



## Summer Children Social Skills Training Group (Suitable for Primary 1 to 6 students)

### Course Details

This course strives to improve primary school students' social abilities through group activities, sharing and role play. This includes paying attention to social cues, understanding societal rules, decoding what others think and how to manage feelings from past experiences etc., enabling them to build and maintain good relationships with peers.

### Course Schedule

	Lesson Topic	Class A (Tues & Fri)	Class B (Mon & Thurs)
Session 1	Building good impression	14-7-2020	27-7-2020
Session 2	Controlling your emotions	17-7-2020	30-7-2020
Session 3	Strengthening communication skills	21-7-2020	3-8-2020
Session 4	Becoming a welcoming person	24-7-2020	6-8-2020
Session 5	Solving problems effectively	28-7-2020	10-8-2020
Session 6	Protecting oneself and handling conflicts	31-7-2020	13-8-2020
Session 7	Maintaining good sportsmanship	4-8-2020	17-8-2020
Session 8	Working in a team	7-8-2020	20-8-2020

**Time:** 1045 – 1200

**Address:** Unit 605, 6/F Printing House, 6 Duddell Street, Central, HK

**Fee:** \$600/session (can freely choose any session) [enrol 6 sessions to get 1 free]

Course enquiries or registration

Phone: 21518009 / Whatsapp: 56230196 / Email: [info@alphawellbeing.com.hk](mailto:info@alphawellbeing.com.hk)



## Summer Social Skills Training Group

(Suitable for Secondary 1 to 5 students)

### Course Content

This course aims to develop secondary school students' social skills, helping them solve problems in their daily lives. After completing the training, they will be able to grasp the basic skills in getting along with peers, as well as to enjoying the fun of socializing.

### Course Schedule

	<b>Lesson Topic</b>	<b>Class A (Every Tues) 1645 - 1800</b>	<b>Class B (Wed/Fri) 1215-1330</b>
Session 1	Enhancing your communication skills	14-7-2020	15-7-2020
Session 2	Finding common topics in conversations	21-7-2020	22-7-2020
Session 3	Techniques of joining and exiting conversations	28-7-2020	29-8-2020
Session 4	Improving others' impression on you	4-8-2020	14-8-2020
Session 5	Resolving conflicts with peers	11-8-2020	21-8-2020
Session 6	Appropriate responses and strategies to face bullying	18-8-2020	28-8-2020

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