

The National Association for the Advancement of Psychoanalysis
850 Seventh Ave. Suite 805
NY, NY 10019

212-741-0515

www.naap.org



NATIONAL ASSOCIATION FOR THE
ADVANCEMENT OF PSYCHOANALYSIS

Boundaries, Borders, Biases and Their Consequences



Clinical, Societal, Personal, Ethical

NAAP's 47th Annual Conference

Saturday November 16, 2019

9:00 AM – 6:00pm

Hebrew Union College – Jewish Institute of Religion

1 West 4th Street NY, NY 10012

9:00 AM to 5:00PM 7.5 CE Hours

Plus Post conference reception

**Full Conference only: 7.5 CE Hours for Psychoanalysts, Psychologists, NY, NJ Social Workers
(others states check state guidelines), Mental Health Counselors.**

Certification of Attendance on request.



Challenging ideas, solution-focused conversations, and a new format at NAAP's 47th Annual Conference!

We can make a difference! Boundaries, Borders, Biases: helpful and damaging. How can we recognize and address their micro and self-evident expressions in ourselves, our work, and society? Join our group of influential thinkers

and practitioners for an opportunity to share ideas: to hear and be heard in our unique town hall format.

This year's conference will be an opportunity to hear from colleagues engaged in exploring some of the most troubling issues pressing us as mental health professionals and as members of the world community. Whether identity, race, religion, gender, immigration, safe environments, or the politics of training, we face these issues daily.

It's not only the large scale culture of corruption and exclusion that challenges our ability to remain centered. The sometimes subtle erosion of our awareness of boundary breaches or biased listening also have a broadreaching impact on the way we work and live. The times we thought of psychoanalysts as clinicians safely seated in clinical offices, immune to the world fray, have gone the way of phone booths and land lines. Today is the day for us to take a serious look at some harsh realities that need our attention and expertise. There are many areas where we can make a difference in a fragmented world. We can start by stepping back and taking a good look at ourselves, our institutions, our clinical practices and commitments to the larger community.

Patricia Harte Bratt, PhD
NAAP President

CONFERENCE COMMITTEE

Patricia Bratt

Mary Massaro – *Site & Volunteer Coordinator*

Emily Horvath – *NAAP Office*

Stacey Pritchett – *Webmaster & Marketing*

Lori Feigenbaum – *Continuing Education*

Continuing Education Information



National Association for the Advancement of Psychoanalysis (NAAP) is recognized by the New York State Education Department's State Board of Education for Social Workers as an approved provider of continuing education for licensed social workers. #0168.

NAAP is recognized by the New York State Education Department's State Board of Education for Psychoanalysts as an approved provider of continuing education for licensed psychoanalysts. #P-0019.

NAAP's Cosponsors:



ACAP
Academy of Clinical &
Applied Psychoanalysis

Academy of Clinical and Applied Psychoanalysis is a cosponsor of this conference. ACAP is approved by the American Psychological Association to sponsor continuing education for psychologists. ACAP maintains responsibility for this program and its content.

ACAP is also approved by NBCC as a provider of CE hours for Mental Health Counselors, Art Therapists, and Marriage & Family Therapists. (#5709). Check your state guidelines to determine NBCC status as CE provider.



**Boston Graduate School
of Psychoanalysis**
New Jersey

Boston Graduate School of Psychoanalysis - NJ is accredited by the The New England Commission of Higher Education (NECHE), and in partnership with

ACAP, is an approved provider of Social Work Continuing Education Hours for New Jersey Social Workers, as well as many other states, including Pennsylvania. Please check your states guidelines for their requirements.



Psychoanalytic Psychotherapy Study Center

PPSC is recognized by the New York State Education Department's State Board of Education for Mental Health Counselors as an approved provider of continuing education for licensed pMental Health Counselors. #0166.



ANNOUNCEMENT : **NEW TOWN HALL FORMAT**

We've had requests from many of our members to create more time within the conferences for them to explore the topics presented. A sense that provocative questions or issues are raised by our guest speakers and little opportunity to delve into them. We have designed a format to address this, and hope it will encourage everyone to take advantage of the chance to dig deeper in conversation with colleagues.

There will be two morning and one afternoon speaker. That will be followed by participants breaking out into smaller groups where they can choose to discuss issues or questions from the earlier part of the day. At the end of the discussion group everyone will return to a general session. A representative selected by each group will share the questions, suggestions, concerns raised in their group. We hope this will inspire more ongoing discussions and action points we may be able to implement. We can make a difference.



GRADIVA AWARDS

The much sought after Grady Awards, celebrating outstanding contributions to creativity and exploration of the human experience, will be presented at a delicious luncheon banquet.

The **NAAP Analysts-in-Training Writing Awards** will be presented and described at the luncheon.

Earn 7.5 CE hours while taking a break from the everyday world and sharing a good time with friends.

Click to
REGISTER ONLINE.....Get Early Registration Discount!

Or go to
www.naap.org

Moderator:

Jennifer R Harper, MDiv, DD, LP

Keynote Speakers:

Patricia Gherovici, PhD

**Soul to Soul: Keep Psychoanalysis Moving!
Clinical Work with Ethnic and Sexual Minorities**

Julia Beltsiou, PsyD

Finding home in the Foreign: Otherness in Immigration

Patricia Harte Bratt, PhD

**Minding Boundaries: Countertransference and Reciprocal Resilience
in Clinical Training and Practice**

The prestigious **Gradiva Awards**, celebrating outstanding contributions to creativity and exploration of the human experience, will be presented at a delicious luncheon buffet.

The **NAAP Analyst-in-Training Awards for Student Writing** awards will be presented and papers briefly described. Conference attendees will be emailed a link to the papers which will be found on the NAAP website.

SCHEDULE OF THE DAY

A.M. 9:00 – 12:00

**8:15 – 8:50 Registration, Coffee & Nibbles,
Orientation**

9:00 – Opening Remarks + Introduction
Patricia Harte Bratt, PhD - NAAP President

Morning Program & Speakers

Moderator:

Jennifer R Harper, MDiv, DD, NCPsya

Keynote Presenters

9:15 – 10:15 *Patricia Gherovici, PhD*
**Soul to Soul: Keep Psychoanalysis Moving! Clinical
Work with Ethnic and Sexual Minorities
Q & A**

10:20 – 11:20 *Julia Beltsiou, PsyD*
**Immigration in Psychoanalysis:
Locating Ourselves
Q & A**

11:20 – 11:30 Break

11:30 – 12:15 *Panel discussion and Q & A*

12:15 – 1:30 Awards Luncheon

Gradiva Awards

***NAAP Analyst-in-Training (A-I-T) Awards
for Student Writing***

SCHEDULE OF THE DAY

P.M. 1:45 – 5:00

1:45 – Program & Speakers Introduction

Moderator:

Jennifer R Harper, MDiv, DD, NCPsya

Keynote Presenters

2:00 – 3:00 *Patricia Bratt, PhD*

**Minding Boundaries: Countertransference and
Reciprocal Resilience in Clinical Training and
Practice
Q & A**

**3:00 – 4:00 *Town Hall Small Group
Discussions***

**4:10 – 5:00 *General Session with Reports from
Small Groups***

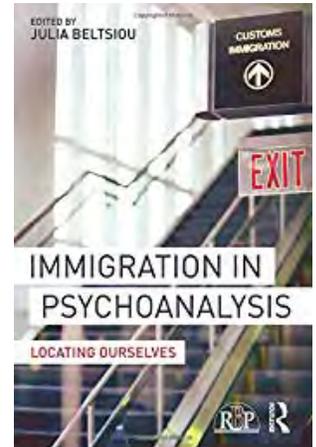
5:00 – 6:00 *Wine & cheese reception for All*



Julia Beltsiou, PsyD

“Finding home in the Foreign: Otherness in Immigration”

Julia Beltsiou, PsyD is a graduate of New York University Postdoctoral Program in Psychoanalysis. She has presented nationally and internationally on the topic of immigration and identity. In 2016, her anthology "Immigration in Psychoanalysis" was published by Routledge. She maintains a private practice in New York City.



Learning Objectives

Participants will:

- **Gain a better understanding of how they and their patients absorb and internalize the tensions or trauma of immigration to a foreign land.**
- **Learn to identify and describe ways of establishing and “finding oneself” when faced with the fragmentation and self-alienation triggered by immigration.**
- **Learn to recognize self-defeating patterns in immigrant patients and ways the clinician can work to help minimize or reverse them.**



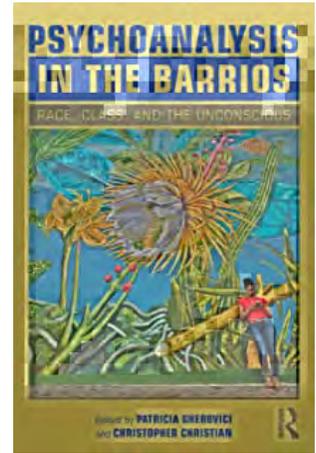
Patricia Gherovici, PhD

Soul to Soul: Keep Psychoanalysis Moving! Clinical Work with Ethnic and Sexual Minorities

Patricia Gherovici, PhD is a psychoanalyst and analytic supervisor. She is co-founder and director of the Philadelphia Lacan Group and Associate Faculty, Psychoanalytic Studies Minor, University of Pennsylvania (PSYS), Honorary Member at IPTAR, and Founding Member of Das Unbehagen. Her books include *The Puerto Rican Syndrome* (Other Press: 2003; Gradiva Award and Boyer Prize), *Please Select Your Gender: From the Invention of Hysteria to the Democratizing of Transgenderism* (Routledge: 2010) and *Transgender Psychoanalysis: A Lacanian*



Perspective on Sexual Difference (Routledge: 2017). She has published two edited volumes (with Manya Steinkoler) *Lacan On Madness: Madness Yes You Can't* (Routledge: 2015) and *Lacan, Psychoanalysis and Comedy* (Cambridge University Press: 2016). Most recently, she published (with Chris Christian) *Psychoanalysis in the Barrios: Race, Class, and the Unconscious* (Routledge: 2019).



Learning Objectives

Participants will learn:

- To identify key patterns of relating, of clinician bias, that interfere with adequate empathic resonance with patients from challenged ethnic and sexual minorities.
- To understand the relationship between the patient's need for unconditional acceptance and the importance of maintaining clinical boundaries to help them develop a sense of safety and identity within themselves through the therapeutic relationship.
- To recognize how unarticulated, or unconscious biases, on the clinician's part can negatively impact the therapeutic process.



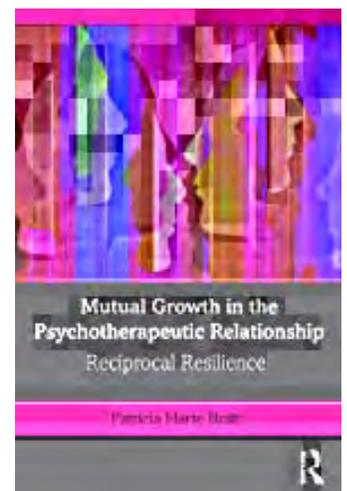
Patricia Harte Bratt, PhD

Minding Boundaries: Countertransference and Reciprocal Resilience in Clinical Training and Practice

Patricia Bratt is a psychoanalyst, psychotherapist, clinical supervisor practicing in Livingston, NJ and New York City. She is a director of the Academy of Clinical and Applied Psychoanalysis (ACAP), and BGSP-NJ offering a Masters degree in Clinical Mental Health Counseling (MMHC) and in Psychoanalysis (MAP). Dr. Bratt is president of the National Association for Advancement of Psychoanalysis (NAAP) and the NJ Certified Psychoanalysts Advisory Committee. As Director of Applied Psychoanalysis at ACAP she developed its program in Trauma & Resilience Studies, and in 2018 launched the iStrive Center: a weekend program for young adults on the

autism spectrum.

Dr. Bratt is faculty and training supervisor at several psychoanalytic institutes, and has been graduate faculty at the Boston Graduate School of Psychoanalysis, Drew University, Centenary College, and Union College. She is the author of articles on group dynamics, stress in relationships, theory of technique, and working with memory impaired trauma victims. She has been a consultant expert on TV and in the news. Her recent book, *Mutual Growth in the Psychotherapeutic Relationship: Reciprocal Resilience*, is published by Routledge (2019).



Learning Objectives

Participants will learn:

- To identify some ways in which countertransference reactions can impact the therapist's therapeutic boundary issues such as: impulsivity, self-revelation, and other forms of acting out behavior.
- About the positive reciprocal loop between clinician and patient that can increase emotional resilience for both.
- To identify parallels between the therapeutic and supervisory relationship, and mutual growth.
- To assess some of the ethical and relational issues arising in the course of clinical training and some means for addressing them in the institute or school settings.



Jennifer R. Harper, MDiv, DD, NcPsyA

Jennifer Harper is Director of the Interfaith Doctor of Ministry program for Pastoral Care at the Hebrew Union College–Jewish Institute for Religion (New York Campus). She is a faculty member at the Blanton-Peale Institute for Religion and Health, and is a former Dean of training in psychoanalysis at the Westchester Institute for Training in Psychoanalysis and Psychotherapy (Bedford Hills NY). She is past-President of the National Association for the Advancement of Psychoanalysis (NAAP), and currently serves as Chair of the American Board for Accreditation in Psychoanalysis, Inc. (ABAP, Inc.)

Ms Harper received the Masters of Divinity degree from Union Theological Seminary in New York City and a Certificate in Psychoanalysis from the Westchester Institute. She is in private practice in New York City and Bergen County, NJ.

Certificate Requirements:

There is a \$15 fee and a conference evaluation form required for each CE certificate. One can request a certificate for their profession or a general Certificate of Attendance.

Evaluation forms must be handed in at the end of the event. There is no partial credit offered.

Participants must indicate on their registration form the certificate(s) they are requesting, and their license or certificate #.

All CE certificates will be emailed, unless US postal mail is specifically requested.

CE INFO

7.5 CEs for full conference attendance

PSYCHOANALYSIS

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#P-0019.

Psychologists

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NY Social Work CE

National Association for the Advancement of Psychoanalysis SWCPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0168.

NJ Social Work CE <http://www.njconsumeraffairs.gov/regulations/Chapter-44G-State-Board-of-Social-Work-Examiners.pdf> **Boston Graduate School of Psychoanalysis - NJ** is accredited by the The New England Commission of Higher Education (NECHE), and in partnership with ACAP, is an approved provider of Social Work Continuing Education Hours for New Jersey Social Workers, as well as many other states, including Pennsylvania. Please check your states guidelines for their requirements.

NY Mental Health Counselors

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Certificate of Attendance available for other groups and states. Please check your state profession's website for information about approval of out of state events.

Call or write to inquire about CE's for your profession.

CANCELLATION POLICY: Please be advised Registrations are non-refundable.

Emily Horvath
naap@naap.org
212-741-0515



PARKING

There are several parking lots or garages in the immediate area.



**Hebrew Union College -
Jewish Institute of Religion**
Brookdale Center
One West Fourth Street
New York, NY 10012-2286
(212) 674-5300
www.huc.edu

NY SUBWAY & BUSES

Subways: N, R to 8th Street, 6 to Astor Place, A, C, E or B, D, F, Q to West 4th Street

Buses: M1, M5, or M6 to Waverly Place.

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Get Early Registration Discount!

Or go to:

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There are no refunds after registration.