New to Bag It?

1. Watch the short training video for providers: bagitcancer.org/medical-providers
2. Read the booklets and review the binder sections so you are familiar with everything. (Take a bag home for review or have a copy in the break room)

Helpful Tips

• Who gets a bag?
Anyone with any type of cancer receiving any type of treatment.

• When should I give a bag?
As early as possible or as soon as you know they do not have one.

• What do I say as I give them a bag?
This bag helps you and your family with reliable information and tips to stay organized and keep track of everything in one place. It has lots of options so use what works for you.

• If you are not sure if your patient would prefer an English or Spanish bag, just ask them!

First prep the bag for your patient

1. Add cards to the business card holder.

2. Binder section 4 (From My Healthcare Team) 3-hole punch and add info about patient’s cancer, reports, tx, etc. See Checklist in section. Add your office info and other documents so everything is in one place.

3. What does your patient need most right now? Basic cancer info, how to cope with emotions or tx side effects, caregiver/family support, tools to get organized? Pick 1 or 2 urgent needs to focus on today and bookmark applicable pages in the booklets/binder.

3-minute bag review with your patient

(see reverse if time allows)

1. Show the “Start Here” (Empiece aquí) page in the front pocket. They can read at home and watch 5-minute video “Making the Most of Your Bag It Bag.” (“Aprovecha al Máximo Tu Bolso”)

2. Show where you added your business cards.

3. Flip to section 4 From My Healthcare Team (De mi Equipo de Cuidado) and show where you added their records and info. (See section 3 for portal access if applicable)

4. Show pages you bookmarked and explain why they will be helpful to them right now.

5. Touch on any booklets you did not mention already:
   ~ In the pocket behind section 6: Paths to Survivorship (Caminos hacia la Sobrevivencia) a good booklet that covers every topic.
   • In the zippered pocket:
   ~Give Caring for the Caregiver (Cómo cuidarse mientras usted cuida a su ser querido) to their caregiver/family.
   ~Explain Taking Time (Tómese su tiempo) helps with emotions
   ~Heal Well (Sanar Bien) talks about nutrition, eating concerns and physical activity.

6. Encourage them to give it a try!
Use this checklist if you want to give a more detailed review of the bag to the patient. (See reverse side for how to prep first)

### Front Pocket

- Show the “Start Here” (Empiece aquí) page in the front pocket. They can read at home and watch 5-minute video “Making the Most of Your Bag It Bag.” (“Aprovecha al Máximo Tu Bolso”)
- Show where you added your business cards.

### Start with My Companion Guidebook, point out instructions behind each tab.

<table>
<thead>
<tr>
<th>Binder Tab Sections</th>
<th>Section 1: My Personal Details</th>
<th>Section 2: My Calendars &amp; Logs</th>
<th>Section 3: My Test Results</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Gather info and fill in forms at home.</td>
<td>• Keep track of everything in one place to easily find when they need it.</td>
<td>• Suggest they ask for paper copies of tests, lab work, reports to store here.</td>
</tr>
<tr>
<td></td>
<td>• Saves time; handy reference when asked for this info.</td>
<td>• They can make copies of blank forms or print from Bag It website.</td>
<td>• When filled, they use a second binder or storage container for older documents.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Show My Appointments Summary Log to note questions before visit and write down answers.</td>
<td>• Show page to list portal information. (where applicable)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Binder Tab Sections</th>
<th>Section 4: From My Healthcare Team</th>
<th>Section 5: Resources</th>
<th>Section 6: Everything Else</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Show where you added their medical records and cancer info in this section.</td>
<td>• Direct them to visit Bag It’s website so they don’t have to search the Internet themselves.</td>
<td>• Extra section for them to use as they need.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Tell them about local support services and programs that could benefit them.</td>
<td>• More note paper supplied.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Show them list of common cancer terms.</td>
<td></td>
</tr>
</tbody>
</table>

### Back Pocket

- Point out:
  - *Paths to Survivorship (Caminos hacia la Sobrevivencia)* in pocket behind section 6 – a good booklet to read first. Bookmark and point out the specific section(s) you think will be most helpful to them today.

### Zipper Pocket

- Pull out and show them:
  - *Journal* to write thoughts, notes and/or bring to appointments.
  - *Taking Time (Tómese su tiempo)* Helps with emotions and communicating with others.
  - *Heal Well (Sanar Bien)* Discusses eating concerns, side effects & physical activity during/after treatment.
  - *Caring for the Caregiver (Cómo cuidarse mientras usted cuida a su ser querido)* Ask them to give to their caregiver/family.

Emphasize lots of options and suggestions are provided. They don’t have to use or read everything right now, and can take it at their own pace. The Bag It bag has something for everyone. Encourage them to give it a try. [www.BagItCancer.org](http://www.BagItCancer.org)