



The Value of Sport

Positive Attitude

Mentorship

Dealing with Pressure

Teamwork

Playing by the Rules

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Mission Statement and Philosophy

Wizard volleyball Academy is a well-organized sport program dedicated to providing its athletes the best tactical, technical, physical training skills to reach their potential best. Our mission is to develop and promote the highest standards of leadership, professionalism and good sportsmanship.

- Our primary goals:
 - Develop, enhance fundamental skills.
 - Increase game IQ. Be knowledgeable on and off the court.
 - Create a competitive and fun environment.
 - Display and maintain a positive attitude on and off the court.
 - Be competitive, promote sportsmanship at all times.

Payment and Refund Policy

Fees are due every 1st of the month and a late fee of \$15.00 will incur after the 10th of the month. The first payment is due in October 1st, and the last payment should be received no later than April 1st of the current season. Payment can be made online, cash, check or Credit card - 3.5% fee applies. Family discounts: 4 - 7% off for family of two or more.

Refund policy:

Upon making a Wizard team, your commitment letter will include a non-refundable Season Commitment fees to secure your membership. Refund for any amount may be considered for documented medical reasons ONLY. Club Director has final say of whether a member of the club will be refunded or reimbursed club fees based on medical, disciplinary/expulsion reasons from the club; or failure to follow USAV/AAU volleyball and club procedures and rules.

Communication

- Electronic information and communication: email, text, website will be used to communicate with parents/players of upcoming events, reminders and other important information. It is the responsibility of the parent/player to monitor schedule and or information updates communicated through WVA emails and website.
- Contacts: Merlin Theleus wizardvolley@live.com Cellular: **561-633 9351** or Marie Theleus: **561 633-9729**
- WIZARD VOLLEYBALL ACADEMY recognizes the prevalence of electronic communication and social media in today's world. Many of our student-athletes use these means as their primary method of communication. While WVA acknowledges the value of these methods of communication, WVA also

Contacts: Merlin Theleus at wizardvolley@live.com Cellular: 561-633 9351 **Visit** www.wizardvolleyballacademy.com

realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

- All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications must adhere to the USA Volleyball Code of Conduct regarding Athlete Protection.
- For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following: Drugs or alcohol use; Sexually-oriented conversation; sexually explicit language, sexual activity. The adult's personal life, social activities, relationship or family issues, or personal problems; and inappropriate or sexually explicit pictures. Note: Any communication concerning an athlete's personal life, social activities, relationship or family issues or personal problems must be transparent, accessible and professional.
- Whether one is an athlete, coach, board member or parent, the guiding principle to always use in communication is to ask: "Is this communication something that someone else would find appropriate or acceptable in a face-to-face meeting?" or "Is this something you would be comfortable saying out loud to the intended recipient of your communication in front of the intended recipient's parents, the coaching staff, the board or other athletes?"
- With respect to electronic communications, a simple test that can be used in most cases is whether the electronic communication with athletes is Transparent, Accessible and Professional.
- **Transparent:** Communication should be clear and direct, but also free of hidden meanings, innuendo and expectations.
- **Accessible:** All electronic communication between coaches and athletes should be considered a matter of record and part of the Club's records. Whenever possible, include another coach or parent in the communication so there is no question regarding accessibility.
- **Professional:** All electronic communication between a coach and an athlete should be conducted professionally as a representative of the Club. This includes word choice, tone, grammar and subject matter that model the standards and integrity of a staff member.
- If your communication meets all three of the T.A.P. criteria, then it is likely your method and manner of communication with athletes will be appropriate.
- FACEBOOK, INSTAGRAM, BLOGS AND SIMILAR SITES Coaches may have personal Facebook (or other social media site) pages, but they are not permitted to have any athlete member of the Club join their personal page as a "friend." A coach should not accept any "friend" request from any athlete.
- The club has an official Facebook page that athletes and their parents can "like" or "friend" for information and updates on team-related matters.
- Coaches and athletes may follow each other on Twitter. Coaches cannot retweet an athlete message post.
- TEXTING/EMAIL Subject to the general guidelines mentioned above, texting is allowed between coaches and athletes during the hours from 7am until 8:00pm. Texting only shall be used for the purpose of communicating information directly related to team activities.
- REQUEST TO DISCONTINUE ALL ELECTRONIC COMMUNICATIONS The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communications. Immediate compliance without repercussion must be granted.

- MISCONDUCT Social media and electronic communications can be used to commit misconduct (e.g. emotional, sexual, bullying, harassment and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.
- VIOLATIONS of WVA's Social Media and Electronic Communications Policy should be reported to your immediate supervisor, a Club administrator or the Regional SafeSport Officer for evaluation. Complaints and allegations will be addressed following the appropriate procedure.
- A USA Volleyball participant or parent of a participant who violates this policy is subject to appropriate disciplinary action, including but not limited to: suspension, permanent suspension and/or referral to law enforcement authorities.

Practices

- Email or text your coach in case of absence or tardiness as soon as you can.
- Practices will be held once or twice a week and will last 1 ½ up 2.00hrs exclude most holidays. **Facility and extreme Weather** may cause cancellation or postpone practices.
- Practices may be held at various indoor courts within city vicinity, sand/beach courts may be used for special training.
- To promote teamwork environment Players are required to wear **practice uniforms**. (appropriate clothing; cover-up recommended) and athletic shoes (cross training or running shoes preferred)

Speed and strength training

1. The goal is to increase one's vertical leap, improve court agility, and improve teamwork and overall performance.

Private Lessons and or Clinics

- Private lessons are the key to faster develop an outstanding player. Player who practices privately with a professional show rapid improvement in individual skills.
- Clinics can help to improve a specific aspect of the individual and are usually more cost effective.

Tournament and Rules

- **Absences:** Notify your coach as soon as you know about the situation.
- Multiple absences will impact players development, playing time and performance.
- **Uniforms and Practice:** Keep uniforms or practice shirts clean
 - Wear practice shirts to every practice is highly recommended.
 - **Equipment:** Volleyball gears and equipment are expensive, please handle with utmost care. Return all items to storage after each practice.
 - **Jewelry and electronic devices:** Cell phones/music players, tablets, computers are not allowed during practices. - No jewelry including and not limited to wristbands are allowed

- **Player Respect/bullying:** Disrespectful/physical behavior will not be tolerated; disciplinary action will be taken and may lead to member being forced to resign.
 - Be friendly and supportive to your teammate and all WVA associates.

- **Playing Time**
 - Teams will arrive at the playing site at least 1hr. prior to their first match and 45 min. prior to refereeing.
 - Coaches will determine Playing time and it is based on game situation, attitude, performance, and attendance; good academic report is strongly recommended. Playing time is important to all players and parents; sometimes depending on the player's abilities, expertise, experience, rotation, game situation and substitution rules, a player may see less playing time than desired. If a player feels they deserve more playing time, they need to discuss with the coach on what to do to earn more playing time. Finally playing time is earned during regular practices.

Game Day: Players are required to wear Wizard issued warm ups/jerseys upon entering the gym. Players will provide lunch, water and all accessories required for practices and/or tournaments. Players may not leave tournament site without the coach's permission.
 - No jewelry including and not limited to wristbands are allowed
 - Players will learn how to keep scores, refereeing, line judge and perform these duties as designated by their coach.
 - **Sportsmanship:** Players and parents are expected to represent the academy in a professional manner and exhibit sportsmanship at all times. Failure to abide by the USAV/WVA rules may result in membership cancellation.

Travel Policy

Wizard Volleyball Academy teams travel regularly to play in local tournaments (driving distance), and very rarely Wizard teams may travel to away tournaments (team travel requires overnight hotel stays). Wizard Volleyball Academy prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Volleyball SafeSport Handbook. Wizard Volleyball Academy has established policies to guide our travel minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice and local tournaments ("local travel") and team travel involving an overnight stay ("team travel").

Local Travel

Local travel occurs when **Wizard Volleyball Academy** does not sponsor, coordinate or arrange for travel.

- Players and/or their parents/guardian are responsible for making all arrangements for local travel. The team and its coaches, managers or administrators hold no responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including but not limited to: a valid driver's license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.
- The employees, coaches and/or volunteers of Wizard Volleyball Academy or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player.

Team Travel

Team travel is overnight travel that occurs when Wizard Volleyball Academy or one of its teams or designees sponsors, coordinates or arranges for travel so that our team can compete locally, regionally or nationally. Because of the greater distances, coaches, staff, volunteers and chaperones will often travel with the players.

- When possible, **Wizard Volleyball Academy** will provide reasonable advance notice before team travel. Travel notice will also include designated team hotels for overnight stays as well as a contact person within Wizard Volleyball Academy or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.
- The coach or his/her designee will establish a curfew by when all players must be in their hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by at least two properly background screened adults. At no time should only one adult be present in a room with minor players, regardless of gender.
- Recommended: Family members who wish to stay in the team hotel are permitted and encouraged to do so.
- Wizard Volleyball Academy will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements. In all cases involving travel, parents have the right to transport their minor player.
- No coach or chaperone shall at any time be under the influence of drugs or alcohol while performing their coaching and/or chaperoning duties.
- Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules. Coaches will also support chaperones and/or participate in the monitoring of the players for adherence to curfew restrictions and other travel rules. If disciplinary action against a player is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken, or immediately after.

Additional Policies

- Players are expected to remain with the team at all times during the trip. Players are not to leave the competition venue, the hotel, restaurant or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone. Adult Chaperones recommended at all times in all cases. When visiting public places such as shopping malls, movie theatres, etc., players will stay in groups of no less than three persons. Athletes 12 and under will be accompanied by a chaperone.
- Safety Policies

- Supervised team room provided for relaxation and recreation
 - Respect the privacy of each other
 - Only use hotel rooms with interior entrances
 - Must wear seatbelts and remain seated in traveling vehicles.
- Behavior Policies
 - Be quiet and respect the rights of teammates and others in the hotel;
 - Be prompt and on time. Cell phones/electronic devices may be used at appropriate time and for emergency purposes.
 - Social Media should not interfere with team safety and team spirit
 - Establish travel dress code; dress appropriate and respect self. Use appropriate behavior in public facilities, including language, tone of voice
 - Establish two different curfews – in own rooms and lights out.
 - Must stay in assigned hotel room;
 - Needs and well-being of the team come first.
- Financial
 - No room service without permission
 - Players are responsible for all incidental charges
 - Players are responsible for any damages or thievery at hotel;
 - Players must participate in contracted group meals;
 - Communicate travel reimbursement information and policies.

Code of Conduct / Honor Code

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrator, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. Team members are reminded that when competing in tournaments, traveling on trips and attending other club-related functions, they are representing themselves, their school, their city, and WIZARD VOLLEYBALL ACADEMY. Athlete behavior must positively reflect the high standards of the club.

For Consideration:

- a. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline by include, but may not be limited to:
 - i. Dismissal from the trip and immediate return home at the athlete's expense;
 - ii. Disqualification from future tournaments, either local or traveling;
 - iii. Financial penalties;
 - iv. Dismissal from team; and/or
 - v. Penalties set forth in the USA Volleyball Participant Code of Conduct, which may include a lifetime ban.
- b. Players are to refrain from inappropriate physical contact at team activities.
- c. Players are to refrain from the use of inappropriate language.



Dispute/Grievance Procedure

Wizart Volleyball Academy fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The below procedure is designed to help athletes and parents with questions, concerns, or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. 24-hour rule: If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regarding potential issues that would distract that coach from their primary objective of coaching the team.
2. Don't approach the coach immediately prior to the start of practice, the coach must focus on the athletes' and the training required during practice.
3. The athlete must first ask for a meeting with the coach to discuss the issue at hand. In the case of players on 13's or younger teams, the parents may request the meeting, in which the athlete, parent and coach must be present.
4. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach – NOT at a tournament and/or practice.
5. If the issue is unresolved, the parent may ask for a meeting with the club director, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, and director and during a scheduled time away from practice or a tournament is appropriate. The decision of the club director at this point is **FINAL**.

It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.



WIZARD VOLLEYBALL ACADEMY CLUB RELEASE POLICY.

If an athlete/family decides to depart Wizart Volleyball Academy during the respective season, the following steps must take place:

1. Release Policy: The athlete/family in question must submit a written request for release to the Club Director, Jean Merlin Theleus (wizardvolley@live.com.) and to the Florida Region (at registrar@FloridaVolleyball.org) stating the reason for the request.
 - a. Wizart Volleyball Academy will release the athlete immediately once the following item(s) have been completed:
 - b. Athlete returns all club gear provided to athlete this season.
 - c. Member must remit all financial obligations agreed upon contractually. Payment Option – Member pays full cost of season.
 - d. Transfer Policy: A player can represent only one club during the Season. A change in geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams. Proof of residency must be provided by the family at the time of the release/transfer request.
 - e. Once an athlete has participated in a National Qualifier Event (Regional or NQ) they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) policy on releases on athletes that participate in regional or national qualifying/bid events. Please refer to the Girls' Junior National Qualifier/Spring Championships/Championships Manual.

Parent Name (Print) Parent Signature

Date: _____

Players or parents



WIZARD VOLLEYBALL ACADEMY

Jean Merlin Theleus

MINOR ATHLETE ABUSE PREVENTION POLICIES

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

SafeSport Club Policies

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel

These policies shall apply to the following:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**
- 2) Adult members who have regular contact with amateur athletes who are minors
- 3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor
- 4) Adult staff and board members of a **FLORIDA REGION CLUB**

(Collectively “Applicable Adult” for the purposes of this policy)

POLICY 1 - ONE-ON-ONE INTERACTIONS

Observable and interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** are permitted if they occur at an observable and interruptible distance by another adult.

One-on-one interactions between minor athletes and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a Covered Organization/LAO are prohibited, except in the circumstances described in meetings with mental health care professionals and health care providers of this section and under emergency circumstances.

Meetings between Applicable Adults and minor athletes at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.

If a one-on-one meeting takes place in an office at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

Meetings with mental health care professionals and health care providers

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB**, a closed-door meeting may be permitted to protect patient privacy provided that:

The door remains unlocked and another adult is present at the facility.

The other adult is advised that a closed-door meeting is occurring written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to the organization.

Individual training sessions

Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB** if the training session is observable and interruptible by another adult. It is the responsibility of the Applicable Adult to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

POLICY 2 - MASSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of **FLORIDA REGION CLUB** must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

LOCKER ROOMS AND CHANGING AREAS

Non-exclusive facility

If **FLORIDA REGION CLUB** uses a facility not fully under their jurisdiction (for, e.g., training or competition or similar events) and the facility is used by multiple constituents, Applicable Adults in categories 1 through 4 are nonetheless required to adhere to the rules set forth herein..

Use of recording devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces at a facility under the jurisdiction of **FLORIDA REGION CLUB** is prohibited. Exceptions may be made for media and championship celebrations, provided that such exceptions are approved by the **FLORIDA REGION CLUB** and two or more Applicable Adults are present.

Undress

Under no circumstances shall an unrelated Applicable Adult at a facility under the jurisdiction of **FLORIDA REGION CLUB** intentionally expose his or her breasts, buttocks, groin, or genitals to a minor athlete.

One-on-one interactions

Except for athletes on the same team, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area when at a facility under the partial or full jurisdiction of **FLORIDA REGION CLUB**, except under emergency circumstances.

If **FLORIDA REGION CLUB** is using a facility that only has a single locker room or changing area, separate times will be designated for use by Applicable Adults, if any.

Monitoring

FLORIDA REGION CLUB will regularly and randomly monitor the use of locker rooms and changing areas at facilities under their jurisdiction to ensure compliance with these policies.

POLICY 3 - SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS

As part of **FLORIDA REGION CLUB** emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

Content

All electronic communication originating from Applicable Adults to minor athletes must be professional in nature.

Open and transparent

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), another Applicable Adult or the minor athlete's legal guardian will be copied.

If a minor athlete communicates to an Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult should respond to the minor athlete with a copy to another Applicable Adult or the minor athlete's legal guardian.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult will copy another adult.

Minor athletes may "friend" the organization's official page.

Facebook, Myspace, blogs, and similar sites

Coaches may not have athletes of **FLORIDA REGION CLUB's** Team join a personal social media page. Athlete members and parents can friend the official **FLORIDA REGION CLUB's** Team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes.

Twitter, instant messaging and similar media

Coaches and athletes may "follow" each other. All posts between coach and athlete must be for the purpose of communicating information about team activities.

Email and similar/electronic communications

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities. Where the coach is a staff member and/or volunteer, email from a coach to any athlete we recommend come from the club website email center (the coach's return email address will contain "@CLUB.com").

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Texting and similar electronic communications

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

Electronic imagery

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. It is the default policy of **FLORIDA REGION CLUB** to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in **FLORIDA REGION CLUB'S** Participant Safety Handbook.

Request to discontinue all electronic communication or imagery

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches or Applicable Adults subject to this policy. (Photography or videography). The **FLORIDA REGION CLUB** will abide by any such request that their minor athlete not be contacted via electronic communication, absent emergency circumstances.

Misconduct

Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.

Violations

Violations of **FLORIDA REGION CLUB'S** Electronic Communications and Social Media Policy should be reported to your immediate supervisor, a **FLORIDA REGION CLUB** administrator or a member of **FLORIDA REGION CLUB'S** Participant Safety Committee for evaluation. Complaints and allegations will be addressed under **FLORIDA REGION CLUB'S** Disciplinary Rules and Procedure.

LOCAL TRAVEL & TEAM TRAVEL

This policy shall apply to:

- 1) Adult members who have regular contact with amateur athletes who are minors
- 2) Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor

3) Adult staff and board members of **FLORIDA REGION CLUB**

(Collectively “Applicable Adult” for the purposes of this policy)

POLICY 4 - LOCAL TRAVEL

Local travel consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

Transportation

Applicable Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must have at least two minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete’s parent/legal guardian in advance of each local travel.

POLICY 5 - TEAM TRAVEL

Team travel is travel to a competition or other team activity that the organization plans and supervises.

Team/competition travel

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete must have his/her legal guardian’s written permission in advance and for each competition to travel alone with said Applicable Adult.

Hotel Room

Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player. (Unless coach is the parent, guardian or sibling of the player) However, a parent/legal guardian may consent to such an arrangement in advance and in writing. Furthermore, a parent/legal guardian may consent in advance and in writing to the minor athlete sharing a hotel room or other sleeping arrangement with an adult athlete

Coach or his/her designee will establish a curfew by when all players must be in their hotel rooms in a supervised location. Regular monitoring and curfew checks will be made to each room by at least two properly background screened adults. At no time should one adult be present in room with minor players, regardless of gender.

Team personnel should ask hotel to block adult pay per view channels.

Meetings

Meetings shall be conducted consistent with the **FLORIDA REGION CLUB** policy for one-on-one interactions

Individual meetings between coach and player may not occur in hotel sleeping rooms and must be held in public setting or with additional adults present with one of those adults being the same gender as the player.

WVA Player Honor Code

1. The greatest factor that will determine the success of any individual is positive **attitude**. "I will, I can".
2. I understand that I am a valuable puzzle of the team and that the success of the team is each player's first priority.
3. I will respect my coach and staff member as they have more experience and expertise than me.
4. I will respect and support my teammate as we are a team.
5. I will follow all WVA rules and guidelines and will be responsible for my actions.
6. I will represent WVA with pride and always demonstrate sportsmanship in honor of the sport and WVA.

WVA Parent Code of Conduct

1. I understand that the coach is the volleyball expert; the coach will decide playing time based on skills, strategies, position, game rules etc.
2. Mutual respect – We ask parents to refrain at all times from negative comments about teammates, opposition, referees and coaches. This includes comments from the stands, during the ride home from practice or game. Please encourage your child to pay attention, practice what they learned and be positive. Help us reinforce a positive attitude on and off the court.
3. I will be responsible for my financial obligations and will make arrangement for alternative payments as needed.
4. I will represent WVA with pride, cheer for WVA and avoid cheering against opponent or disrespecting others.
5. Get involved - It is important for children and even adults to be involved with an organization that provides a sense of belonging. Team programs, such as volleyball, provides structure and meaning to life, build social skills, create lasting and memorable friendships, instill wellbeing, and help children become well-rounded citizens

Encourage but do not coach.

You should also employ proper cheering techniques.

1. Do not boo or intimidate any player, official, or spectator.
 2. Avoid - players know when they make mistakes; your gasp only highlights their error. Instead yell something positive, like "Let's go, you can do it," and eventually they will.
 3. No "coaching" from the sidelines. Coaches spend many hours teaching your child the game of volleyball and how to become a better player - let them continue this endeavor at tournaments. Otherwise you will have six players looking into the stands at parents hollering coaching advice and none of them will hear the coach.
 4. It is fine to appreciate great performances - by either team! So when the opponents make a magnificent play, give them a cheer. If the play is just unbelievable, stand up and cheer.
- By following these essential supporting principles, your athletes, teams, and coaches will reap great rewards. Then, when you share them with other parents, everyone will benefit.

Fundraising WVA entry – Pending

- Each player will sell a minimum of #discount cards for x\$
- Player keeps %x\$

Periodic and scheduled Events

- Parents and or Players Meeting (TBA)
- Video Training (TBA)
- Practice/tournaments, visit website www.wizardvolleyballacademy.com

Special Information

Fluid control

Volleyball is considered a sport that requires speed, endurance and power. Matches require a volleyball player to maintain high energy over several games. Two of the most important items that will affect energy levels in play are fluid status and carbohydrate intake. Goal is to keep hydration status up and provide the muscles carbohydrate to do work and rebuild muscle glycogen stores. Do not rely on thirst; an athlete has already lost 1 – 1.5 liters of fluid by the time they feel thirsty. Rebuilding glycogen stores and keeping glucose levels adequate requires drinking liquids that contain carbohydrate during and immediately after playing a match and eating high carbohydrate food items immediately after a game if there is a break. If another game follows immediately then replenishing both fluid stores and carbohydrates is done using a sports drink.

Recommendation to maintain fluid intake

Contacts: Merlin Theleus at wizardvolley@live.com Cellular: 561-633 9351 **Visit** www.wizardvolleyballacademy.com

- Goal is to start day with good hydration status and maintain that status. Color of urine is best indicator - light yellow means drinking enough fluids, if dark amber liquid intake is not enough. 1 to 1.5 hours before you are set to play first game at a tournament, drink at least 2 cups of fluid within short time period – can be water, 100% juice, sports drink. Should not be caffeine containing like coffee nor high sugar like soda. Sport drinks provide a combination of carbohydrate and fluid. Gatorade stimulates fluid absorption faster than other sports drinks due to type and amount of carbohydrate. But personal preference for game day beverage is important as athletes need to like the drink they will be using.
- Parents and coaches need to encourage adequate fluid intake as children/teenagers are not good judges of their fluid needs and will frequently skip drinking liquids or drink less than what they really need

_____ Cut Here _____

Wizard Volleyball Academy is open to all positive suggestions.



Wizard Volleyball Academy Support Program

Wizard Volleyball Academy created in 2014 to offer a different club experience in Palm Beach: Greenacres, Lake Worth, and Boynton Beach. Wizard volleyball is a well-organized sport academy dedicated to providing its athletes with the best tactical, technical, physical training skills to reach their potential best. Our mission is to develop and promote the highest standards of leadership, professionalism and good sportsmanship. Character Driven: We focus on key character traits that help define a person as he or she grows, including: integrity, intensity, teamwork, leadership, discipline, courage and sportsmanship.

Sponsor Agreement

Yes! I want to support a player of the Wizard Volleyball Academy Program for this Season

Sponsor's Name: _____

Sponsor's Address: _____

City: _____ Zip Code: _____

Business Phone: _____ Cell Phone: _____

Contribution Amount: \$ _____ Please make check payable to WVA

Player's Name: _____

Player's Signature: _____ Date: _____

Thank you for supporting a player's participating in one of Wizard Volleyball Academy's volleyball program. Our player and organization will benefit tremendously from your generous and timely sponsorship. Your sponsorship is tax deductible. Please complete and return with check made payable to: Wizard Volleyball Academy 321 S Cleary Rd, West Palm Beach, Florida 33413

Question: Call Jean Merlin Theleus the Wizard at (561) 633-9351 or wizardvolley@live.com

Contacts: Merlin Theleus at wizardvolley@live.com Cellular: 561-633 9351 **Visit** www.wizardvolleyballacademy.com