

Savings

Healthy Discounts



# Hit the gym often? If so, the rewards can add up!

Whether you're a regular at the gym, or just need to find a regular gym, **HorizonbFit<sup>SM</sup>** will reward you for making your health and fitness a priority.

**HorizonbFit** is Horizon Blue Cross Blue Shield of New Jersey's fitness incentive program. After you enroll, you become eligible to receive a \$20 reward for every month in which you make at least 12 visits to any of the 4,000 participating facilities across the United States. That's up to \$240 a year in rewards!

Enrolling is free and easy at [HorizonbFit.com](http://HorizonbFit.com). Once there:

1. Verify your eligibility.
2. Select a participating facility or nominate one to be included.
3. Set up your secure account.
4. Select your preference for reporting visits.

## ActiveFit<sup>TM</sup> Makes Tracking Easy

**HorizonbFit** now has a free mobile app called ActiveFit, which can make reporting facility usage easy. When the app is running, it will use your phone's GPS and Bluetooth services to detect when you've entered

a participating gym. ActiveFit will automatically log the visit toward your monthly incentive – there's no additional tracking you need to do!

ActiveFit also can help you make the most of HorizonbFit in other ways, too. You can use it to:

- Find participating facilities
- View which facilities you've visited and when
- Access incentive payment information
- Track your steps and receive motivational messaging to keep your workouts on track

You can download ActiveFit for free from the App Store<sup>SM</sup> or Google Play<sup>TM</sup>.

## HorizonbFit Eligibility

To find out if you are enrolled in an eligible Horizon BCBSNJ health plan that participates in **HorizonbFit**, visit [HorizonbFit.com](http://HorizonbFit.com) and enter the required information from your member ID card.

If you are eligible, your dependents who are 18 years or older and covered under your Horizon BCBSNJ plan are eligible as well.

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