Over 35 children created magic with the Youth Performance Program’s production of Disney’s *Newsies*, a winning, high-energy musical that was a blast! The three performances each attracted a full audience as the cast showcased impressive choreography, lively songs, and excitement that was contagious. See more photos from the show on page 8.
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Sundown SEPT 29 TO Sundown OCT 1

Rosh Hashanah
(Jewish New Year)

Rosh Hashanah is a time for rejoicing and introspection, and marks the beginning of the High Holy Days. Between Rosh Hashanah and Yom Kippur, we contemplate our past, present and future actions and attempt to clean the slate so we may be inscribed in the Book of Life.

Sundown OCT 20 TO Sundown OCT 22

Shemini Atzeret
and Simchat Torah

Simchat Torah, an exuberant celebration, marks the completion of the annual cycle of reading the Torah (scroll containing the five books of Moses) and emphasizes gratitude for being given the Torah.

Sundown OCT 9

Sukkot
(Feast of Tabernacles)

Sukkot a 7-day festival of joyous celebration, is all about giving thanks for the autumn harvest and commemorating the 40 years Israelis spent wandering the desert after leaving slavery in Egypt.

Sundown OCT 22

Yom Kippur
Day of Atonement

Yom Kippur is the most solemn day of the Jewish year. Many Jews fast, refrain from work and attend synagogue services. It is a day set aside to atone for our sins and focus on how we will change in the coming year.

Sundown OCT 1

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Sundown OCT 1

Sundown OCT 9

Sundown OCT 22

Sundown OCT 1

Sundown OCT 9

Sundown OCT 22

Sundown OCT 1

Sundown OCT 9

Sundown OCT 22

COMMUNITY INFORMATION MEETINGS All are welcome.

SEPTEMBER 27
8:30 AM
St. Paul JCC

OCTOBER 3
5:30 PM
St. Paul JCC

OCTOBER 11
8:30 AM
Sabes JCC

OCTOBER 16
5:30 PM
Sabes JCC

MEMBERSHIP
We offer a variety of membership options for every walk of life. Whether you are an individual, couple, family or senior, we have a membership to fulfill your specific needs. For more information please contact our membership sales department at 952 + 381 3414.

ALREADY A MEMBER? Refer a friend to the JCC and earn one free month’s dues. Ask us for details.

RECIROCITY
St. Paul JCC + Sabes JCC = One JCC membership.

After a record-breaking and magical summer, we are now preparing for a busy fall with a wide range of programming. Our ECC is bursting at the seams with over 150 children. We have the most number of engaged teens that we have ever had through our NFTY & BBYD partnerships. Programming for seniors includes monthly breakfasts, seminars, movies matinees, swing dancing, dining, and more. Want to swim like a mermaid? Check out our wonderful aquatics programming this fall. Our inclusion programming ensures that everyone, no matter what their interests or abilities, has the same opportunities and choices to be engaged in our welcoming community. And, don’t miss out on their newest venture – chocolate chip challah! The Twin Cities Jewish Film Festival is a great success and we are preparing for the 11th annual Humor Fest. Last, but not least, we are gearing up for our 2nd annual Indoor Triathlon for all abilities and ages. Hey, I’m looking for a team. Want to join me? Wishing you a Shana Tova!

Danya Kornblum

People of all ages, abilities, and backgrounds rely on the JCC for reasons big and small. They look to us to connect with others, to support their health and wellness, and to experience the joys of a welcoming and inclusive community. The JCCs have played a role in our community for more than 100 years. And, it is our job to build upon that legacy.

Over the past several years, the Sabes JCC and St. Paul JCCs have worked together in a number of areas to great success, including our Film festival, the annual benefit, cultural arts programming, and more. To build upon that collaboration, a steering committee comprised of leaders from the Minneapolis and St. Paul communities, has been formed to develop a vision for the future and the best path forward to accomplish that shared vision.

For the past six months, this dedicated group of community leaders have been exploring and assessing the possibility of a Twin Cities JCC with multiple campuses. Their work is quantitative and forward-thinking, and is evaluated using critical objectivity. Most importantly, the work is simple yet powerful: to lay the foundation for a strong, stable and unified Twin Cities Jewish community for years to come.

This fall you will be invited to attend community information meetings to hear first-hand the findings of the steering committee and next steps. We are excited about what the future holds and how we can more holistically and impactfully serve our members, guests, and the broader Twin Cities Jewish community now and in the future.

Wishing you a happy and healthy new year.
Six Weeks to Pre-K

Where educational excellence, imagination, and creativity are inspired by Jewish values and culture.

From the cuddling of your infant to preparing your child for kindergarten, our early childhood center meets each individual child’s emotional, social, cognitive, physical, spiritual, and cultural needs as they grow. Plus, your child will have access to the resources only available here at the J – swimming lessons, cultural arts programs, kid fitness, and exposure to our diverse community!

Unique programming makes our ECC special!

Our ECC children enjoy a variety of engaging, hands-on enrichment opportunities. Our partnerships with ARTrageous Adventures, Como Zoo, MacPhail Center for Music, Science Explorers, and more, add to the richness of the ECC experience. Plus, being a part of the JCC provides our children the chance to engage in the community of our diverse campus.

SWIMMING LESSONS
Toddler, preschool, and pre-K children learn to swim in a fun, safe, and positive environment. We are proud to be one of the only preschools in the state to include swim lessons in the price of tuition.

MUSIC
Our ECC Music Specialist builds a love of music through singing, dancing, and movement while developing a sense of joy for Jewish holidays and values.

HEBREW
Pre-K and preschool children have an opportunity to learn Hebrew through hands-on activities and music. In addition to our specialists, we offer additional opportunities led by our teachers, many of whom have creative specialties and talents of their own.

ARTRAGEOUS ADVENTURES
A full range of visual arts, dramatic play, music, and storytelling in a creative space to build social and motor skills.

PLUS...
Our children have the chance to discover new concepts, learn new skills, and have fun in these unique enrichment classes this Fall:

- SCIENCE EXPLORERS
- ARTRAGEOUS
- SOCCER SHOTS
- ENSEMBLE MUSIC
- WESTWOOD HILLS NATURE

“We’ve been part of the ECC for four years, with our youngest almost ready to transition to the Toddler Program. We are so thankful for the warmth and compassion our family has received over the years. Many of the teachers have become like family.” – ECC parent

The ECC Journey

Infant → Toddler → Pre School → Pre-K → Graduation

CONTACTS

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Deborah Taillon
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dtaillon@sabesjcc.org

Brett Thominutt
Administrative Organizer
952 + 381 3455
bthominutt@sabesjcc.org
Creating memories, learning new skills, being active, and making friends is what our youth programs are all about! Whether you want to be physically active or have your theatrical debut, the J provides the opportunity to discover who you are and what you want to achieve.

**KARATE**  
**AGES 6 – 15**  
**MONTHLY ONGOING SESSIONS**  
**SUNDAYS 12:15–1 PM**  
Learn the ancient martial art of Tae Kwon Do style karate and advance through the belt levels at your own pace. This exciting class teaches kid-friendly karate basics, self-defense, and self-discipline.

**BATON TWIRLING**  
**AGES 5-18**  
**MONTHLY ONGOING SESSIONS**  
**TUESDAYS 4:15–5:15 PM**  
Impress your friends... and maybe even yourself! You will learn hand/eye coordination, team work, individual goal setting & achieving, physical fitness, and sportsmanship.

**SEPTEMBER IS THE START OF A NEW SCOUTING YEAR!**  
Scouting is about adventure, friendship, character, building leadership, and so much more. It’s fun, hands-on learning and achievement that puts kids in the middle of the action and prepares them for today – and for life.

**Scouting to Learn, Lead and Have Fun!**  
**SEPTEMBER 19, 7–8 PM • GRADES K–5**  
Join Cub Scouts at School Night, hosted by Benilde St. Margaret at the Sabes JCC.  
Contact Cubmaster Kelly at cubscoutpack379slp@gmail.com for more information.

**Scouts BSA**  
**BOYS & GIRLS • GRADES 6–12**  
No previous scouting experience necessary. Sabes JCC sponsors two troops:

- **BOYS TROOP 3738**  
**TUESDAYS, 7PM • JCC CAFETERIA**  
Drop in on a meeting or contact Scoutmaster Keller at scoutmaster3738@gmail.com for more information.

- **GIRLS TROOP 5738**  
**TUESDAYS, 7:15PM • JCC ACTIVITY CENTER**  
Drop in on a meeting or contact Scoutmaster Walberg at scoutmaster5738@gmail.com for more information.

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**CONGRATULATIONS ECC GRADUATES!**  
**CLASS OF 2018–19**

Felix Bohmann  
Taylor Brandt  
Annika Brosam  
Summer Cho  
Sophia Cinard  
Elle Dolphin  
Noah Engler  
Alyssa Frias  
Mattan Golberstein  
Louie Horovitz  
Rocky Kaplan  
Tessa Kenney  
Amira Ludomirsky  
Teddy Marsh  
Connor McNamara  
Nya Myhre  
Mercer Olson  
Stella Paar  
Hank Palmgren  
Xander Patrick  
Esther Resnick-Schwarz  
Finn Roberts  
Luca Saucedo  
Emily Schwarz  
Eric Schwarz  
Scott Shaffer  
Kai Shemesh  
Freya Skoglund  
Nora Smith  
Ezra Stair  
Elliott Thies  
Milo Williams  
Nessa Wolpert  

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**A NEW PARTNERSHIP BETWEEN SABES JCC & 43 HOOPS**

**SAVE THE DATE!**

**YOUTH BASKETBALL LEAGUE**  
**NOVEMBER 10–FEBRUARY 9**  
**GRADES K–6**  
$165 • $145 Member Value Price  
Learn skills to become an effective player at both ends of the court. Refine ball handling and shooting skills, and learn the fundamentals of defense and rebounding. Participants will play in a structured 5-on-5 league format emphasizing teamwork, sportsmanship, and competitive play. Under the professional training staff of 43 Hoops Basketball Academy.

---

**CONTACTS**

- Erin Waller  
  Director  
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  ewaller@sabesjcc.org

- Deborah Taillon  
  Assistant Director  
  952 + 381 3435  
  dtaillon@sabesjcc.org

- Brett Thominutt  
  Administrative Organizer  
  952 + 381 3455  
  bthominutt@sabesjcc.org

- Allie Greenstein  
  Director of Youth and Camping  
  952 + 381 3308  
  agreenstein@sabesjcc.org
BBYO

Are you interested in fun, inclusive, affordable and meaningful Jewish experiences? BBYO provides social and cultural programming, leadership development and opportunities to gain Jewish connections and pride. If you are in grades 9–12, you are eligible to join BBYO North Star Council, the fastest growing BBYO Council in the country! For more information about upcoming events, contact Max Hendrix.

BBYO INTERNATIONAL CONVENTION

FEBRUARY 13–17 • DALLAS, TX

REGISTRATION NIGHT

SEPTEMBER 26 @ THE SABES JCC

Join over 3000 Jewish teens from over 50 countries for a weekend you won’t forget. BBYO International Convention is taking place in Dallas, TX this year. Registration will launch on September 26 and the event fills quickly!

BBYO MID AMERICA REGION

Join teens from Omaha, Kansas City, St Louis, and the Twin Cities for a fun weekend celebrating our Jewish community!

FALL REGIONAL CONVENTION

OCTOBER 18-20 • ST. LOUIS, MO

WINTER REGIONAL CONVENTION

JANUARY 17-19 • OMAHA, NE

NFTY NORTHERN

Want to be involved in a Reform Jewish teen movement that values Tikkun Olam and lifelong friendship? NFTY Northern is a collection of Reform Jewish teens from the upper Midwest, that gathers for weekend events and other fun programming.

FALL KALLAH

OCTOBER 11–13

Twin Cities Reform teens join us at Camp Teko to celebrate Hanukkah with winter games and fun!

Whether you’re interested in an existing program or starting something new, reach out to Teen Director, Max Hendrix. Meet him for coffee and hear about how we can make Jewish connections accessible to the next group of amazing teen leaders!

The Sabes JCC Youth Performance Program presents:

HAROLD & THE PURPLE CRAYON

Adapted and Directed by Anthony & Haley Sisler-Neuman

“But, luckily, he kept his wits and his purple crayon.”

Join YPP for the brand new adaptation of Harold and the Purple Crayon which will include movement, original music, puppetry, and a youth created video projection. Help us re-tell the classic Crockett Johnson story of Harold, the curious four-year-old who, with his purple crayon, has the power to create a world of his own simply by drawing it.

For more info, contact Allie Greenstein.

REHEARSALS BEGIN IN OCTOBER Dates coming soon!

SUNDAYS 1–4 PM AND WEDNESDAY OR THURSDAY 4:30–6:30PM

All participants are required to attend the mandatory tech rehearsals: December 8 (1–4 PM) and December 14 (4–6:30 PM)

$225 • $185 MEMBER VALUE PRICE

PERFORMANCES:

THURSDAY, DECEMBER 12 • 7 PM / SATURDAY, DECEMBER 14 • 7 PM / SUNDAY, DECEMBER 15 • 2 PM

TICKETS: $5

NEWSIES – Our Summer 2019 Musical!

Based on true events, Newsies tells the story of how the working children of New York City led a campaign to force change. “I hope that this amazing cast will always remember that they can also be a leader and change history for the better!” – Director, Anthony Sisler-Neuman


CONTACTS

Allie Greenstein
Director of Youth and Camping
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agreenstein@sabesjcc.org

Maxwell Hendrix
Teen/BBYO/NFTY Director
952 + 381 3495
mhendrix@sabesjcc.org

CONTACTS
Working as an advocate has taught me patience, flexibility, and what it means to work as a team and be so wholeheartedly supported. Being an advocate isn’t a job, it’s a passion.

– Sophie Zayden

Working alongside these incredible kids at the JCC has really taught me to have a worldview of inclusion wherever I go. I now see every person as someone who is capable of anything, no matter how they are perceived by the rest of the world. Working with these kids has taught me so much about myself and brings me pure joy.

– Nathan Mortensen

This work has ignited my passion for working with diverse and differently abled populations, specifically kids. I not only feel a deep passion, but because I have been trusted to work hands on, one-to-one, with different campers, I feel competent in my skills and optimistic in my future.

– Ellery Deschamps

Thank you to our 2019 summer camp advocates. You have truly transformed lives!

Back row: Rachel Hinton, Sophie Worrell, Nathan Mortensen, Leah McNeil, Emily Laudenbach, Maggie Dries (Assistant Inclusion Director), Sam Herman

Middle row: Allison Levin, Ellery Deschamps, Sophie Zayden, Nechama Yardley

Front: Ethan Kinsley, Jack Kohen, Max Seffren

Our Unsung Heroes:
JCC Summer Camp Advocates

For families of children with special needs, summer recreational choices are significantly limited and typically segregate children with disabilities.

Alternatively, Camp Olami provides children the opportunity to attend summer camp and participate in the same activities and have the same opportunities as everyone else, creating a unique, shared experience for all.

But none of that would be possible without the support of our trained advocates, who quietly and discreetly provide one-to-one assistance and support, allowing a camper with special needs to integrate into activities and programs to the maximum degree of involvement possible. Each day, this dedicated group of individuals spend their day adapting and creating an environment that allows their campers to have new experiences, become more independent, and to make new friends.

“What makes these individuals so special,” said Inclusion Director, Anita Lewis, “is that they work silently, so their kids don’t stick out, never drawing attention to themselves. And, their ultimate goal is to work themselves out of a job by helping campers to become independent!”

Thank you to our 2019 summer camp advocates. You have truly transformed lives!

Allie Greenstein
Director of Youth and Camping
952 + 381 3308
agreenstein@sabesjcc.org

Anita Lewis
Inclusion Director
952 + 381 3489
alewis@sabesjcc.org

Maggie Dries
Assistant Inclusion Director
952 + 381 3456
mdries@sabesjcc.org

Thanks for making 2019 the best summer ever!
Our inclusion philosophy is woven into the fabric of each and every department at the J. We work to build community where everyone acknowledges and respects people’s differences, while celebrating our inherent uniqueness and individual gifts. We strive to include everyone of all abilities and ages in our programs.

### Early Childhood
Direct support for early-aged children, training in inclusive classroom practices for staff, and additional resources for parents/families.

### Children & Youth
Resources for families, staff development, and trained advocates to support children attending day camps, after-school, sports, and cultural arts programs.

### Enrichment
Adapted group classes such as Drums Alive, Tikkun Olam, art, theater, gardening, friendship classes, flower arranging, and volunteer programs that provide meaningful opportunities in our community.

### Support
Monthly support group for parents and caregivers of children and young adults with special needs, as well as informative seminars on a variety of topics.

### Health & Wellness
One-to-one personal and group training tailored to the unique needs of adults with developmental disabilities in the inclusive setting of the JCC’s Fitness Center.

### Education
in collaboration with Sha’arim
Ongoing meaningful educational and social Jewish community programs designed to meet the specific needs of Jewish children & adults with disabilities to foster a feeling of connection to each other and to being Jewish.

The Inclusion Program is made possible through the generosity of the Toodie and Frank Trestman Special Needs Collaborative Education Endowment Fund, a designated fund of the Jewish Community Foundation of the Minneapolis Jewish Federation, the Numero-Steinfeldt Foundation Endowment for the Jewish Community Center Inclusion Program, Lynne and Andy Redleaf, and with support of private, designated funds and foundation donors.

### Inclusion
Our Challah Baking Program provides adults with disabilities the opportunity to acquire job specific skills, as well as social and independent living skills.

<table>
<thead>
<tr>
<th>Flavor</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plain &amp; Seeded</td>
<td>$4.00</td>
</tr>
<tr>
<td>Raisin</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chocolate Chip</td>
<td>$4.50</td>
</tr>
<tr>
<td>Knots (2)</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

Challah is Kosher, Parve and also available egg-free. Pre-order forms can be found at sabesjcc.org on the Inclusion page.

“Inclusion is not a gesture of welcome to one who looks, thinks or behaves like you, but to one who dreams, dares and loves like we do.” — Rabbi Adina Lewittes, founder of Sha’er Communities
GROUP EXERCISE
Free with your JCC membership! The Sabes JCC Fitness Center has four studios dedicated to group exercise offerings. Our instructors set a pace to guarantee focus and dedication to supportive fitness practices. We offer innovative workouts for all fitness levels including free-form dance, restorative, strength, mobility, martial arts, and high intensity options to prevent burnout from your everyday exercise routine.

- Cycling
- Zumba
- Lift n’ Pump
- Xabreat
- Water Exercise
- Gentle Tai Chi
- Pilates methods
- Stretch
- Barre
- Yoga
- Sababa
- And more!

PERSONAL TRAINING
PRIVATE TRAINING (1 HOUR OR 30 MIN SESSIONS)
One-on-one training designed specifically for you to identify individual postural and movement needs, keeping you on track to achieving your goals.

PARTNER TRAINING (1 HOUR, 2 PEOPLE)
Train with a friend or significant other! Partner training has been proven to increase commitment to a fitness regimen.

SMALL GROUP TRAINING (1 HOUR, 3–6 PEOPLE)
Work out with friends, co-workers, or meet someone new! Take advantage of a trainer’s expertise and still receive personal coaching and individualized workouts at a lower financial investment.

SPORTS & RECREATION
Pickleball
TUESDAYS • 10 AM–NOON
THURSDAYS • 10 AM–NOON & 5:30–7:30 PM
$2 (MEMBERS FREE)
A combination of Ping-Pong, tennis, and badminton for all ages and athletic abilities. Stop by and play!

Pick-up Basketball
TUESDAYS • NOON–1:25 PM
FRIDAYS • 11:30 AM–1:10 PM
SUNDAYS • 9 AM–NOON
Drop in for a fun and competitive workout and become part of the action!

Fall/Winter Basketball Leagues
Adult Women’s: OCT 29–JAN 14
Adult Men’s: OCT 30–JAN 15
Play competitive basketball! Seven weeks of regular season with two weeks of single elimination tournaments. Games are 40 mins long (20 min. halves).

For more information or to register, contact Lauri Ludeman.

Specialty Training
New this Fall with Rachel Fager!

Swing Dance
BEGINNER/FOUNDATION (FOR NON-DANCERS)
Learn to swing dance in this four-week beginner class that teaches the foundation of swing that makes this historic jazz dance fun and social. Start from ground zero and take it step by step, so that even the rhythmically-challenged can gain the confidence to step out on the dance floor!

INTERMEDIATE
Ready for more? Intermediate Swing class will spice up your swing! Once the Foundation is in place, jump into intermediate sequences and moves. The perfect blend of challenging and fun that will keep you coming back for more!

Questions?
One of the first faces that you see when you walk in the front door of the Sabes JCC is David Lissauer, Membership Sales Specialist. David has been with our membership team since 2018, but has been a fixture around the JCC for many years as his children are graduates of the ECC and now attend Camp Olami. Feel free to pop in if you have a question or just to say hi!

Tri Training Series Success!
The Sabes JCC Tri Training Series participants completed an amazing Tri season. The group met with trainer, Jennifer Wetteland, for sixteen weeks to work on swimming, biking, running, mobility, and strength training to prepare for the triathlon season. All participants competed in the Women’s Triathlon at Lake Nokomis in August. Mazel Tov on a successful Triathlon!
The Sabes JCC is a participating center for Silver & Fit. Silver Sneakers and other Medicare supplement programs. These premier fitness programs are provided at no cost by most health plans. What a perfect way to be part of the JCC community, exercise regularly, enjoy social events and meet new people.

For more information please contact Irit Vinitsky.

HEALTH & WELLNESS 60+

FITNESS CLASSES

We all know that regular exercise helps boost energy, maintain your independence, and manage symptoms of illness or pain. We offer a wide range of classes designed specifically for adults of all fitness levels or needs, to improve balance, increase mobility, build strength, and have fun! Our group fitness classes are free for members or $10/day with a guess pass. For specific days and times, please visit sabesjcc.org

STRETCH

Stretch all major muscle groups from head to toe.

BETTER BALANCE AND MOBILITY

Improve balance and stay flexible.

FOREVER FIT STRENGTH

Use chairs to provide support while doing exercises to improve strength. Ideal for those who have a hard time on the floor.

FOREVER FIT YOGA

Improve balance, flexibility, and strength. Chairs and rails are used to provide support.

SILVER SNEAKERS® CLASSIC

Have fun and move to the music through exercises designed to increase muscular strength. A chair is used for support.

GENTLE YOGA

Elements of both Yin (holding postures for longer) and Restorative Yoga (active therapeutic relaxation).

DANCE!

High energy instructors, motivating music, and choreography allow you to dance away stress, calories, and fatigue.

WATER EXERCISE

Shallow and/or deep water moves help improve agility, flexibility, and endurance.

PICKLEBALL

A great way to get some exercise! See page 14 for more details.

FREE PICKLEBALL WORKSHOP! FRIDAY, NOVEMBER 1 • 2-4 PM IN THE GYM

Fun, social, and good for you. Pickleball is becoming a world-wide phenomenon! Hosted by internationally-ranked pickleball player and sought-after instructor, Jim Cohen, who has competed and taught pickleball around the world. Open to all ages and levels. Contact Jory Kircher for more info. Learn more about Jim at spiritofthehummingbird.com

FREE HEARING SCREENINGS

Chears Audiology will conduct hearing screenings every Monday.

DANCES AND DETAILS COMING

WATCH FOR MORE EXCITING PROGRAMS TO COME. Visit the senior page at sabesjcc.org for up-to-date information on new programs, speakers, and activities.

SENIORS

Whether it’s through recreation, fitness, art, education, history programs, special events, senior dining, parties or more, the Sabes JCC offers a wide variety of programs that make the JCC your home-away-from-home. Everyone is welcome!

SENIOR DINING

MONDAY, WEDNESDAY, FRIDAY
11:30 AM – 12:30 PM
$3 MON, WED; $5 FRI

FREE MATINEE MONDAYS

SHOW TIME: 12:30 PM
ON SELECT MONDAYS
Join us for free movies and popcorn at the Sabes JCC Theater. Bring your friends and enjoy a wide variety of films. Movie flyers are located at the JCC, on our website, and in our monthly calendar.

AAA DRIVER IMPROVEMENT

• 8-hr class for first time students
• 4-hr refresher for repeat students

OLLI CLASSES

The Other Lifelong Learning Institute (OLLI), an affiliate program of the University of Minnesota College of Continuing Education, is run entirely by volunteers. Programs focus on active learning in dynamic and respectful environments. No tests, no pre-requisites – this is learning just for the joy of it! Stay tuned for a list of upcoming classes. To register, visit sabesjcc.org or contact Irit Vinitsky.

A Special Visitor!

BROADWAY TOURING STAR, AARON LAZAR

On the road for the summer with the touring Broadway show, Dear Evan Hansen. Aaron Lazar, who played Larry Murphy, contacted the JCC in search of finding a bit of community while in Minneapolis. During his time at the J, he delighted seniors and staff, providing a Q & A about his background, what life is like to be a professional performer, and past shows that he’s been a part of. He entertained the crowd with a singing performance, accompanied on the piano by Sam Vinitsky. He also spent the afternoon with the Inclusion group making challah, which was then baked and delivered to his cast and crew to enjoy. “Shabbat Shalom! Thanks for helping to make my time in Minneapolis truly special. You’re wonderful people doing wonderful things at the JCC. I will miss you all!” – Aaron Lazar
People of all ages, abilities, and backgrounds rely on the JCC for reasons big and small. Many depend on us for programs and services that truly change their lives.

Here is Gabe’s story.

Camp is a place where many kids begin to clearly assert their independence. Away from parents and family, camp provides a space where they have more freedom than usual to shape their own experiences. For many, going to camp is just a typical part of being a kid, requiring packing their bags and maybe overcoming some homesickness and separation anxiety. For some, it requires a bit more prep to manage some moderate special needs. And for others with more significant special needs that involve ADLs (activities of daily living), developmental skill delays, and behavioral differences, it requires a lot more effort and a camp staff with more experience, capabilities, and commitment to inclusivity.

Nine-year-old Gabe wanted nothing more than to be independent and to have the same opportunities and choices as the other kids around him. This summer, Gabe declared that he wanted to go on a five-day overnight trip to Wolf Ridge with his peers at Camp Olami. For most kids, this adventure would bring new challenges. For Gabe, this would truly be an experience like no other.

When his mom approached the JCC, she anticipated obstacles. She anticipated skepticism. Instead, the JCC developed a plan and worked with Gabe to prepare him. This even included a one-night overnight trial run at the J. Gabe’s mom had faith that the JCC would create the safe and supportive environment for him to exert his independence and share his hopes, like his typical peers. The result was an incredible, growth-producing experience that enhanced Gabe’s self-confidence and set him up for more successes and a willingness to tackle new challenges in the future.

The JCC is a magical place where children and adults with special needs learn, grow, and make choices that impact their own lives and the lives of everyone around them. The JCC breaks down barriers so that everyone can experience the joy of a welcoming community infused with Jewish values and a can-do spirit. Gabe is among hundreds of children and adults whose lives are enriched every year because of the JCC.

We must raise $1 Million in charitable gifts each year to serve our community and to provide scholarships to those in need. We can’t do it without you. Please make your gift to our Annual Fund Drive today, givetothej.org
We offer swim lessons for all ages and abilities, with emphasis on confidence, personal safety, swimming skills, endurance, and social skills. Choose the appropriate level based on swimming experience. Swim assessments available upon request.

SESSION 6: OCTOBER 26–DECEMBER 15 | SESSION 7: JANUARY 4–FEBRUARY 22
$111 • $84 MEMBER VALUE PRICE

PARENT-CHILD CLASS: WATER BABIES
AGES 6 MONTHS–3 YEARS
Through a range of activities, children are introduced to the water and taught basic safety of being in and around the pool. Parents must be in the water and children must wear a reusable swim diaper for this class.

LEVEL 1: BUBBLES
AGE 2.5+
Swimmers will become comfortable getting their faces in the water without goggles and exhaling underwater repeatedly. Previous Water Wigglers should register for Level 1 Bubbles.

LEVEL 2: FLOATING
AGE 3+
Swimmers will work towards floating and gliding independently on both front and back, proper body position as well as rolling over, back floating, and calling for help as a safety skill. Children previously enrolled in Frogs should register for Level 2.

LEVEL 3: KICKING
AGE 3+
Swimmers will learn how to position their bodies in the most efficient way and to propel themselves with a strong kick. Goal: 15 feet of kicking on both the front and back. Children previously enrolled in Puffers should register for Level 3.

LEVEL 4: CRAWL STROKE
AGE 3+
Swimmers will incorporate kicking with the legs and paddling with the arms to generate forward movement using a combination of sculling, crawl arms, and side-gliding kicking. Children previously enrolled in Gobies should enroll for Level 5.

LEVEL 5: FREESTYLE
Swimmers will practice the crawl stroke on the front with breathing and be introduced to the crawl stroke on the back. Children previously enrolled in Stingrays or Tiger Barbs should register for Level 5.

LEVEL 6: BACKSTROKE
Swimmers will continue to work on the freestyle stroke and learn backstroke, treading water, and diving. Children previously enrolled in Seals should register for Level 6.

LEVEL 7: BREASTSTROKE & BUTTERFLY
Using various drills, swimmers will add breaststroke and butterfly stroke to their skill set. Children previously enrolled in Dolphins or Sharks should register for Level 7.

LEVEL 8: TURNS
Develop and refine bilateral breathing with freestyles and learn how to complete legal competitive turns for all four strokes.

LEVEL 9: LIFETIME STROKES
Swimmers will learn the techniques, interval work & pacing.

LEVEL 10: INDIVIDUAL MEDLEY
Swimmers will continue to work on all strokes.

PRIVATE & SEMI-PRIVATE LESSONS ARE AVAILABLE YEAR-ROUND FOR ALL AGES, INCLUDING ADULTS

COACH & TRAIN
TUESDAYS & THURSDAYS 6–7 PM
Whether you are a recreational swimmer, an experienced competitive veteran, or a triathlete, we have something for everyone. Swim all four strokes, practice open water techniques, interval work & pacing.

FREESTYLE TECHNIQUE WORKSHOP
For the swimmer who can successfully swim 50 yards, but wants to improve their freestyle stroke to build growth and strength. Break down your stroke into the basics of balance, streamline, breath, and stroke polish. For class dates and free trial classes, visit sabesjc.org.

SENSORY-FRIENDLY SWIM TIME
A once-a-month, swimming session with a modified, calmer, sensory friendly environment for those with autism and other special needs. The music is turned off; whistles are not used within the vicinity of the pool, and staff are trained to understand the special needs of children and families. The space is welcome to everyone at the time, with adjustments to make it a safe and calm place for everyone.

THEMED POOL PARTIES
Join us for themed pool parties* just for kids! Parties start with 30 minutes of instruction, followed by one hour of organized play time in the pool. Themes cover various topics like water safety, diving, movies, mermaids, and much more! *excludes Dive-In Movies

MERMAID SWIM CLASS
Mermaids-in-training start with basic swimming skills before transitioning into the monofin. Trained mermaid instructors teach safe fin use and proper breathing while incorporating movement skills, fitness, pool entries and exits, dolphin dives, spins, turns and of course, mermaid games! For more information and prerequisites, visit sabesjc.org.

Have your birthday party at the pool!
• Fun & games, and use of pool toys
• Party area to enjoy food, drinks, and cake
• Parties include up to 10 children
• Additional guest fee of $5 per person
• Hosts provide their own decorations, cake, refreshments, etc.
• Parties can be held indoors or outdoors depending on the date.
• Assistance provided with set-up and clean-up; storage for food, drinks, and cake.

For more help, additional services or to book a party, contact Mikaela Bagley.

CONTACTS

Mikaela Bagley
Aquatics Director
952 • 381 3422
mbagley@sabesjcc.org

AMERICAN RED CROSS
FIRST AID & CPR/AED
$75
Learn how to respond to common first aid and cardiac & breathing emergencies. Learn the use of automated external defibrillators (AED) and how to handle burns, cuts, head/neck/back injuries and more. Adult and pediatric courses available. Minimum class size: 6

LIFEGUARDING
$225
Through videos, group discussions and hands-on practice, learn teamwork, rescue & surveillance, First Aid & CPR/AED, and other skills needed to work as a professional lifeguard. Successful completion earns a two-year certification in Lifeguarding that includes a first aid, professional-level CPR & AED, all-in-one certificate. Must be 15 years of age by the last day of class. Minimum class size: 6

COACH & TRAIN
TUESDAYS & THURSDAYS 6–7 PM
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For more help, additional services or to book a party, contact Mikaela Bagley.
The arts can open new ways of seeing the world, spark our imaginations and allow us to connect with ideas and concepts through a uniquely creative, Jewish lens. We are dedicated to engaging the community in the exploration of Jewish identity and culture through film, performance, theater, visual arts, and music.

Audio Description:
The audio is about the Jewish Cultural Arts Department and features various events and films. It includes information on the season, post-fest films, and the 25th Anniversary. It also mentions the celebration of a 25-year anniversary and the role of humor in the world. The audio highlights the Jewish contribution to the world of humor and features stand-up comedy, improv, storytelling, film, visual art exhibitions, and more.
CULTURAL ARTS

SABES & ST. PAUL JCC GALLERIES

JUDAISM, ART & SCIENCE INTERWOVEN
Featuring 36 new works by six participants in the Partnership2Gether Artist Exchange Program with Israel.

SEPTMBER 9 – OCTOBER 27

RELATED EVENT

PANEL DISCUSSION & RECEPTION
SEPTEMBER 12 - 6:30 PM, PANEL DISCUSSION AT 6:30 PM
SABES JCC

Local artists, with video highlights from Israeli artist participants, will be discussing the impact of this artist exchange and how this process has affected their personal work and their connection to one another.

Partnership2Gether (P2G) is a collaboration between the community of Minneapolis and Rehovot, Israel where new relationships are formed by connecting through different platforms. This artist exchange engages artists from both communities as they work together throughout the year creating art work and participating in discussions on Israel, Jewish Identity and Peoplehood through their own art creations and Jewish texts.

The theme, Judaism, Art & Science Interwoven, was chosen to reflect the shared focus and integration of science within each city. The approach is Re-Art where each artist modifies another’s work, adapting and re-interpreting each of the pieces, creating a new work of art.

Artists include: Linda Passon-McNally, David Sherman, Cathy Tobias, Pazit Assouline, Anatt Friedman, and Roni Schechber, as well as select 2018–19 P2G alumni.

A partnership between The Israel Center of the Minneapolis Jewish Federation, The Jewish Agency, Municipality of Rehovot, Rimon: The Minnesota Jewish Arts Council and Sabes JCC.

SABES JCC GALLERY

NEW WORK BY LET’S PAINT & DRAW ART STUDIO

NOVEMBER 14 – DECEMBER 20

RELATED EVENT

ARTISTS RECEPTION
NOVEMBER 14 - 6–7:30 PM

You are invited to mingle and get to know the artists from the Let’s Paint & Draw Art Studio. Come ready to be inspired!

This exhibit features new works created by the participants of the Sabes JCC’s Let’s Paint & Draw Art Studio. Each Monday, dedicated artists come together to paint and draw. This exhibit celebrates their talent, artistic diversity, and the new works created during their time together. Led by artist and instructor Lou Kotlarz. Lou is a local artist with extensive training in various schools of classical realism. Kotlarz specializes in Figurative, portrait, landscape, and still life.

SABES & ST. PAUL JCC GALLERIES

JUDAISM, ART & SCIENCE INTERWOVEN
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Related Event

Panel Discussion & Reception
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A partnership between The Israel Center of the Minneapolis Jewish Federation, The Jewish Agency, Municipality of Rehovot, Rimon: The Minnesota Jewish Arts Council and Sabes JCC.

SABES JCC GALLERY

New Work by Let’s Paint & Draw Art Studio

November 14 – December 20

Related Event

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Contacts

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rawend@sabesjcc.org

Jonathan Gershberg
Twin Cities Jewish Cultural Arts Coordinator
952 + 381 3438
jgershberg@sabesjcc.org
CULTURAL ARTS

ST. PAUL JCC GALLERY

TRANSFER OF MEMORY
A photo exhibition of Holocaust survivors living in Minnesota, at home and in full color.
November 7–December 31

Each Holocaust survivor in Transfer of Memory shares a story of survival during exceedingly difficult circumstances, yet as a collection, these images focus on life and hope. From Europe to Minnesota, it was here they fashioned their dreams, their futures, and their families—they live a constant reminder of the value of freedom and the enduring human spirit. The exhibition features 45 portraits of survivors living—or who lived—in Minnesota. The color images depict the survivors as living full and fulfilled lives—full of life and vitality—not defined by victimhood.

Photographer David Sherman and writer Lili Chester, in partnership with the Jewish Community Relations Council of Minnesota and the Dakotas, created this photography exhibition.

“... After 70 years since the end of the war, we are in the midst of a ‘transfer of memory.’ The witness to the horrors, hardships, and brutalities of the Holocaust is shifting from those who saw and survived, to a retelling of their testimony. We are shifting our focus from the power and reliability of sight and personal experience to the trustworthiness and importance of hearing. It is my hope and prayer that these images add an important visual proof to accompany the oral testimony.” David Sherman

This exhibition is curated by JCRC staff members, Laura Zelle and Susie Greenberg, and is a collaboration between photographer David Sherman, writer Lili Chester, and the Jewish Community Relations Council of Minnesota and the Dakotas.

A partnership of the Jewish Community Relations Council of Minnesota and the Dakotas.

RELATED EVENT

RECEPTION
Featuring a presentation by Ben Cohen and Q&A with survivor, Judy Meisel.
November 17
2 PM @ ST. PAUL JCC

In November 2018, Ben Cohen went to Germany to witness the opening of the trial of Dr. Johann Rehbogen, a former Nazi guard from Stutthof Concentration camp accused of accessory to murder. To his surprise, Ben was the only family member of any survivor to be there. He will tell the story of his grandmother, Judy Meisel, reenacting her harrowing survival of Stutthof, her life-long commitment to equal rights and justice, and how, at age 90, she became the star witness in what may be the last trial of a former Nazi guard in Germany.

Ben Cohen grew up in St. Louis Park, MN and is now a documentary filmmaker based in Brooklyn, NY. He is the editor of a website dedicated to telling Judy’s story at judymeisel.com and is currently producing a new documentary film about Judy’s participation as an eye-witness in the last Nazi trials in Germany.

Sunday, November 10
MINNEAPOLIS MARRIOTT CITY CENTER
Featuring a unique performance produced by Illusion Theater, based on real-life JCC stories that have changed lives.

Recognizing...
Rhoda & Don Mains and Shelley Kornblum & Judge Mickey Greenberg for their outstanding contributions to our community!

EVENT CO-CHAIRS
Rollye Rinkey and Caren Page

Featuring a presentation by Ben Cohen and Q&A with survivor, Judy Meisel.

November 17
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Photos by David Sherman Photography
And Then Some Award – TAMI MCDONOUGH

Tami McDonough celebrated 33 years at the Early Childhood Center this past May. She has been an invaluable member of our community since 1986. Tami comes to work each day with a fresh outlook, a gentle and kind demeanor, and the patience her preschooler’s need and appreciate. Tami has gone through several of life’s milestones as a teacher at the ECC, and has made a commitment to her work throughout each one. Tami understands the importance of her work with young children, and has devoted her professional life to instilling a love of learning in each child she has helped guide over these many years. Her own joy and curiosity is infused in every activity, project, and class discussion, which inspires and excites her preschoolers each and every year. We are grateful for her warm and even nature, her ability to meet each child where they are, and her steadfast, confident classroom leadership. Her profound understanding of children and desire to meet each of their needs is an asset to the Early Childhood Center, and we are full of gratitude for all she brings to the program.

President’s Award

JOSHUA WERT

Recognizing an individual who has helped the JCC meet its mission by providing exemplary guidance and leadership.

As part of his legacy as CEO, Joshua led the community towards a vision that includes the possibility of a Twin Cities JCC with two campuses. In partnership with Michael Waldman and leadership from both the Minneapolis and St. Paul communities, the JCCs have now created a Steering Committee, tasked with exploring a vision for the future of our organizations and determining the best path forward to accomplish that vision. Now as a volunteer, Joshua continues to participate in leading the JCC toward a new era of exceptional and expanded programming, and enhanced collaboration and partnerships that will positively impact our entire community.

Jewish Journeys Award

STUART CHAZIN

Presented to an individual who, through their involvement and commitment to the JCC, increases awareness, inspires others and enriches the lives of those in our community.

Stuart Chazin has been a community innovator, leader and volunteer for over thirty-five years and it is with passion that he devotes his time and energy to philanthropic and humanitarian causes. He has received numerous awards and honors for his work within the local Jewish community as well as national recognition for his work. Living his values with intention, Stuart strives to make a measurable impact on the Jewish community and society through his humanitarian efforts to improve the quality of life for those in need.

Susie Selcer Staff Leadership Award

ALLIE GREENSTEIN

The recipient of this award is chosen by the Sabes JCC staff and honors an employee who has demonstrated outstanding leadership among their peers, fiscal and/or social responsibility, innovation, and a commitment to excellence and brand delivery. Allie is a star in our youth and camping community, using her own experiences and involvement growing up at the JCC to positively impact the lives of today’s children in her charge.

Allie was a camper at Camp Olami, then served as a program director, and most recently became the JCC’s Director of Youth and Camping. Under her leadership, camp is thriving and programming has grown significantly. Her optimism, positive attitude, and sincere love for working with children and families has created a magical place at the JCC for both campers and staff.

2019 SABES JCC GOLF & GAMES EVENT

- 115 Golfers
- 200 Gamers
- 250 Dinner Attendees
- Over $100,000 raised in support of scholarships for kids at the JCC!

Mazel Tov and thank you to
Honorees Rhonda Stein & Stuart Goldenberg

Award Recipients Stuart Chazin Allie Greenstein Joshua Wert

The Sabes JCC distributes over $230,000 in scholarships each year and your generosity makes that possible! On behalf of the dozens of children who will benefit from your participation and support, THANK YOU!
Thank you to our generous donors (6/1/18–6/30/19):

**$500–$4,999**

- Susan & Gary Rappaport
- Debra Rappaport & Robert Zelle
- Dorothy & Norman Pink
- Vivian Fischer and Bill Pentelovitch
- Barbara Ziman Pentelovitch Indoor/Outdoor Enhancement Fund
- Alyssa & Doug Epstein
- Alexander Davis
- Diane & Richard Cohen
- Marcia & Mark Cherniack
- Stacy Pinck & Brad Birnberg
- Management
- Frank Barnwell
- Judy & Ronald Adams
- Joellyn & Gerald Laurie
- Robyn & Bryan Landy
- Marilyn Vinokour
- Ruth Usem
- Target
- James Tankenoff
- Lisa Swartz
- Eileen Strauss & Harold Kaplan
- Sherry Stern & Steven Snyder
- Michael & Sally Abrams
- Carol & Michael Bromer
- Elaine & Todd Leonard
- Adina & Maier Kutoff
- Linda & Steven Krikava
- Mollie & Roy Krengel
- Eileen & David Kohn
- Jane & Bob Ketroser
- Marilyn Karasov
- Cindy & Doug Kanter
- Steve Kalin & Lisa Doty
- Philanthropic Fund – Brett Fingerhut
- Ronald Fingerhut Family
- EPG Security Group
- Fran Zimmerman & Bernard Slutsky
- Daniel & Ashley Shechtman
- Scott & Julie Kislev
- Lee & Barbara Bearmon
- Braden Beam & Jennifer Koontz
- Steve Basile
- Laurie & Jeff Katz
- Dan & Beth Horovitz
- Jeanie & Grant Hendler
- Sherry Elkind
- Bobbi & Robert Aronson
- Eileen & Barry Farb
- Eilene & Marcy Kagan
- Nina & Kevin Avrich
- Debbie & Gill Mann
-但由于乱序，具体内容难以准确阅读。
We apologize if anyone's name was inadvertently left off of this list. Please notify us of any errors at 952 + 381 3514.
Thank you for remembering the JCC through a Tribute Donation (2/19–6/30).

2019 GOLF & GAMES DAY AND COMMUNITY DINNER
In honor of Rhondi Stein & Stuart Goldenberg
Karen & Scott Bader
Beth & Stephen Briske
Pamela & Jonathan Dravtsky
Stacy & Steven Finkelstein
Bonnie & Cory Fishman
Linda & Mike Fishman
Amy & Lee Friedman
Aimee & Eric Goldberg
Jill Goldenberg, Sidney, Maddie & Jonah Ruth & Steven Kirch
Eileen & David Kohn
Jody & Fred Rapaport
Diane & Jon Rapaport
Kathy & Allan Share
Ellie & Gary Singer
Sharron Steinfield
Laura & Greg Sweller
Robert Sweller
Kim & Scott Teplinsky
Judith Belzer & Jerry Waldman
Freemaji Wolfsani
Shirley & Laurence Zipskin
In honor of Stuart Chasin
Karen & Scott Bader
Linda & Mike Fishman
Amy & Lee Friedman
Marcia & Allan Dienesky
Esther & Jim Paletz
Sharron Steinfield
Liba & Tom Stillman
Robert Sweller
Judith Belzer & Jerry Waldman
In honor of A Joshua Went
David & Julie Erzoff
Linda & Mike Fishman
Amy & Lee Friedman
Laura & Steve Silverfarb
Sharron Steinfield
Liba & Tom Stillman
Judith Belzer & Jerry Waldman
Weft Family Foundation

ALEXANDER “SASHA” GABON MEMORIAL FUND
In honor of Meliss Grossman ’s 50th birthday
Sandy & Jason Sondell
In honor of Sam Graber
In memory of Lou Ann Bongard
Lisa & Alanna Naiman
In memory of Jan Zimmerman
Sharon Stanfield

CONTACTS
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Corrie Patrick
Fund Development Manager
952 + 381 3314
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TRIBUTE DONATIONS

ANNUAL FUND
In honor of Ali Flam
Paula Flam
In honor of Doris Kornblum
and her new position
Sheilla Blumenthal
In honor of the JCC Golf Committee
Gloria & Joe Fredkove
In honor of Byron Frank’s special birthday
Nancy & David Goldstein
In honor of Gene Epstein’s 90th birthday
Lois & Sheldon Epstein
In honor of Markle Karlen’s 95th birthday
Berreca & Percy Greenberg
In memory of Arthur Jeffrey
In memory of Barbara Robor
In memory of Elaine Devit
In memory of Frances Salper
In memory of Lou Ann Bongard
In memory of Marvin Greenstein
In memory of Susan Hughes’ mother Helen
Reida Lazzer-chen & David Chen
In memory of Judith Strohl
Adelle & Steven Hansen
Reida Lazzer-chen & David Chen
In memory of Ken Fischman
Elian Handelman Brin
Dori Henderson Brown & Richard Brown
Susan & Bob Diamond
Nicole & Phillip Foster
Susan & Chester Frisch
Kiki Gori
David Johnston
Jacqueline & Gerald Kroko
Gal Mirvis Berman & Frank Berman
Tom Multoraczy
Ethel & Lee Reicharz
Lynne Segal
Susan & Richard Vaklonsky
Bonnie & Alan Zilkin
Pamela Johnson
Charles Mencel
Noreen & Bernice Milstein
Shirley & Burton Politz
In memory of Lia Bernstein
Layne & Dave Rosen
In memory of Micki Naiman
Robyn & Josh Awend
Reida Lazzer-Chen & David Chen
In memory of Susan Himmelman-Shapiro
David Weinberg

BARBARA ZIMAN PENTELOVITCH INDOOR/OUTDOOR POOL FUND
In honor of Newie and Wendy Bacht.
Aliza Bacht

BRIAN GABON MEMORIAL FUND
In honor of Melissa Grossman’s 50th birthday
Sandy & Jason Sondell
In honor of Sam Graber
In memory of Lou Ann Bongard
Lisa & Alanna Naiman
In memory of Marvin Greenstein
Michael Finkelstein

CAROLYN AND BARRY GERR CHILDREN’S SCHOLARSHIP FUND
In honor of Michael Apelbaum
In memory of Cherie Lavinson
In memory of Helen Reisg
Carolyn Gerr

CULTURAL ARTS
In honor of Norm & Dorothy Pink
Judith & Jerome Ingber
In honor of Robyn Awend & the Sabe JCC
Ann Grisburn Hoffkin & Michael Hoffkin
In memory of Rhondi Stein & Stuart Goldenberg
Alaine & Howard Wendlsky

DIANA CHAZIN LEVITT ENDOWMENT FUND
In honor of Bobby, Sabelle’s 60th birthday
In memory of Adrienne Bank
In memory of Barbara Roffman
In memory of Dr. Michael Cazan
In memory of Laura Stone Goldfine
In memory of Inivn & Alexandra Jacobs
In memory of Jeremy Pumpar
In memory of Marco Pinkos
In memory of Marvin Greenstein
In memory of Marsha Fredman
In memory of Michael Appleman
In memory of David Perry
Lynn Blumenricht & Stuart Chasin
In honor of Stuart Chasin
June & Ed Zeman

DONALD MAURICE TIRALKSY CAMP FUND
In memory of Lee Fetig
Vicki & Steve Alkon
BOOKKEEPING SERVICES LLC

EARLY CHILDHOOD CENTER
In memory of Ken Fischman
Lois & Sheldon Epstein

FRANK KIPERSTEIN HEARTWORKS FUND
In memory of Micki Naiman
Evan Stern

HEALTH & FITNESS
In honor of Gene Epstein’s 90th birthday
Roberta & Bruce Naiman
In memory of Ken Fischman
Pat & George Foullkes
Bernice & Percy Berman
Toby & Emmanuel Kohen
Erica Strohl & Craig Oppenage
In memory of Rob Babcock
Julie & David Sherman
In memory of Marla Shapiro
In memory of Sharon Stainman
Emmanuel & Toby Kohen

INCLUSION
In honor of Jason Kitzenberg
Christine & John Kitzenberg
In honor of Anita Lewk
Lori Leder-Fogel & Arnold Fogel
In honor of Midge & Barry Frailich’s 40th wedding anniversary
In memory of Elaine Sweet
Heidi & Howard Gilbert
In memory of Maria Pinos
Anita Lewk

J TEEN
In memory of Howard Schudde
Layne & Dave Rosen

JON & RUTH MANN WEISS SPECIAL NEEDS FUND
In memory of Ruth Ann Weiss
Nancy Hochke

JULIUS ANGER FUND
In memory of Micki Naiman
Karen & Farley Kaufmann

RACHEL & MICHAEL KLEIN INCLUSION FUND
In memory of Harry Katz
In memory of Lois Schonet
Rachel & Michael Klein

J TEEN
In memory of Joshua Went
Layne & Dave Rosen

SECURITY
In honor of Joshua Went
Layne & Dave Rosen

SENIORS
In honor of Shirley Politz on her birthday
Patricia & Phil Kenton
In honor of Jan Zimmerman
Gloria & Joe Fredkove

SOPHIA GILBERT OLDER ADULT MUSIC EDUCATION FUND
In honor of Leslie Held & Jim Chucker’s 25th wedding anniversary
Judy Chucker

TROUP FAMILY INCLUSION FUND
In memory of Lisa Troup-Rieger’s special birthday
In memory of Marvin Greenstein
The Troup Family

ARE YOU LOOKING FOR A MEANINGFUL WAY TO HONOR THE MEMORY OF A FRIEND OR LOVED ONE? MAKING A TRIBUTE DONATION TO THE JCC IS A PERFECT WAY TO EXPRESS YOUR LOVE AND APPRECIATION. Please remember the JCC when the occasion calls for a Tribute Donation. givetothejcc.org

Remembering Micki Naiman (1947–2019)

Born in Germany just after WWII, Micki’s dedication to community and her many professional and volunteer roles in the Jewish community were inspired by her life as the daughter of Holocaust survivors, and by being a refugee resettled in Minneapolis when she was a young girl. The Minneapolis Jewish community embraced Micki and her family and she embraced them right back.

Micki performed in many JCC musicals and served as our Membership and Senior Services Director for many years. After she retired, Micki became a dedicated JCC volunteer in our Senior Dining and Inclusion programs, and co-chairing our Annual Benefit and Cards in the Clubhouse fundraiser portion of our annual Golf and Games Event. Micki gave of her time, talents, and leadership to many other worthy organizations such as J-HAP, JFCS, Federation, Temple Israel, Torah Academy, United Hebrew Brotherhood, and Sholom, to name but a few.

Last year, the Sabes JCC presented Micki Naiman with the President’s Award and planted a tree in her honor at the entrance of the Barry family Campus, in recognition of her exemplary service to the JCC and to our community. Even long after she retired, many people continued to think of Micki Naiman as “the face of the JCC,” the woman who was such a welcoming and warm presence greeting all who entered our doors, and as one of our most staunch advocates and ambassadors of the JCC. May her memory be a blessing.

Are you looking for a meaningful way to recognize the special moments or milestones in someone’s life? Would you like to honor the memory of a friend or loved one? Making a Tribute Donation to the JCC is a perfect way to extend kindness and give Tzedakah at the same time. Please remember the JCC when the occasion calls for a Tribute Donation. givetothejcc.org
Come visit our Community Garden!

Our JCC Community Garden brings people of all ages and backgrounds together to learn, cultivate, grow organic food, build relationships, and engage in acts of Tikkun Olam – repair of our world. This summer, thanks to the generosity of Arlis and Erv Grossman and the hard work of the Inclusion Department and Camp Olami, the garden has been reimagined and is blooming and inspiring like never before. Designed to be accessible for all ages and abilities, this special space includes beautiful new fencing, pergolas, cedar garden boxes built by our local boy scout troop, and places where you can sit and enjoy the lovely surroundings. PLUS, the garden now boasts an even larger variety of fruits, vegetables, native flowers and vines, a live sensory garden box, and much more! The Sabes JCC garden has surely become a place of learning, serenity, and beauty for all. Come visit!

Follow garden updates on Instagram@sabesjcc.garden