

Get Your Mojo Back Coaching Program

GET MOTIVATED TO MOVE IN A NEW DIRECTION.

What do you struggle with?

This program is specifically designed for those who:

- Have a career that has become stagnant
- Is re-entering the workforce
- Want to change career focus
- Have experienced a setback and need a boost

What to Expect:

- Help with moving in a new direction
- Ability to manage change
- Rejuvenate yourself and get motivated
- Redefine your personal brand and enhance your professional presence
- Sharpen your management skills
- Become more confident
- Recognize and re-work blind spots and obstacles

What Will You Receive?

Four Sessions with Coach Monique

(60 Minutes-90 Minutes per session)

Up to four coaching sessions per month depending on the client's goals and progress

Unlimited Support

Coaching support through text, phone, and email throughout the coaching experience

Customized Tools

Clients receive a customized transformational audio recording to support them daily throughout the coaching engagement and beyond



About Coach Monique:

A certified Emotional Intelligence, Executive Coach, and Life Coach, Monique serves business organizational leaders in providing coaching, corporate training, and effective business strategies. With a proven record of delivering culture change she brings documented results of strengthening individuals and groups to move forward with renewed focus, optimism, and clarity in their personal and professional lives.

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