supernatants of THP-1 cells were collected, centrifuged at 13,000 g and stored at -70°C until determination of TNF-α and IL-12 levels by ELISA. Lipopolysaccharide (1 µg/ml) was used as a positive control [Martha et al., 2001].

Determination of Cytokine Release

The supernatants were collected from the cultures of cells stimulated by lipopolysaccharide or mycobacterial extracts at 48 h and stored at -80°C. Total protein quantity in each sample was determined by the Bradford micro method [Bradford, 1976], with bovine serum albumin as the standard. ELISA for TNF-α and IL-12 (Biosource; Camarillo, Calif., USA) were performed according to the manufacturer's instructions. Triplicate ELISA results were obtained using a 96-well plate reader, Spectra Max M2 microplate reader (Molecular Devices; Canada) [Martha et al., 2001]. Statistics were done using Minitab 13.1 statistical software (Minitab Inc.).

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