



泉源輔導中心

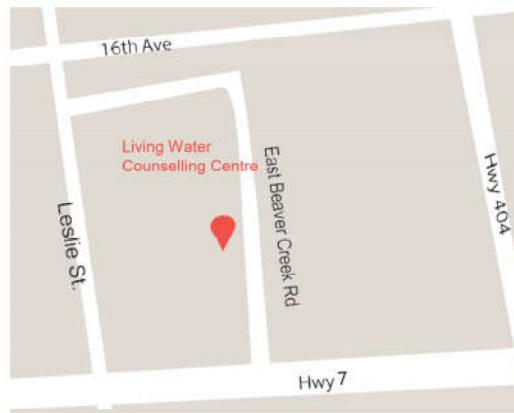
Living Water Counselling Centre

About the Centre

Living Water Counselling Centre was established in 1987 as a not-for-profit and charitable organization by a group of Christians helping professionals who were driven by the spirit of Jesus Christ's love for humankind.

Our vision is a caring and healthy community that people grow towards the wholeness of life with physical, mental, spiritual, and social wellness.

Our mission is dedicated to help individuals, couples, and families of Chinese ethnics with life situations to grow towards wholeness of life through Counselling/Psychotherapy, Spiritual Formation, Education, and Training. In addition, we endeavour to build a caring and healthy community through partnerships with social services networks, Christian communities, and multi-disciplinary professionals.



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www.livingwater-counselling.org

Congregational Assistance Program Multi-lingual (CAP-M)



Growing along with Living Water
Connecting & Transforming Lives



*If you need support, get it.
Come seek help.
Early intervention is the key.
Call 905-763-0818*



Every year, 1 in 5 experienced mental health problem.



3 out of 5 people twenty years and older live with one of chronic diseases.

Issues with marriage and family, mental health, care-giving, and bereavement are rapidly growing. It can be overwhelming for individuals and the churches to cope with, yet to seek counselling comes with many financial barriers and stigma.

Living Water Counselling Centre (LWCC) wants to enable churches to make Christian professional counselling support available to all of the congregation. Most of all, we want to remove the access barriers and promote holistic health for ethnic faith communities by introducing CAP-M.

The **Congregational Assistance Program-Multilingual (CAP-M)** is a wholistic health professional counseling package offered to the church congregation in need. The Church will sign up with LWCC and pay for the coverage annually.

The CAP-M coverage includes:

1. **Free access** to Christian professional counselling up to 8 sessions per household per year.
2. **Easy and quick access** to Christian licenced professional counsellors (e.g. Registered Psychotherapists, Registered Family and Marriage Therapists, Registered Social Workers, etc.). For more counsellor profiles, visit our webpage.
3. All personal information will be kept **confidential** in accordance with the professional code of ethics.
4. **Multi-lingual:** Cantonese, Mandarin, English, and other Dialects.
5. Call the LWCC intake number **905-763-0818** for CAP-M. We will either assign you to a counsellor in 7 days or to other referrals and community resources.

Our counselling services address the following common issues faced by you or families:

