Conference Faculty

Robert L. Hendren, DO - Chair of the Faculty

Dr. Hendren is Professor of Psychiatry and Behavioral Science; Director of Child and Adolescent Psychiatry, Director of the Autism and Neurodevelopmental Program, Co-Director of the Dyslexia Center and Vice Chair of the Department of Psychiatry at UC San Francisco. Previously, he was Professor of Psychiatry and Executive Director at the U.C. Davis MIND Institute (Medical Investigation of Neurodevelopmental Disorders). He is Past President of the American Academy of Child and Adolescent Psychiatry. He has published four books and 100 scientific papers and has been listed in "The Best Doctors in America" each year since 1996.

David Berger, MD

Dr. Berger is a board-certified pediatrician. Dr. Berger specializes in pediatric primary care with an emphasis on genetic and environmental triggers during pregnancies. More than 500 of his patients over the last 10 years have enjoyed safe pregnancies and healthy children. Specifically, none of the children developed diabetes, just one developed asthma and only one family has recurring ear infections. He is a co-founder and advanced practitioner of the Medical Academy of Special NeedsPediatricians (MAPS).

José Cordero, MD

Dr. Cordero is a pediatrician, epidemiologist, and Dean of the Graduate School of Public Health at the University of Puerto Rico. Dr. Cordero was an Assistant Surgeon General of the United States Army, and the founding director of the National Center on Birth Defects and Developmental Disabilities (NCBDDD) at the Centers for Disease Control and Prevention (CDC). NCBDDD is a leading research institution for birth defects and developmental disabilities, including autism and hereditary disorders. His research focuses on risk factors and prevention of preterm births. He is a Member of the Board of Trustees at the March of Dimes.

Brenda Eskenazi, PhD

Dr. Eskenazi is an expert in reproductive and perinatal epidemiology. She is Professor of Maternal and Child Health and Epidemiology at U.C. Berkeley. Her research has been the effects of toxicants including lead, solvents, tobacco smoke, dioxin, and pesticides and their consequences for human reproduction and child development. She is the Principal Investigator/Director of an NIH/NIAAA Center for Excellence in Children’s Environmental Health Research and its project, "CHAMACOS," which investigates the exposure pathways of pesticides and the effects of pesticide exposure.

Robert Heaney, MD

Dr. Heaney is Professor of Medicine at Creighton University, where he recently served as Vice President for Research. He has received prestigious awards, including the McCollum Award of the American Society of Nutrition, the Alumni Medal of the Agricultural Research Service (USDA), and the Bartter Award of the American Society for Bone and Mineral Research. He is a Fellow in the American College of Physicians, the American Society for Nutritional Sciences, and the American College of Nutrition.

Zahra Mehdizadeh Kashi, PhD, HCLD

Dr. Kashi is a board-certified molecular immunohematologist with experience in clinical laboratories, biologics, and pharmaceuticals. A consultant with dozens of peer-reviewed publications, she gives presentations at numerous conferences each year. She has also served as Clinical Assistant Professor, Department of Pathology, Oregon Health & Science University. She is the founder of Kashi Clinical Laboratories, whose offerings include transfusion-related services, genomic testing, and custom target sequencing.

Kent Thornburg, PhD

Dr. Thornburg received his Ph.D. in developmental physiology and studied cardiovascular physiology as an NIH postdoctoral fellow at Oregon Health & Science University. He is M. Lowell Edwards Chair, Professor of Medicine, Director of the Center for Developmental Health at the Knight Cardiovascular Institute, and Director of the Bob and Charlee Moore Institute for Nutrition & Wellness. He has expertise in cardiovulnerary physiology and studies the placenta and intrauterine environment as programming agents for adult-onset chronic disease and leads studies on maternal diet and body burden in regulating fetal growth. He is the principal investigator on NH studies including maternal-fetal signaling, heart development and placental function.

Carol L. Wagner, MD

Dr. Wagner is a board-certified pediatrician and neonatologist. She is a Professor of Pediatrics at the Medical University of South Carolina. She is a member of The International Society for Research in Human Milk and Lactation and a Fellow in the Academy of Breastfeeding Medicine. She is an elected member in the Society for Pediatric Research. She is co-principal investigator of a recently completed NIH/NICHD-supported vitamin D supplementation trial involving pregnant women and their infants and a similar trial involving lactating women and their infants.
Introducing P2i
A Premier CME Course to Help Ensure Safe Pregnancies & Healthy Children

The P2i Launch Weekend:
The first medical protocol presented by our nation’s leading pediatric experts to significantly reduce the rate of pre-term births and chronic conditions in infants.

- • Friday, April 10th – Join the P2i Faculty for a Hosted Dinner! You’re invited to be our guest for this global gathering of thought leaders to celebrate the launch of a revolutionary advance in pediatric healthcare. Take advantage of this opportunity to socialize with our P2i Faculty in this engaging setting! 6:30 to 9:00pm. Hosted dinner for medical professionals. P2i partners are encouraged to attend at $40/person.
- • Saturday, April 11 – The Science Behind P2i 8:15am to 4:30pm
- • Sunday, April 12 P2i Tool Kit for Effective Implementation 8:15am to 12 noon. Attend this session to receive the Doctor’s Tool Kit and to be listed in the P2i Virtual Campus.

The P2i Protocol – A Paradigm Shift in Thinking Delivers Revolutionary Outcomes
This starts with the seed of hope. Every parent has it, and with each passing month of pregnancy, the hopes and dreams for this child distill down to one question: Will my child reach full potential?
The P2i vision grows out of a paradigm shift now occurring among scientists who provide chronic conditions and pregnancy issues and the clinicians who treat them.
The old paradigm maintains that chronic conditions and pregnancy issues are unpredictable, random events, and/or perhaps genetic in origin.
The new paradigm posits that many causes of chronic conditions and pregnancy issues are, in principle, identifiable and controllable. Such causes include improper nutrition, toxins present in the environment, and stresses on the parents.

Why We Need P2i
In the United States, today the numbers are devastating
• The percentage of miscarriages stands at a staggering 33%
• The pre-term birth rate is 12%
• By the age of five, more than 40% of American children will be found to suffer from chronic health conditions such as cancer, attention deficit disorder, autism, bi-polar disorder, epilepsy, celiac, dyspraxia, or serious food allergies.

The Economic Cost is Far-Reaching
- In 2012, costs associated with miscarriages, preterm births and childhood chronic illnesses in the U.S. reached an estimated $500 billion – almost the total cost of Social Security;
- Each year, our schools spend millions of dollars providing special training and classroom support for students with chronic health conditions;
- And yet, each dollar invested in P2i is expected to save thousands of dollars in future costs to parents, communities and governments.

Through P2i, a Legacy is Emerging
Imagine that your medical research helped find the cure for polo. Your legacy would benefit future generations of every nation in the world; you would have changed the world permanently and for the better. The P2i project presented here can be far more transformational than Salk’s polo vaccine. By becoming trained with the P2i Protocol, you can save future generations of children from the rising tide of chronic illnesses, allowing them to reach their full potential.

The Path Always Led to P2i
Peer-reviewed scientific studies and careful clinical practice have been conducted over many years. They demonstrate that a high incidence of problem pregnancies and a high incidence of serious, chronic disorders among children are likely the result of environmental factors.
P2i is not new science. From 1990-92, Foresight, the British Association for the Promotion of Preconceptual Care, and researchers at the University of Surrey followed 367 couples deemed “high-risk.” They received pre- and post-conception counseling on toxin burden reduction and proper nutrition, very similar to a P2i Protocol. Upon completion, 89% had successful births of healthy babies after full-term pregnancies, including 81% who were previously infertile. In November 2006, a study in Lancet reported that “the combined evidence suggests that neurodevelopmental disorders caused by industrial chemicals have created a silent pandemic in our society.”
We now know that improving pregnancy outcomes and the health of babies is not only possible, it’s also not very difficult. For example, Tampa-based, board-certified pediatrician, Dr. David Berger, has established a remarkable record of more than 500 safe pregnancies and healthy children using the P2i Protocol.

By the time American children reach the age of five, more than 40% of them will be found to suffer from chronic health conditions.

Register Now for the P2i Weekend!
What You Will Learn:
During our Saturday CME session, our nation’s pregnancy experts will teach you how to help women dramatically lower the risk of unsafe pregnancies and children with chronic conditions by adopting our science-based protocol.

What You Will Receive:
- • 10 CME for Saturday & Sunday sessions;
- • A Doctor’s P2i Tool Kit will be distributed during the Sunday session;
- • A complimentary listing as a Certified P2i Practitioner inside the Doctor’s Building of our Virtual P2i Campus. The campus is designed to attract more than 5 million patients over the next three years. Your patient base will grow dramatically as a result of this exclusive listing;
- • Complimentary seating at our Friday night reception and dinner so you can meet our renowned faculty!

What Do We Know About Improving Neurodevelopmental Outcomes During Pregnancy? Introduction, Course & Content Overview
David Berger, MD
9:00 to 9:30am
A Physiological Approach to Peri-Natal Nutrient Requirements
Robert L. Hendren, MD
9:30 to 10:00am
Chronic Disease Arises from Poor Nutrition in the Womb
Kent Thornburg, PhD
10:15 to 10:30am
Break
10:30 to 11:15am
Early Life Exposure to Environmental Chemicals & Effects on Neurodevelopment
Brenda Eisenmani, PhD
11:15 to 12:00pm
The Epidemiology of Autism: Clues for the Role of Preconceptual Care & Prevention
Jose Cordova, MD, MPH
12:00 to 12:15pm  Discussion - Morning Speakers
Facilitated by Robert L. Hendren, DO
12:15 to 11:15pm  Lunch & Discussion
1:15 to 3:30pm
• Vitamins D Requirements During the First 1000 Days: From Conception to Early Infancy
Carole Wagner, MD
2:30 to 3:15pm  Toxicology Biomarkers
Zahra Mokhtari Rashki, PhD, HCLD
3:15 to 4:00pm
P2i: A Clinician’s Approach: Developing Healthier Babies
David Berger, MD
4:00 to 4:30pm
Discussion with Refreshments - Afternoon Speakers
Facilitated by Robert L. Hendren, DO

FRIDAY, APRIL 10
6:30 to 9:00pm
Reception & Hosted Dinner for P2i Faculty & Physician Attendees (P2i Partners are invited to attend the dinner at $40/person).

SATURDAY, APRIL 11
7:45 to 8:15am . Continental Breakfast
8:15 to 8:45am
What Do We Know About Improving Neurodevelopmental Outcomes During Pregnancy? Introduction, Course & Content Overview
Robert L. Hendren, DO
8:45 to 9:30am
A Physiological Approach to Peri-Natal Nutrient Requirements
Robert L. Hendren, MD
9:30 to 10:00am
Chronic Disease Arises from Poor Nutrition in the Womb
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David Berger, MD
4:00 to 4:30pm
Discussion with Refreshments - Afternoon Speakers
Facilitated by Robert L. Hendren, DO

SUNDAY, APRIL 12
7:45 to 8:15am . Continental Breakfast
8:15 to 12:00pm
Clinical Practices, Measuring Body Toxins, Workbook Presentation
David Berger, MD
12:00 to 12:30pm
Discussion - Q & A Session
Facilitated by Robert L. Hendren, DO
12:30pm  Closing Comments

The Doctor’s P2i Tool Kit Includes:
• A comprehensive ready-to-use workbook and materials so you’ll be prepared to see patients while implementing the P2i Protocol;
• A series of clinical gems from doctors who have used the P2i Protocol.