The ECC celebrated its 100th day of school! Sophie Clinard and Louie Horovitz joined their Ruach class (ages 4–5) in dressing like 100 year olds – complete with borrowed canes, eyeglasses, vests and their best “old people” poses! For more ECC fun, see pages 4–6.
**Passover**

This eight-day festival commemorates the Israelite Exodus from Egyptian slavery. Two home Seders (which means order) occur in Jewish homes on the Festival eve and first night. Work is prohibited on the first two and last two days of Passover. One of the most significant observances related to Passover involves the removal of Chametz (leavened foods) from our homes. This commemorates that the Jews leaving Egypt were in a hurry and did not have time to allow for their bread to rise. During the holiday we eat matzah (unleavened bread) made especially for the holiday under highest supervision. Another important element of observance is the telling/hearing of the Maggid, the Passover story.

*Passover ends on April 23 for those in Israel and in the Reform Movement.*

**What To Do:**
Right before Passover, remove all traces of leavened bread from the home and replace with matzah and Passover foods.

Attend a Seder on the first two nights of Passover.

**What To Eat:**
Matzah (unleavened bread), fruits, vegetables, eggs, dairy, meats, fish and packaged products with a Kosher for Passover stamp.

**What Not To Eat:**
Chametz, food products made from wheat, barley, rye, oats, spelt, or their derivatives, which have leavened (risen). Flour from any of these five grains that comes in contact with water will leaven, unless fully baked within 18 minutes. Ashkenazi Jews don’t eat corn, beans and rice, but Sephardic Jews do.

**The Passover Seder**

Four cups of wine are drunk to represent the four expressions of deliverance promised to the Jews. A fifth cup is set for Elijah the prophet.

The Haggadah, a prayer book, outlines the 15 steps in the seder sequence and tells the story of Passover.

Matzah, unleavened bread eaten during Passover, symbolizes what the Israelites took when they fled Egypt.

**ON THE SEDER PLATE:**

**KARPAS,** parsley, represents spring.

**EGG,** represents fertility & spring.

**MAROR,** horseradish, symbolizes the bitterness of slavery.

**Z’ROA,** a roasted Shank bone, symbolizes the paschal sacrifice.

**CHAROSET,** a mixture made with chopped apples, nuts, wine & cinnamon, represents the mortar the Hebrew slaves placed between the bricks.

**in this issue**

- early childhood 4–6
- youth 7
- teens 8
- aquatics 10–11
- health & wellness 12–14
- volunteers 15
- seniors 16–17
- inclusion 20–21
- cultural arts 22–25
- donors 27–30
- tributes 32–33
- staff 34

**MEMBERSHIP**

We offer membership options for every walk of life. Whether you are an individual, couple, family or senior, we have a membership to fulfill your specific needs. For more information, please contact our membership sales department at (952) 381-3414.

**ALREADY A MEMBER?**

Refer a friend to the JCC and earn one free month’s dues. Ask us for details.

**RECIPIROCITY**

St. Paul JCC + Sabes JCC = One JCC membership.

As I begin my second quarter as the CEO of both the Sabes and St. Paul JCCs, I am humbled and proud of the amazing work that we do here. The JCCs are the most visited Jewish organizations in the Twin Cities, each week bringing thousands of people together – the place where our grandparents, parents, children, and friends come together for life-enriching experiences that build community.

An important part of our work this year is to create a vision for the future of the Twin Cities JCCs. Our programs and staff are strong and we continue to build upon what we do best – innovative, collaborative, and inclusive programming. This is a pivotal moment for our community.

A Steering Committee, co-chaired by the board presidents of both JCCs, and comprised of leaders from both the Minneapolis and St. Paul communities, has been formed to develop a vision for the future and determine the best path forward to accomplish that vision.
This spring’s Acting Class, led by preschool teacher Alex Engelsgjerd, offered the children the chance to explore new ways to use their imagination and even create their own story to act out! We also offered a relaxing yoga class where toddler teacher Marcy Beckman led the children through stretches, poses and meditation. In her Crafty Cooking Class, preschool teacher Tami McDonough shared stories and recipes for creative snacks. Yum!

Swimming Lessons
ECC toddler, preschool and pre-K children all learn to swim in a fun, safe, and positive environment. We are proud to be one of the only preschools in the state to include swim lessons in the price of tuition.

Music
Our ECC Music Specialist brings a love of music through singing, dancing and movement while developing a sense of joy for Jewish holidays and values.

Art
ARTrageous Adventures brings a full range of visual arts, dramatic play, music, and storytelling in a creative space while building social and motor skills.

Hebrew
Pre-K and preschool children have an opportunity to learn Hebrew through engaging, hands-on activities and music.

In addition to the unique enrichment experiences led by specialists, the ECC has the benefit of offering additional opportunities led by our talented teachers, many of whom have creative specialties and talents of their own.

PLUS...
Our children have the chance to discover new concepts, learn new skills, and have fun in these unique enrichment classes this Spring!

- Science Explorers
- Snapology
- Soccer Shots
- SteppingStone Theatre

Unique programming that makes our ECC so special!
Children enrolled in our ECC enjoy a variety of engaging, hands-on enrichment opportunities. Our partnerships with ARTrageous Adventures, Como Zoo, MacPhail Center For Music, Science Explorers, and more, add to the richness of the ECC experience. Plus, being a part of the JCC provides our children the chance to engage in the community as part of our diverse campus.

Every day is special at the ECC!
Beach Party!

Creating memories, learning new skills, being active and making friends is what our youth programs are all about! Whether you want to be physically active or have your theatrical debut, the J provides the opportunity to discover who you are and what you want to achieve.

YOUTH KARATE
Ages 6 – 15
Monthly ongoing sessions
Sundays 12:15–1 PM
Learn the ancient martial art of Tae Kwon Do style karate and advance through the belt levels at your own pace. This exciting class teaches kid-friendly karate basics, self-defense and self-discipline.

YOUTH BATON TWIRLING
Ages 5-18
Monthly ongoing sessions
Tuesdays 4:15–5:15 PM
Impress your friends... and maybe even yourself! In baton twirling you will learn hand/eye coordination, team work, individual goal setting & achieving, physical fitness, and sportsmanship.

NFL YOUTH FLAG FOOTBALL
SUNDAYS, APRIL 28 – JUNE 16
Ages 4–14 (or 8th grade)
The Sabes JCC and National Flag Football are partnering to bring you the best youth flag football programming in a 5 vs. 5, non-contact, recreational, co-ed format. This exceptional program is for first time players who want to learn the fundamentals of football as well as those looking to enhance their skills before taking the next leap into tackle football. Games and practices take place between 11 AM and 7 PM on Sundays at the JCC.

COST: $120 – Includes an NFL reversible jersey, flag belt and individual participation award
Register at minnesotaflagfootball.com and use coupon code 87524. For more information call (651) 337-5588.

BSA – LOOKING TO START A GIRLS TROOP! Ages 11–17
JCC sponsored Boy Scout Troop 738, now part of Scouts BSA, would like to form a linked girls’ troop. Girls will enjoy the same leadership opportunities and outdoor experiences offered in the former program, with the added benefit of the existing troop’s equipment, resources and administrative adult leadership. Additional scouts and adult leaders are needed before a charter can be granted. To sign up, contact Justin Dunning at scoutmaster738@gmail.com or Jon Foss at committeechair738@gmail.com.

The Sabes JCC Youth Performance Program presents:
CHARLIE & THE CHOCOLATE FACTORY
Directed by Anthony & Haley Sisler-Neuman
Join Charlie Bucket in his adventurous tour of Willy Wonka’s world-famous Chocolate Factory! See Augustus Gloop, Violet Beauregarde, Veruca Salt, Grandpa George, Grandma Georgina, Willy Wonka and Charlie himself come to life and discover the true meaning of teamwork, self-confidence and self-esteem in a chocolate candy fantasy. The production is smoothly tied together by an energetic and personable Narrator, who effortlessly bridges time and excites the audience with creative anticipation. The delicious fun of Willy Wonka’s Chocolate Factory awaits you!

SUNDAY, MAY 12 • 2 PM  |  MONDAY, MAY 13 • 7 PM  |  TUESDAY, MAY 14 • 7 PM
Tickets: $5

We all know that the winter months can get a bit long. To beat the winter blues, the Shalom Bet Preschool Class (ages 3–4) enjoyed a tropical beach party. Despite the below zero weather, the kids wore summery, brightly colored clothes. They celebrated with popsicles and books about the beach! They also enjoyed a lively dance party with music by the Beach Boys, kinetic sand, beach ball games and a flowery sensory experience in the water table.
Every summer, the Camp Olami experience at the Sabes JCC transforms our 23-acre, tree-lined campus into a magical destination for children ages 5 – 15. And, while our pastoral setting nestled into a first-ring suburb is unique, Olami families know that it is our staff, carefully selected and well-trained, who will bring fun and meaning to your child’s summer. This summer will be filled with all the things that you love about camp – fun, exploration, adventure, and friendship!

We offer one-week, two-week, and four-week camps and whether you're entering kindergarten or a senior in high school, we have something for you! Register today! sabesjccsummercamp.org

BBYO
If you are in grades 8–12, you are eligible to join BBYO North Star Council, the fastest growing BBYO Council in the country! Head to bbyo.org to learn more or reach out to Teen Director, Max Hendrix for more information about upcoming events.

Summer Opportunities
• Looking to travel the world? Visit bbyopassport.org to learn about the many opportunities to explore Israel and the rest of the world.
• Want to travel to Israel through a Reform Jewish lens? Visit nftyisrael.org to learn more about the trips offered.
• Join thousands of other teens at overnight camps across America. Whether you love sports, science, arts, or want a traditional experience, we can help connect you!

MACCABI GAMES AND ARTSFEST
Are you or your teen interested in competing against other young Jewish teens in sports and arts competition? Team Minnesota is headed to Atlanta this year to compete in the Maccabi Games yet again and we want to bring Minnesota’s finest athletes! Sports include, ultimate Frisbee, basketball, soccer, baseball, flag football, and more.

NFTY NORTHERN
Want to be involved in a Reform Jewish teen movement that values Tikkun Olam and lifelong friendship? NFTY Northern is a collection of Reform Jewish teens from the upper Midwest, that gathers three times a year for weekend events as well as other various times.

Whether you’re interested in a program we already offer or are interested in starting something new, you can always reach out to Teen Director, Max Hendrix at mhendrix@sabesjcc.org. Meet him for coffee or ice cream and hear about how we can make Judaism accessible to the next group of amazing teen leaders!
We offer swim lessons for all ages and abilities, with emphasis on confidence, personal safety, swimming skills, endurance, and social skills. Choose the level that is appropriate based on swimming experience. Swim assessments available upon request. For questions about swim lessons, please contact Mikaela Bagley at mbagley@sabesjcc.org or (952) 381-3422.

**WATER BABIES**
Ages 6 months – 3 years
This playful introduction to the water is designed for babies and parents to become more comfortable in the water. Through games and songs, swimmers focus on motor skills, water awareness, and water safety. Using a gentle, loving, child-centered approach, we partner with parents to create a successful water experience.

**WATER WIGGLERS**
Ages 2 – 3
Children work independently from their parents while working on putting their faces in the water, floating comfortably, swimming independently and water safety.

**FROGS** / **PUFFERS**
Ages 3 – 5 / Ages 6 – 12
For the nervous or beginning swimmer to increase their comfort and safety in the water. Learn to float on their back, jump in the water and make progress on their front and back.

**PRIVATE & SEMI-PRIVATE LESSONS ARE AVAILABLE YEAR-ROUND FOR ALL AGES, INCLUDING ADULTS.**


| $111 + $84 MEMBER VALUE PRICE |

**GOBIES**
Ages 3 – 5
For the swimmer who demonstrates comfort in the water and is able to swim short distances independently, this class will teach the basics of freestyle and backstroke. Prerequisite: Frogs, Puffers or equivalent.

**STINGRAYS**
Ages 6 – 12
For the swimmer who demonstrates comfort in the water and is able to swim short distances independently, this class will teach the basics of freestyle and backstroke. Prerequisite: Frogs, Puffers or equivalent.

**TIGER BARBS**
Ages 3 – 5
An introduction to side breathing, breaststroke and butterfly kick. Red line strength and technique in freestyle and backstroke. Prerequisite: Gobies, Stingrays or equivalent.

**SEALS**
Ages 6 – 12
Advance endurance and strength through skill drills, focusing on bilateral breathing, dives, flip turns and stroke progression. Prerequisite: Tiger Barbs, Seals or equivalent.

**DOLPHINS**
Ages 6 – 12
An introduction to side breathing, breaststroke and butterfly kick. Red line strength and technique in freestyle and backstroke. Prerequisite: Gobies, Stingrays or equivalent.

**FREESTYLE TECHNIQUE WORKSHOP**
Ages 6 – 12
Designed for the swimmer who is able to successfully swim 50 yards, but wants to make their freestyle stroke more efficient and effective. Building growth and strength, participants break down their stroke into the basics of balance, streamline, breath, and stroke polish. For a list of class dates and free trial classes, visit sabesjcc.org.

**SENSORY FRIENDLY SWIM TIME**
A once-a-month, special swimming session with a modified, calmer and sensory friendly environment for those with autism and other special needs. The music is turned off; whistles are not used within the vicinity of the pool and staff is trained to understand the special needs of children and families. The space is welcome to everyone at the time, with minor adjustments to make it a safe and calm place for everyone to enjoy.

**MERMAID SWIM CLASS**
Ages 6 – 12
In this class, participants learn how to swim with a monofin in both the forward and back swimming techniques, interval work, and pacing insight. For more information and prerequisites, visit sabesjcc.org.

**Birthday parties at the pool!**
- Fun & games and use of pool toys
- Party area to enjoy food, drinks, and cake; assistance provided with set up & clean up; storage for food, drinks, and cake
- Parties include up to 10 children. Additional guest fee of $8 per person.
- Hosts provide their own decorations, cake, refreshments, etc.
- No time? Ask for additional services! Parties can be held indoors or outdoors depending on the date.

For more information or to book a party, contact Mikaela Bagley at mbagley@sabesjcc.org or (952) 381-3422.

**COACH & TRAIN**
Tuesdays & Thursdays 6 – 7 PM
For participants from a broad spectrum of abilities and interests. Whether you are a recreational swimmer, an experienced competitive veteran, or a triathlete, our Coach & Train practices have something for everyone; swimming instruction in all four strokes, open water swimming techniques, interval work, and pacing insight.

**RED CROSS COURSES**
American Red Cross CPR/AED/First Aid classes and Lifeguard certification classes. Minimum class sizes: six participants. Contact Mikaela Bagley at mbagley@sabesjcc.org for more information.

**FIRST AID & CPR/AED**
$75
Learn how to respond to common first aid and cardiac and breathing emergencies. Course includes learning the use of automated external defibrillators (AED) and how to handle burns, cuts, head/neck/back injuries and more. Adult and pediatric courses available.

**LIFEGUARDING**
$225
Through videos, group discussions and hands-on practice, you’ll learn teamwork, rescue & surveillance skills, First Aid & CPR/AED, and other skills needed to work as a professional lifeguard. Successful completion results in a two-year certification in Lifeguarding that includes a first aid, professional-level CPR & AED, all-in-one certificate. Participants must be 15 years of age by the last day of class.

**NEW!**
**American Red Cross**
- First Aid & CPR/AED
- Birthday parties at the pool!
- Sensory Friendly Swim Time
- Mermaid Swim Class

**SPECIALTY CLASSES**
- **First Aid & CPR/AED**
- **Swim Team & Swim Team Prep**
- **SCUBA**
- **JCC Swim Team**
- **Swim Lessons**
- **Lifeguarding**
- **Freestyle Technique Workshop**
- **Mermaid Swim Class**
- **Birthday Parties at the Pool**
- **Specialty Classes**

**SCUBA**
Certified instructors teach basic and advanced scuba skills. Call for additional information and class times.

**JCC Swim Team**
Run by experienced coaches, this competitive swim team is for swimmers of all levels, ages 6-18. For more information, please visit sabesjcc.org.

**Swim Lessons**
Classes are offered in all four strokes, freestyle, backstroke, breaststroke, and butterfly. Classes are offered for both beginners and experienced swimmers. For more information, please visit sabesjcc.org.

**Lifeguarding**
Certification classes. Minimum class size: six participants. Contact Mikaela Bagley at mbagley@sabesjcc.org for more information.

**Freestyle Technique Workshop**
A once-a-month, special swimming session with a modified, calmer and sensory friendly environment for those with autism and other special needs. The music is turned off; whistles are not used within the vicinity of the pool and staff is trained to understand the special needs of children and families. The space is welcome to everyone at the time, with minor adjustments to make it a safe and calm place for everyone to enjoy.

**Mermaid Swim Class**
For participants from a broad spectrum of abilities and interests. Whether you are a recreational swimmer, an experienced competitive veteran, or a triathlete, our Coach & Train practices have something for everyone; swimming instruction in all four strokes, open water swimming techniques, interval work, and pacing insight.

**Birthday Parties at the Pool!**
- Fun & games and use of pool toys
- Party area to enjoy food, drinks, and cake; assistance provided with set up & clean up; storage for food, drinks, and cake
- Parties include up to 10 children. Additional guest fee of $8 per person.
- Hosts provide their own decorations, cake, refreshments, etc.
- No time? Ask for additional services! Parties can be held indoors or outdoors depending on the date.

For more information or to book a party, contact Mikaela Bagley at mbagley@sabesjcc.org or (952) 381-3422.
group exercise
Free with your JCC membership! The Sabes JCC Fitness Center has four studios dedicated to group exercise offerings. Our instructors set a pace to guarantee focus and dedication to supportive fitness practices. We offer innovative workouts for all fitness levels including free-form dance, restorative, strength, mobility, martial arts and high intensity options to prevent burnout from your everyday exercise routine.

- Cycling
- Zumba
- Lift n' Pump
- Xbeat
- Water Exercise
- Gentle Tai Chi
- Pilates methods
- Stretch
- Barre
- Yoga
- Sababa
- And more!

personal training
PRIVATE TRAINING (1 HOUR OR 30-MIN SESSIONS)
One-on-one training designed specifically for you. Trainer works with you to identify individual postural and movement needs to help you to achieve your goals.

PARTNER TRAINING (1 HOUR, 2 PEOPLE)
A great opportunity to train with a friend! Partner training has been proven to increase your commitment to a fitness regimen.

SMALL GROUP TRAINING (1 HOUR, 3–6 PEOPLE)
A fun and exciting way for those who want to work out with friends, co-workers, or meet someone new! Take advantage of a trainer’s expertise and still receive personal coaching and individualized workouts at a lower financial investment.

For more information about Group Exercise or Personal Training, contact Jory Kircher, Health and Wellness Director, at jkircher@sabesjcc.org or (952) 381-3418.

sports & recreation
PICKLEBALL
TUESDAYS
10 AM–NOON
THURSDAYS
10 AM–NOON
5:30–7:30 PM
$2 (members free)
A combination of Ping-Pong, tennis and badminton for all ages and athletic abilities. Stomp by and play!

For more information or to register, contact League Coordinator, Lauren Ludeman at lludeman@sabesjcc.org.
health & wellness 60+

We all know that regular exercise boosts energy, maintain your independence, and manage symptoms of illness or pain. We offer a wide range of classes designed specifically for adults of all fitness levels or needs, to improve balance, increase motion, build strength and have fun!

fitness classes

STRETCH
Stretches all major muscle groups from head to toe.

BETTER BALANCE AND MOBILITY
Improve balance and stay flexible.

FOREVER FIT STRENGTH
Uses chair to provide support while doing exercises to improve strength. Ideal for those who have a hard time on the floor.

FOREVER FIT YOGA
Improve balance, flexibility and strength. Chairs and railings are used to provide support.

SILVER SNEAKERS? CLASSIC!
Have fun and move to the music through a wide range of classes designed specifically for adults of all fitness levels or needs, to improve balance, increase motion, build strength and have fun!

71-year-old Andy Steinfeldt, a member of the J, broke the World Record for the longest plank for his age at the Sabes JCC! Andy made national news by staying in the plank position for an impressive 38 minutes – surrounded by family, friends and a cheering crowd. Mazel tov, Andy!

SILVER SNEAKERS
The Sabes JCC is a participating center for Senior Fit & SNEAKERS and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

FOR SPECIFIC DAYS AND TIMES, PLEASE VISIT SABESJCC.ORG

THURSDAYS 10:10–10:45 AM $94 • 572 Member Value Price

The TRX suspension trainer challenges your core, stability and balance by leveraging gravity and your body weight to perform various exercises. An excellent training tool to make activities of daily living easier.

FOR MORE INFO OR TO ENROLL, CONTACT HEIDI WEINBERG AT heinberg@sabesjcc.org

WATER EXERCISE
Shallow and deep water moves help improve agility, flexibility, and endurance.

For more information please visit SABESJCC.ORG

many thanks to our volunteers!

From helping with our community events to administrative support, to seniors programs or early childhood activities, volunteers are found in every program and department. Thank you all for your time, talent and commitment!

SILVER & FIT

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

for more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

SILVER SNEAKERS

The Sabes JCC is a participating center for Silver & Fit, Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky at ivinitsky@sabesjcc.org or (952) 381-3527.
Whether it’s through recreation, fitness, art, education, history programs, special events, senior dining, parties or more, the Sabes JCC offers a wide variety of programs that make the JCC your home-away-from-home.

FREE MATINÉE MONDAYS
Back in action! Monday, April 11
Show Time: 12:30 PM on select Mondays
Join us for free movies and popcorn at the Sabes JCC Theater. Bring your friends and enjoy a wide variety of films. Movie flyovers are located at the JCC, on our website and in our monthly calendar.

LETS PAINT, DRAW AND HAVE FUN!
Mondays ongoing; starting April 29
10 AM–1 PM
$10 per class • $8 Member Value Price
Whether you have no previous art experience or are looking to perfect your techniques, this is the class for you. Instructor Lou Kotlarz is a local artist with extensive training in various schools of classical realism, specializing in figurative, portrait, landscape and still life. For more information contact Ivitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

AAA DRIVER IMPROVEMENT
4-hour class • Cost $22
Learn changes in driving laws, vehicle technology, easy-to-use defensive driving tips, traffic safety and accident prevention. Taught by MN Highway Safety Center. Call 1-888-234-1294 to register. Upon completion of class, save 10% on auto insurance premiums!

MAHJONG AND CARDS
We offer space by reservation, for groups that would like to play Mahjong, Bridge or other games. For more information or to reserve space contact Ivitsky at ivinitsky@sabesjcc.org or (952) 381-3527.

KABBALAH FOR OUR TIMES WITH JOY GORDON
May 2, 9, 16, 23, 30 and June 6
7–8:30 PM
(6 week session)
Learn practical ways to apply the teachings of Kabbalah to your everyday life. Understanding the ten energies of the Tree of Life provides you with an internal map to help you move through life with greater balance and fulfillment. Join us for six creative, interactive sessions with meditation, text study, discussions, storytelling, art and music.

Check out our new and improved Senior Lounge!
Over the past few months, the lounge has received a facelift including new carpet, paint, furniture and artwork! The lounge is a perfect, quiet place to relax, play mahjong, read or play the piano. It’s also a great meeting place to play cards or enjoy a cup of coffee with friends. Come to the next Senior Breakfast on April 30 and take advantage of the new, comfortable space!

The Senior Lounge was refurbished in memory of Sam Finkelstein, the first JCC President, and George Greenberg and Sam Edlavitch, two JCC guys from St. Louis and Baltimore.

Happy Birthday, Freada!
In February, long-time member, Freada Golden, celebrated her 91st birthday at the Sabes JCC! It was a special day filled with treats, her Senior Dining friends, and a lunch visit from her granddaughter, Carly Ettinger.

“...the JCC means so much to Freada – it helps her stay active and connected to the community. She loves the people, the fitness programs, the social activities, the movies, luxurious lunches with friends, and looks forward to her well-deserved massage! The JCC is ‘Golden’ to my grandmother, Freada Golden. She feels so incredibly lucky to have such caring, thoughtful friends at the JCC to help her celebrate her 91st birthday. Thank you JCC, for enriching the ‘ENERGIZER BUBBIE’S’ life, increasing her health, happiness and longevity. Freada’s ‘still going’ strong!”

OLLI CLASSES
The Osher Lifelong Learning Institute (OLLI), an affiliate program of the University of Minnesota College of Continuing Education, is run entirely by volunteers. Programs focus on active learning in dynamic and respectful environments. No tests, no pre-requisites – this is learning just for the joy of it! Stay tuned for a list of upcoming classes. For more information or to register go to sabesjcc.org or contact Irit Vinitsky at (952)381-3527 or ivinitsky@sabesjcc.org.

WATCH FOR MORE EXCITING PROGRAMS TO COME!
Visit the senior page on our website for up-to-date information on new programs, speakers and activities.

 Were you involved in BBG, AZA or BBYO in the 1950’s through 1970’s?
If yes, please contact Tamar Fenton: tfenton@sabesjcc.org or (952) 381-3405 sabetesjc.org sabetesjc.org
Your gift ensures everyone can participate in JCC programming by funding over $200,000 annually in need-based scholarships.

“Because of the JCC, our family has a deeper connection to the Jewish community.”

EARLY CHILDHOOD CENTER: $80,000 in need-based scholarships

“Summer Camp at the JCC was a dream come true for our daughter. Thank you for the scholarship that made it possible.”

SUMMER CAMP: 600+ kids and $25,000 in need-based scholarships every summer

“The JCC is where I exercise, see friends and find a warm meal. It’s a gift from the Jewish community that keeps me connected.”

SENIOR PROGRAMS: 500+ seniors and 6,000 meals served annually

“Inclusion programming at the JCC is the pride of the Jewish community. My son was supported at camp when he was younger. Now, as a young adult, he participates in JCC programming every day.”

INCLUSION: 300+ children & young adults with disabilities and their families served each year

“BBYO is my daughter’s only Jewish touchpoint right now and she loves it!”

BBYO: membership has tripled this year thanks to the JCC

“JCC cultural programs celebrate Jewish values and keep it relevant for all generations.”

CULTURAL ARTS: 50+ annual cultural and educational events that build community and Jewish pride

“Because of the JCC, our family has a deeper connection to the Jewish community.”

IT’S EASY TO GIVE.

Visit givetothej.org

Call (952) 381-3514

Mail the enclosed remittance envelope

TO MEET OUR SCHOLARSHIP AND PROGRAMmatic NEEDS, THE JCC MUST RAISE $150,000 BY MAY 31

Please support our mission and our community now with a generous gift.

Your gift matters – for now and for the future.
The Inclusion adults at the Sabes JCC participate in art classes on a weekly basis. In February, as part of the 10th Annual Twin Cities Jewish Humor Festival, we held a family-friendly Comic Super Hero workshop. Participants created their own super hero characters and talked about their own unique super powers – being invisible, traveling at the speed of light, and being mega strong. The Inclusion group used this theme as inspiration for their own workshop and what came from it was something really amazing.

To our surprise, each person decided to adopt a super power that would in turn help someone else – to restore sight to the blind, give a roommate teeth so they can eat, and “Skeetcher,” the ability to sketch art all over the world with every step taken. They reflected on their own abilities and how they each have their own super powers, whether they realized it or not, with the belief that everyone has the ability to help someone in some way.

“We all have deep, hidden, wondrous super abilities that we do not imagine or expect in each other. Doing more art inspires us and keeps us awake, so we are ready for the deeper Life lessons that shine through each and every one of us, every day.” – Anita Lewis, Inclusion Director.

Art can lead to amazing places!
Passover Landscapes: Illuminations on the Exodus

Featuring work by visiting artist Rabbi Matthew Berkowitz

APRIL 4–MAY 30, 2019

GALLERY RECEPTION: APRIL 4 • 6–8 PM, REMARKS 7 PM • SABES JCC

Through Passover Landscapes: Illuminations on the Exodus, Berkowitz hopes to recapture a spirit of creativity and spontaneity experienced around the seder table. His work continues the tradition of passing collective memory from generation to generation but invites today’s voices to join in.

From a close reading of sacred text, Matt turns to the palette and paper as he creates a composition that reflects the moral, ethic, or principle latent in the written word. An example of his approach may be found in the interplay between traditional scribal letters juxtaposed to modern styles in some of the pieces. Such lettering reflects his essential view of Judaism, rooted in a four thousand year old tradition yet also responsive to contemporary culture and issues.

MADE POSSIBLE THROUGH THE FUND-A-NEED APPEAL AT THE 2018 HEILICHER ANNUAL BENEFIT

In partnership with Beth El Synagogue and Heilicher Minneapolis Jewish Day School.

“I am driven by a passion and love for Judaism and Israel. I continually seek to convey these treasures in a meaningful, substantive and real way. My profession is educating adults, but my avocation is painting arts. Wedding the two loves of art and text is a vital necessity in my life, a wellspring of creativity and wholeness. As such, I think of painting as visual prayer mirroring the prophetic experience of ancient Israel. The artist senses a message within that desires to be expressed. Translating biblical and rabbinic text through art breaks down barriers to meaning, inviting the viewer to respond. Rather than being experienced as a daunting, parochial, and fundamentalist force, my art mirrors the humanistic and constructive core of the religious experience.”

– Rabbi Matthew Berkowitz

A BOOK ART & CLAY RELIEF ART EXHIBIT

Passover/Pesach Reimagined: The Illuminated Haggadah

An integrated project of Art and Judaic Studies

APRIL 4–28

SABES JCC SHARED WALLS LOBBY

Created by fifth graders from the Heilicher Minneapolis Jewish Day School

Led by art teacher, Aimee Orkin; Judaic Studies teachers, Sara Bernstein, Wendy Goldsberg & Bat Sheva Berman; and alumni book artist, Rachelle Horowitz.

Through in-depth study of the Passover Haggadah, Heilicher fifth grade students chose a text to illuminate, seeing the Haggadah as both a ritual object and an art form. They explored historical and contemporary Haggadot and were challenged to reimagine one page or section using elements and principles of design, creative Hebrew lettering and an art form new to them. Mentor artists in clay relief and book arts worked with us to try new and innovative techniques. Students will compose and deliver an artist statement/modern midrash at a special evening program highlighting their accomplishments.

It is our hope that these works are shared with their families and that they bring new life and perspective to the holiday.
Caroline Rothstein: Artist-In-Residence

Visiting New York artist, Caroline Rothstein is an internationally touring writer, poet, performer and educator who will be leading the community in workshops and a performance this May. She has been public speaking, performing spoken word poetry and facilitating workshops for over a decade, and has been featured in The New Yorker, Chicago Tribune, and Buzzfeed, in addition to being named “a very inspiring woman” by Lady Gaga.

WORKSHOP & PERFORMANCE TICKETS: sabesjcc.org or stpauljcc.org
For questions, contact Jonathan Gershberg at 952 + 381 3438 or jgershberg@sabesjcc.org

AN ARTIST’S WORKSHOP
Pikuach Nefesh: The Art of Art with Caroline Rothstein
In partnership with the Jewish Artists’ Lab
MAY 8 • 1–3 PM @ SABES JCC

STUDIO J WORKSHOP FOR ADULTS
Words Create Worlds: Using Art for Social Change with Caroline Rothstein
MAY 9 • 1–3 PM @ ST. PAUL JCC

PERFORMANCE: HOW WE PERSEVERE
An engaging evening of original poetry and monologues with Caroline Rothstein
MAY 9 • 7:00 PM @ ST. PAUL JCC

Keren Or (Ray of Light) is a creative arts forum for Minnesota’s Jewish teens. Now in its 15th year, the contest was founded in 2004 by Gerald and Eileen Siegel, to honor the memory of their daughter, Karen Siegel-Jacobs, who died in 2001 at the age of 40. Its goal is to showcase and encourage the artistic talents of Jewish youth in grades 7–12.

The 2019 winners’ artwork will be on display in the lobby gallery of the Sabes JCC as well as at the Keren Or website.

For questions about the contest, the students, and winning entries from this year and previous years, visit kerenorcontest.org

Rimon is an initiative of the Minneapolis Jewish Federation.
**Golf & Games Event and Community Dinner**

**MONDAY, AUGUST 5**
Oak Ridge Country Club

**Thank you to our generous donors**

**JAN 1, 2018 – JAN 31, 2019**

**$25,000+ Affiance Financial – Andy Fishman, Steve Lear, Seth Meeker, and Steven Schenker**
**Elta & Mike Barry and Twin City Fan**
**Bettina & Julius Edelbach**
**Cindi & Harold Goldfine**
**Arly & Eric Grossman**
**The Heilicher Foundation**
**Kris & John MacDonald**
**Numero SteinFit Inclusion Fund**
**Oren & Sharon Steinfit**
**Family Foundation**
**Toodie & Frank Trestman**
**Special Needs and Collaborative Education Fund**
**Tychman Shapiro Gallery Fund**

**$10,000-$24,999**

**Allstate Life Insurance Company of North America**
**Stant & Amy Baratz**
**Ingrid & Chris Cup**
**Pamela & Ted Odehl**
**Vivian & Robert Ertlov**
**Linda & Michael Florman**
**Jacobo Gelber Family**
**Camp Scholarship Fund**
**Bernie & Perry Greenberg**
**Hennepin Theater Trust**
**Merle & Mort Kane**
**Shari & Joel Liar**
**Stefanie & Desert Lee**
**Debbie & Gil Mann**
**Lynda & Andy Redford**
**Ludwig & Jeff Schachter**
**Bobbie & Fred Shulman**
**Tannenfov Families Foundation**
**Shoshone D. West Scholarship Fund**
**The West Family**

**$5,000-$9,999**

**Anonymous (2)**
**Robert & Ben Badberger Memorial Fund**
**Barat Family Foundation**
**BMO Harris Bank**
**Dana Chaim Levitt Endowment Fund**
**Dr. Fred Nash Gordon Donor Advised Fund**
**Caryn Levy**
**Jamie & Josh Kasai**
**Linda & Kenneth Lerman**
**Ken Raskin**
**Laura & David Levine**
**Mall of America**
**Nancy & Kevin Rhan**
**Judy & Jarret Shapiro**
**Estelle & Robert Stillman**
**Sweater Lederer Wealth Management**
**William J. lessons**
**Ely & Michael Zweigbaum**

**$2,500-$4,999**

**Anonymous (2)**
**Robbi & Robert Jonson**
**Kerry & Scott Badger**
**Marly & Elliott Batzun**
**Elaine & Gary Dachs**
**Engelna Family Foundation**
**Gigi & Ronald Finger**
**Beverly & Richard Pink**
**Vivian Fischer**
**and William Penetulwitz**
**Fred & Tamara Wildauer Endowment Fund for Children**
**Heidi & Howard Gilbert**
**Goldenberg Law, PLLC**
**Dan & David Golds**
**Jeanie & Sam Kagan**
**Rachel & Michael Klein**
**Barbara & Gary Krupp**
**BK Lifeswitch**
**Maston LLP**
**North Star Partners**
**Beverance Division –**
**Tamar & Phil Rosensweig,**
**Rose & Andy Cellman**
**Jaci Foster and Ron Krader**
**Linda Pink**
**Louise & Jerry Abnick**
**Harold Rosenberg**
**Schechter Osdan & Kanner CPA**
**Cindy & Joel Shapiro**
**Wendy Lowell Smith and Colin Smith**
**Joel & Thar Tsi**

**$1,000-$2,499**

**Jorge & Diane Abramson**
**Ronald & Judy Adams**
**Al & Robin Langer**
**Family Foundation**
**Sarah & Mike Edelman**
**Susan Golay and Lawrence Ball**
**Brandy & Michael Baker**
**Hudson Cultural Program Fund**
**Georgia Goldfine and Blake Baratz**
**Linda & Bob Barrows**
**Melanie Baby**
**Lyne Bethman**
**Bernick Loshon, P.A.**
**Janice & Gary Benchard**
**Linda & Miles Braun**
**Bremmer Bank**
**Lynn Blumenthal & Stuart Chain**
**Nancy Brown**
**Bonnie & Herb Buchanan**
**CRB MHH & David Levine**
**Melody & Larry Charler**
**Lucy & Robert De Mars**
**Michelle Drake &**
**Michael Flamenbaum**
**EPC Security Group**
**Ellen Ettzin and Harold Rosenthal**
**Tamar Fenton and David Pink**
**Joanne Ferrato and Bob Beigen**
**Brett Finge Hut**
**Flapjack Total Security**
**Marcy Frost and Mark Ratner**
**Miri Gwekel**

**$500-$999**

**Marlene & Sanford Goldberg**
**Bonnie & Leader Goldblatt**
**Susan & William Goldberg**
**Cindy & Craig Greenberg**
**Marla & Harrison Grinwald**
**Jonathan Gross**
**Max & Mia Grossman Memorial**
**Holocaust Programs Fund**
**HodofF Epstein & Sons, Charities**
**Sherry & Philip Jaffe**
**Julia Anser Senior Fitness**
**Philanthropic Fund**
**Steve Kain and Lisu Dix**
**Cindy & Doug Kanter**
**Marlin Karazov**
**Audrey & Alison Kaufman**
**Sharon & Martin Kieffer**
**Rachel & Michael Klein**
**Inclusion Fund**
**Mobie & Boy Krescien**
**Linda & Steven Kolawa**
**Adina & Rabbi Malke Kauf**
**Karen & Brad Lehrman**
**David Lerner Cardiac Education Fund**
**Delores & Caryl Levin**
**Joan & Robert Levine**
**Maryam Lippay**
**Sam London Memorial**
**Athletic Field Fund**
**Lucie, LLP**
**Gail & Steve Machov**
**Marlene & Marshall Miller**
**Marlene & Thomas Moss**
**Nan Johnson-Lewis PA**
**Debra Oberman and Mark Ossman**
**Olson, Clough & LeBlanc, LTD**
**Barbara Ziman Penetulwitz**
**Indoor Outdoor Pool Fund**
**Bara Penpial**
**Ludmila Silvnikova**
**Danny & Norm Pink**
**Debra & Jani Kapp**
**Susan & Gary Kapp**
**Barbara Knecht**
**Ratner Jewel Supply Company**
**Jodi & Daniel Kessel**
**Beth Rodin**
**Shirley & Tom Sanders**
**Jamie & Jeffrey Schachtman**
**Andrea Scott and Joseph Schwarz**
**Yvonne & Chuck Selcer**
**Wendy & James Shear**
**Sarah & Robert Shrag**
**Brian Canor Memorial Fund**
**Marcia Ira & David Lerner**
**Sharon Zweigbaum**
**Kathy & Howard Zack**
**Zamansky Professional Association**
**Sharon Zweigbaum**

**$500-$999**

**Shein & Steve Abrams**
**Irom & Stuart Aldenberg**
**Kate Amundson and Dan Garland**
**Anonymous (2)**
**Carrie & Jerry Bader**
**Frank Bartnew**
**Jane Harris and Jeffrey Bassin**
**Judith Beeler and Jerry Waldman**
**Jane & Stephen Benowitz**
**Margo Berdiss**
**Carol & Michael Berdiss**
**Bernstein Global Wealth Management**
**Shirley & Marshall Beskof**
**Jack & Francis Beigen**
**ECC Endowment Fund**
**Susan & Ron Blum**
**Susan Chaffin and Dan Silvers**
**Mallory & Mark Crincucks**
**Clare & David Edelman**
**Michael J. Fishman Enhancement Fund**
**Linda & Robert Fulfer**
**Alvera Franzon**
**Jeffrey Frankman**
**Fredrickson & Byron, PA**
**Lori & Mark Fritz**
**Alexander “Sasha” Garon**
**Brian Canor Memorial Fund**
**Karen & Bruce Garshon**
**Ron & Alan Ginzberg**
**Debbie & Mark Goldstein**
**Bartlina & Maura Golokan**
**Esther Goldberg-Davies and**
**Rabbie Alexander Davies**
**Herb Goldberg**
**Audrey & Mase Goldberg**
**Marla & Michael Goldstein**
**Sally Gordon and Calum Benson**
**G4 Goldberg Family Scholarship Fund**
**Susan & Doug Goldberg**
**Melanie & Victor Greenstein**
**Judith & Jon Harris**
**Phylla Heilicher**
**Gary & Mark Herberg**
**Cynthia Hoffman**
**Roxana & Morris Horovitz**
**Susan & Michael Horovitz**
**Mindy Isaacs**
**Jewish Family and Children’s Service of Minneapolis**
**Kane Older Adult Scholarship Fund**
**Mitzi & Terry Kane**

**For more information and sponsorship opportunities, contact Tamar Fenton at tfenton@sabesjcc.org or (952) 381-3405. Register at sabesjcc.org**

**Proceeds support the JCC’s Programs and Scholarships for Children**

**2019 Annual Golf & Games Event and Community Dinner**

**Register today!**

**Golf Tournament Registration**

**11 AM**

**Lunch: 11:15 AM**

**Shooter Gun Start 12:30 PM**

**Games**

**Lunch with Mah Jongg, Canasta or Bridge in the clubhouse**

**Community Dinner**

**For more information and sponsorship opportunities, contact Tamar Fenton at tfenton@sabesjcc.org or (952) 381-3405. Register at sabesjcc.org**
Please note: names of donors are listed according to information received when pledges are made or donations arrive.

Please notify us of any errors at (952) 381-3514.

*We note the passing of these members of the JCC family that we are aware of.

Abram Plotkin
Paul & Fredda Pink
Deanna Phillips
Carol Peterson
Justin & Lynn Perl
Diane Pecoraro
Marilyn Paul
Thomas Paper
Charles & Marjorie Ostrov
Craig & Catherine Oskow
Myrna Orensten
Aliza Olenick
Charlotte Nudell
Joseph Novich
Jeffrey & Linda Noddle
Sally & Douglas Neverman
Patricia Neuman
Frederic Nemer
Judith Nathenson
Morton & Micki Naiman
Henry & Peggy Moller
Richard & Joy Morris
Jack & E. Morris
Dina Hoag
Gloria Merman
Morton & Hildi Nathan
Judith Nathan
Fred Nathan
Lee & Len Hendrickson
Patricia Neuman
Sally & Douglas Neverman
Jeffrey & Linda Noddle
Len Novak
Joseph Novich
Charlotte Nudell
Alisa Olenick
Michael & Susan Oren
Myrna Orensten
Aimee Oren
Michael & Richard Raymond
Helena Osagie
Craig & Catherine Oskow
Sue Offield
Charles & Marjorie Ostrov
Pat & Howard Palley
Richard Paier
Thomas Paper
Jonathan & Sue Parker
Con & Matt Patrick
Marilyn Paul
Diane Pericario
Judson & Lynn Perl
Carol Peterson
Deanna Phillips
Paul & Frieda Pink
Abram Plotkin
Polaris Industries Inc.
Button & Shirley Politzi
Rula & Hila Presar
Mary Powers
Ila Podshvilkov
Ellen & Stephen Poggen
Richard A. & Susan Prodan
Maya Puagchevsky
Tom Pratt
Jody & Fred Rapaport
Melia Reader
Rhoda Riehberg
Jordan Rich
Earl & Ellen Reiner
Yehula & Evan Ribnick
Gloria Rice
Susanne Rice
Mary Rice
Jeff & Wendy Ringer
Michal Stichlach and Keith Schubf
Karen Robinson & Linda Muller
Ann Robbie
Harry & Harriet Roschin
Michael & Diana Rosich
Pat & Ronald Rollins
Dan Rooney
Dorin Rose
Bar Rosen
Diane & Layne Rosen
Richard & Elaine Rosen
Martha & Tamera Rosenbaum
Brian & Samantha Rosenberg
Bruce & Leslie Rosenberg
Margot & Alex Rosenberg
Richard & Sandra Ross
Michael & Shari Rothman
Olivia Rothstein
Rodlyn Rubinstein
Sally Rubinstein
Dani Rubin
Harold & Elaine Rubin
Jane Rubin
Steve & Wendy Rubin
Barb & Allison Greenberg and
Barry Greenberg
Dorothy Rubin
Alan Rutnick
Lori & Andrew Rush
Marlene Rothman
Randy & Sheryl Rutnick
Oleg Ryaboy and
Nadia Macaboy
Ray Ryaboy and
Helena Macaboy-Ryaboy
Harold & Jackie Safford
Stephanie Sarantopoulos and
Robert Martin
Mark & Carl Satz
David Sauer
Douglas & Joan Saunt
Greg & Debra Saunt
Ruth Schiffrin
Susan & Joshua Schick
Abigail Schmid
Steven Schwartz
Brenda Todd Schwartzberg
David & Rosalyn Schwartzman
Joan & Jane Schwartzman
Christine Scott
David & Renee Segal
Shelley Segal
Lauren Seliskoff and Michael Nadel
Michael & Renee Setnick
Nancy Seiler
Amy Shapiro
Scott Bisaccamoni and Beth Shapiro
Bonnie Shapiro
Carole Shapiro
Dana Shapiro
Helen & Merton Shapiro
Mindy & Ralph Shapiro
Marla Shapiro
Carl & Jeff Shaw
David & Julie Sherman
Larraine & Sidney Sherman
Marina & Craig Shulakad
Myn Shuman
Irena Shwartz and John Wolpert
Rick & Helen Siegel
Steve & Laura Silber
Andrea Silberman
Sheldon & Melissa Silberman
Sara Silver
Perry & Loren Silverman
Susan Simon
Miriam & Gordon Singer
Hidden Singer
Harold Slavischer Youth Basketball Fund
Melanie Slotnick
David Smith
Nancy Smith
David Smith
Mark & Ana Snider
Sharon Snyder
Michelle Solomon
Rebecca Sonnenblick
Robert & Pattie Soskin
Daniel & Laura Spiller
Susan Spira
Gary Stark
Sandi & Stanley
Sandi & Stanley
Susan Stengel
Andrew Sternfeld & Randy Victor
Randall Steiman
Evan Stark
Lennard Stern
Irene Stieglitz
Bruce Stillman
Charles & Marilyn Stillman
William Stillfried & Julie Sneisky
Todd & Barb Striker
Judith Strick
Phyliss Sudit
Lauran & Bradley Sundick
Stephen & Karrie Swartz
Howard & Janet Tarr
Saul Taylor
Sandi Teichner
The Center for Developmental Psychopathology
Barbara Tilman
Aaron Tiltner
Bill & Sharon Tonedor
Frank & Toodle Treetman
The Trapin Family
Arthur Tsutzone
Jeff & Grace Tsutzone
Marc & Lisa Uem
Stefale Valentina
Judy & Jeff Victor
Teresa Victor
Melva Von Natzmer
Joel & Sharon Waaler
Robert Warshavsky
Guy Watkins
Susan Weinberg
Joan Weiner
Rabbi Aaron Weinswig
Sue Weinสวย
Janet & Luke Weinberg
Zaki Weiss
Larry Wetherell and Alice Oslen
Arden Weiss
Mindy Wieder
Andy & Carol Whitney
Ronald Wiederhoft
Rick & Carole Wiederhorn
Elisabeth & B.V. Wilcox
Seymour & Shlomit Wilkins
Karen & Alan Wininer
Sarah Wilf<br>breth<br>Brent & Debbie Wolff
David & Lisa Wolfe
Friedman Wolfson
Ranier & Samuel Wolfson
Harold Wolowitz
Bill & Rhianh Wolfberg
Zena Wood
Jen Xom<br>Scott & Shi Yanos<br>Stuart & Char Yellen
Jeremy Zacks
Ronald & Lynn Zamansky
All & Sue Zakowski
Larry & Honey Zeta
Ed & Diane Zeman
Penry & Mark Zemans
Stephen & Brian Ziff
Shirley Zimmerman
Danny & Dawn Zuber
Jack & Sylvia Zuber
Sarah & Bub Zuck
THANK YOU TO OUR SABES JCC LEGACY SOCIETY MEMBERS Anonymuos
Julie Burton
Shawn & Steve Leer
Gail & Houwe Maiten
Maria Civale
Rhea Lazer-Levin & David Levin
Nancy & Barry Lazer
Wendy & Colin Smith
Sharon Silberfeld
SUPPORT THE JCC WITH AN IRA CHARITABLE ROLLOVER GIFT A tax-wise way to give.

If you are 70.5 years of age or older, the IRS requires that you take an annual Required Minimum Distribution (RMD) from your tax-deferred retirement account. If you do not know that you can donate up to $100,000 of that distribution directly to the JCC tax free.

Using your RMD can be the perfect way to lower your taxes while supporting the JCC in a meaningful way.

Talk to your tax and investment professionals for advice.

The JCCs are the most visited Jewish organizations in the Twin Cities, each week bringing together thousands of people of all ages, backgrounds, abilities, needs, and interests to experience community.

To learn more about the JCC, please contact Tamar Fenton at tfenton@sabesjcc.org or (952) 381-3405.
Tribute Donations (July 1, 2018 – January 31, 2019)

ALEXANDER “SASHA” GARON MEMORIAL FUND
In memory of Alexander “Sasha” Garon
In memory of Harold Goldfine's mother
In memory of Howard Chasin's mother
In memory of Heriva Shapira
In memory of Howard Chasin's mother
In memory of Merle Shapira
In memory of Joseph Kane
In memory of Tom Kieffer
In memory of Leonard Leder
In memory of Michael Rose
In memory of Nicole Saxon
Reida Lazer-Chen and David Chen
In memory of Judy Meltzer-Freidson
Sandie Tischler
In memory of Leslie Gottlieb
Sharon Tapper
In memory of Lyda Botwinink
Mike Kahan
In memory of Marvin Sternberg
Merle Shapira
In memory of Mary Smith
Shirley Held
In memory of Michael Johnson
Lois Johnson
In memory of Nicole Saxon
Sharon Steinfield
In memory of Rebecca Glass' mother
In memory of Willis Moss
Layne & Dave Rosan
In memory of Zelman Shiff
Julie Skynik and William Striffler
BARBARA ZIMAN PENTELOVITCH INDOOR/OUDTOOR POOL FUND
In honor of Barbara Pentelovitch's grandmother
Vivian Fischer and Bill Pentelovitch
In honor of Wendy & Howard Bach
Alisa Bach
In memory of William Hendrix
In memory of Anne Hope
In memory of Michael Rose
In memory of Joseph Kane
In memory of David Shiff
Linda & David Estrin
Liz Kahan
Jackie & Harold Saddoff
Jennifer & Darran Spiller
The colleagues of Hesam Khabie
CAMP CLAMI
In memory of Joseph Kane
Matthew Kane
Mazel Tov to Lee Kaplan on his Bar Mitzvah
Tammy & Joseph Kaplan
CULTURAL ARTS
In memory of Rabin Awed and the Sabes JCC
Steve Baslie
In memory of Haski Karpaggi
Glora Karpaggi and Steven Savit
In memory of Penny Jacobs
Judith Green
DIANA CHAZIN LEVITT ENDOWMENT FUND
In memory of the birth of Bennekt Goldfine
In memory of Allen Spencer
In memory of Bernard Sherman
In memory of Yafe Shiffman
In memory of Joa Barr
In memory of Leonard Leder
In memory of Zelman Shiff
In memory of Zion Susan
Blum Rhinenthal and Stuart Chazin
EARLY CHILDHOOD CENTER
In honor of Deborah Talton’s new position
in the ECC
Elissa & Rafael Getsug
In memory of Harold Goldfine’s birthday
Susan & Mark Leder
In memory of David Khabie
Linda & David Estrin
Liz Kahan
Jackie & Harold Saddoff
Jennifer & Darran Spiller
The colleagues of Hesam Khabie
FRANK KIPERSTEIN HEARTWORKS FUND
In memory of Irene Stone Goldfine
Evan Stern
FRED RAPPAPORT CAMPSHIP FUND
In honor of the birth of Aria Shum Naevins
Sally & Rudi Rappaport
Gail Kalman
In memory of Mike Valenzano
Jane & Jonathan Corton
In memory of Mike Damian
Sandy & Jason Sondell
Mazel Tov to Jackie Garon and Rich Jones
Sue & Al Zelickson
Twin City Fan Companies, Ltd.
Sharron Steinfeldt
Rhoda Reighard
The Partners at Lurie, LLP
Deb & Mark Anfinson
Joni Abramson
In memory of Jerry Finkelstein
Carol Peterson
Isaac & Amitai Shanaeff
The Troup Family
THE J EVENT
In honor of Aaron Hope
In memory of Mae Herbert
Scott & Sheri Yarosh
In memory of Zelman Shiff
In memory of Mae Valenzano
Jane & Jonathan Corton
In memory of Mike Damian
Gail Kalman
TROUP FAMILY INCLUSION FUND
In honor of Linda Taylor’s Big Birthday
In honor of Stan Dobrin
In memory of four案子
In memory of Steve Finkelstein
In memory of Zelman Shiff
The Troup Family
TYCHMAN SHAPIRO GALLERY
In honor of Lou Kolb2
The members of the Let’s Paint and Draw Art Studio Class
YOUTH & TEENS
In honor of Anne Hope
In memory of Mae Herbert
Scott & Sheri Yarosh
In memory of Zelman Shiff
DEB & MARK ANFISON
Sue Ellen & Stuart Berlkin
The Center for Developmental Psychopathology
Raul & Brenda Frankstein
Raham & William Gamble
Reida Lazer-Chen and David Chen
The Partners at Lurie, LLP
Ellen & Stephen Prejler
Hinda Rehman
Wendy & Jeff Ringer
Sharon Steinfeldt
Twin City Fan Companies, Ltd.
Sharon & Joel Waller
Sue & Al Zelickson
Are you looking for a meaningful way to recognize the special moments or milestones in someone's life? Would you like to honor the memory of a friend or loved one? Making a Tribute Donation to the JCC is a perfect way to extend kindness and give Tzedakah at the same time.
Please remember the JCC when the occasion calls for a Tribute Donation,
givetothej.org

2018 J EVENT
In honor of Cindi & Harold Goldfine and Jeanne & Michael Silverman
Kristi Badger and Cary Swartz
Kerry & Scott Badger
David Bednar
Linda & Paul Benenson
Jane & Stephen Benenson
Stacy Pick & Brad Birnberg
Darlene & Larry Brauffman
Jane & David Broode
Bonnie & Herb Buckbinder
Marci & Mark Chemiack
Dave & Joan Chomian
Judith & Michael Emmons
Mike & Bill Folsom
Susan & Steven Fleman
Beverly Fitzgerald
Phyllis & Phil Gold
Marlene & Sanford Goldjess
Judy & Richard Spiegel
Judy & Lee Snitzer
Cari & Jeff Shaw
Merle Shapiro
Marilyn & Ralph Shapiro
Carol Shapiro
Jody & Fred Rappaport
Beth & Scott Puchel
Jody & Fred Rappaport
Lynn Blumenthal and Stuart Chazin
In memory of Zelmar Shrell
Layne & Dave Rosen
In memory of Wanda Moss
In memory of Rebecca Glass’ mother
In memory of Vivian Karpaggi
Glora Karpaggi and Steven Savit
In memory of Penny Jacobs
Judith Green
Carole & Martin Kaplan
Shirley & Arnold Kaplan
Carrie & Ralph Jacobson
Andrea & Steve Heifetz
Lisa & John Greenberg
Jess & Brent Gottlieb
Marlene & Sanford Goldberg
Judith & Jon Harris
Andrew & Steve Hefetz
Carrie & Ralph Jacobson
Margaret & Stanley Jaffy
Mary & Steven Kahn
Shirley & Arnold Kaplan
Carola & Martin Kaplan
Jane & Orrin Kirschbaum
Sandia Laskin
Arline & Zvi Lebovich
Deloris & Corkey Levin
Joan & Robert Levine
Beth & Sue & David Lipschutz
Heidi & Jonathan Liss
Mary & Robert Minsky
Diane & Michael Mitz
Leslie & Victor Neumark
North Second Street Steel Supply Inc.
Northpark Bank
Beth & Scott Puchel
Jody & Fred Rappaport
Renee & Michael Silvnick
Carol Shapiro
Emily & Carmel Shapiro
Marlyn & Ralph Shapiro
Merle Shapiro
Cari & Jeff Shaw
Dianne Siegel
Judy & Lee Snitzer
Judy & Richard Spiegel
Sharil Steinfield
Cass & Andrew Stillman
Tamar Fink, Inc.
James Tankersoff
Toodie & Frank Trestman
Victor Vladi
Kathy & Howard Zack
Bonnie & Alan Ziskin
Thanking Cindy Shapiro for chairing the J EVENT
Cindi & Harold Goldfine
In memory of: Lorraine Garon's 89th birthday
Lana & Michael Allen
Lisa & Robert Minsky
In memory of: Dr. William Hendrix
In memory of: Michael Rose
In memory of: Joseph Kane
In memory of: Travis Goldfine
In memory of: Haski Karpaggi
Glora Karpaggi & Steven Savit
In memory of: Penny Jacobs
Judith Green
In memory of: Nancy & Craig Cohn
In memory of: Linda & Chuck Beardslee
In memory of: Elize Rosenfeld
In memory of: Michael Rose
In memory of: David Zitarelli
In memory of: Howard Shabaki
In memory of: Michael Rose
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
In memory of: Zelman Shiff
Welcome to our new staff!

Deborah Taillon
ECC Assistant Director
Deborah comes to our ECC Leadership team with experience in Early Childhood Education ranging from classrooms, parental support and program coordination. Her desire to serve children and families is what led her to us. She has deep knowledge about how to support the child’s natural development and is dedicated to improving the lives of children. In her free time, Deborah is a practicing artist and enjoys fiber art and photography. She lives in West St. Paul with her husband and their three-year-old daughter.

Jonathan Gershberg
Twin Cities Jewish Cultural Arts Coordinator
Jonathan comes to us with a passion for Jewish cultural arts and experience as a producer, project manager, editor, and performer. He works at both the Sabes and St. Paul JCC’s in the new shared position that supports our mission to bring innovative and enriching Jewish cultural arts programming to the entire Twin Cities community.

Jory Kircher
Fitness Director
Jory has an extensive background in Health and Wellness and we are excited to welcome her to our JCC community. She comes from the YWCA Minneapolis where she has spent the last several years as General Manager of the Downtown location. Jory has a passion for Health and Wellness and is eager to start developing relationships with the JCC members and staff.

And, Then Some Award

This award, passed from staff to staff, is presented to someone who demonstrates that extra “something” that makes the J special!

Congratulations to Maggie Dries, this quarter’s AND, THEN SOME AWARD winner! Maggie has made an incredible impact at the JCC as a part of the Inclusion team. Her can-do attitude and positive outlook is infectious and appreciated. Thank you, Maggie, for all of your contributions to the JCC!

"Maggie is an amazing young adult who came to the JCC, recruited from her sign language class at Minnetonka High School, to Advocate for a Camp Olami child with a hearing impairment. Little did we know what an extraordinary Advocate she would become for children and adults with multiple and complex disabilities. She has risen above and beyond as an Assistant Inclusion Director, while at the same time maintaining a full course load at college, working for Sha’arim for Youth Darkaynu on Sundays, and providing support staffing for adults with disabilities on evenings and weekends. We are so fortunate that Maggie has had such an impact on the success of so many inclusion participants and their family members, as well as inclusion and JCC staff. We are so very proud of our Maggie.”

– Anita Lewis, Inclusion Director

THE JCC VALUES: MUTUAL RESPECT, PROGRAMMATIC EXCELLENCE & WELCOMING, AND, THEN SOME

SUNDAY, MAY 19
3–5 PM @ ST. PAUL JCC
Performances • Music • Exhibits • Demonstrations • Family Activities
Food Vendors • Artists’ Shuk • Tel Aviv Pool Party
Plus, an art activity led by Israeli artists from the Minneapolis/Rehovot Partnership2Gether!
FREE FOR ALL AGES

YOM HAZIKARON (Israeli Memorial Day)
TUESDAY, MAY 7 • 7 PM
An evening of remembering Israel’s fallen soldiers and victims of terrorism.
IN ST. PAUL: Temple of Aaron
IN MINNEAPOLIS: Beth El Synagogue

Proudly presented by St. Paul JCC, Sabes JCC, Minneapolis Jewish Federation and St. Paul Jewish Federation.

For more information, contact Tracey Agranoff at tagranoff@stpauljcc.org or 651 + 255 4759.

Deborah Taillon
ECC Assistant Director

Jonathan Gershberg
Twin Cities Jewish Cultural Arts Coordinator

Jory Kircher
Fitness Director

HAPPY 71ST BIRTHDAY, ISRAEL!
SABES JCC HOURS

MAIN ENTRANCE: MON – THURS 7:30 AM – 8:30 PM • FRI 7:30 AM – 6 PMM • SAT CLOSED • SUN CLOSED
FITNESS CENTER: MON – THURS 5:30 AM – 9 PM • FRI 5:30 AM – 6 PM • SAT 8 AM – 8 PM • SUN 8 AM – 8 PM

FOR HOLIDAY HOURS, PLEASE SEE SABESJCC.ORG

Register today!
sabesjccsummercamp.org