

MOXIE Coaching Program

Women's Confidence and
Leadership Coaching Program

What do you struggle with?

This program is specifically designed to address:

- The unique challenges of being a woman executive or business owner
- The need for a straightforward coaching approach
- The need for useful tools, meaningful and inspiring education, and accountability

What to Expect:

- Invest in your own development
- Uncover and correct the habits or coping strategies that may be holding you back
- Examine your competence
- Change leadership insecurities
- Examine your teamwork ability
- Learn, grow, and, plan for real change

What Will You Receive?

Regular Sessions with Coach Monique

(90 Minutes-120 Minutes per session)

Up to four coaching sessions per month depending on the client's goals and progress

Unlimited Support

Coaching support through text, phone, and email throughout the coaching experience

Customized Tools

Clients receive a customized transformational audio recording to support them daily throughout the coaching engagement and beyond



About Coach Monique:

A certified Emotional Intelligence, Executive Coach, and Life Coach, Monique serves business organizational leaders in providing coaching, corporate training, and effective business strategies. With a proven record of delivering culture change she brings documented results of strengthening individuals and groups to move forward with renewed focus, optimism, and clarity in their personal and professional lives.

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