



# Come Away, Rest, and Pray Weekend Retreat

Weekend Date: February 12<sup>th</sup>-14<sup>th</sup>, 2021

**Bethlehem Farm**

**c/o Raine**

**P.O. Box 415**

**Talcott**

**West Virginia**

**24981**

**Phone:**

**304.445.7143**

**E-mail:**

[retreats@bethlehemfarm.net](mailto:retreats@bethlehemfarm.net)

**Website:**

[bethlehemfarm.net](http://bethlehemfarm.net)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Gender (for room assignments): \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medical conditions we should be aware of:

\_\_\_\_\_  
\_\_\_\_\_

Previous visits to Bethlehem Farm, if any:

\_\_\_\_\_

### Important Notes:

1. All visitors of Bethlehem Farm are asked to fully read and fill out our Bethlehem Farm Covid-19 Protocols Document found on pages 3 and 4 of this document. There are three parts to this:
  - i. Send an E-mail to Raine confirming that you read, understood, and will follow the protocols and procedures of the Covid-19 document by **Noon on January 28<sup>th</sup>, 2021 or sooner.**
  - ii. Email your first filled our document to Raine by **Noon on January 28<sup>th</sup>, 2021 or sooner.**
  - iii. Re-read, make adjustments as needed, sign, and email document to Raine by **Noon on February 9<sup>th</sup>, 2021.**
2. We take Covid-19 very seriously for the health and safely of the vulnerable community we work with, for our visitors like you, and for ourselves. **With this said, please do no depart for you travel here without confirmation from us that you are cleared to join us, after we received your Protocols Document each time (Jan 28<sup>th</sup>, and Feb 9<sup>th</sup>).**
3. Due to Covid-19, dates and schedule are subject to change.

I agree to hold harmless Bethlehem Farm Inc. and any/all employees from any and all injury or liability that may occur while at Bethlehem Farm or any Bethlehem Farm related activity. I accept full responsibility for any medical treatment and expenses related to such that should arise during or after my stay at Bethlehem Farm. I understand that Bethlehem Farm Inc. does maintain adequate liability insurance on its property.

Signed \_\_\_\_\_

Date \_\_\_\_\_

**First Steps of Registration:**

1. **E-mail this completed registration form (pages 1 and 2) along with your confirmation** that you read, understood, and will follow the protocols and procedures of the Covid-19 document (begins on page 3 of this document).
2. **Make a donation.** \$130 suggested donation covers a portion of our costs. If the suggested donation is not possible then \$100 or \$70 donation would cover a smaller portion of our costs. Donate online at <http://bethlehemfarm.net/retreats/weekend-retreats> or send us a check.

E-mail Raine: [retreats@bethlehemfarm.net](mailto:retreats@bethlehemfarm.net)

Phone: 304.445.7143

Website: [bethlehemfarm.net](http://bethlehemfarm.net)

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Don't hesitate to call or E-mail with any questions. Thank you ☺

## Bethlehem Farm Covid-19 Volunteer/Visitor Questionnaire/Protocols

Revision Draft 12/28/2020 by REN

**Please read this document and send an email to Raine at [retreats@bethlehemfarm.net](mailto:retreats@bethlehemfarm.net) by Noon on January, 28 or sooner, indicating that you have read, understood the contents of the form, and will follow these protocols and procedures. You are also required to send two additional confirmation forms (noted at the end of this document) prior to beginning your trip to the Farm.**

As many of us have experienced, Covid-19 has caused countless disruptions to our plans and daily lives. The Caretaker Community at Bethlehem Farm, however, remain excited for friends of the Farm community to join us.

The Farm instituted clear and effective Covid-19 procedures and protocols at the beginning of the pandemic which have resulted in a safe and healthy environment for our volunteers, the community members which we work with and serve, and the Farm Caretaker staff. These procedures and protocols have, and will continue to evolve as required. We have adopted the Covid-19 prevention method of forming a pandemic pod or bubble so once volunteers arrive at the Farm they are able to safely and confidently socialize with one another and the Farm staff. This "Pre-arrival Covid-10 Questionnaire /Protocols" document is constantly being reviewed for relevant updates due to new Covid-19 information.

The Bethlehem Farm community is taking the threat of infection extremely seriously because our careless actions could cause the death of a neighbor/homeowner, most of whom are members of vulnerable populations.

Our low-income home repair program provides an essential service to those whose homes are unsafe, unhealthy or are in danger of becoming unhealthy or unsafe. Thus, we are continuing to go to worksites as we are able. We have implemented sanitizing, distancing, and masking practices while at worksites to reduce the homeowner's and our own exposure as much as possible.

We have adopted the following preventative practices and need you to begin following these practicing 14 days prior to your visit to the Farm and continue once you have arrived at the Farm.

- Social distancing, keeping at least 6 feet between you & those you don't live with (for less than 15 minutes, with a mask, indoors or outdoors), restricting trips out of your home for essentials only, wearing face masks in public, thoroughly sanitizing anything which may have contacted germs.
- Thoroughly washing hands with soap for the prescribed 20+ seconds when entering your kitchen before meals, after using the bathroom, and liberally throughout the day.
- Follow CDC guidance on sneezing and coughing: Cover your nose and mouth completely with a tissue when you sneeze or cough, creating a seal around your nose and mouth, and throwing the tissue in the trash. If you do not have a tissue, sneeze or cough by placing your nose and mouth firmly against your elbow, creating a seal around your nose and mouth.
- Updating those in your household about any symptoms that develop, no matter how minor or seemingly unrelated the symptom may be
- Adopting prudence when deciding whether or not to take trips away from home, understanding this may mean not taking some trips that you would like to take, and accepting your community input when making these decisions.
- Following general healthy practices to support your immune systems such as getting plenty of rest and physical activity, implementing stress management techniques, drinking plenty of

fluids, and eating nutritious food, including cutting back on sugar because sugar intake reduces immune response significantly.

- Only using personal hand towels to dry our hands in the bathrooms.
- Respecting the comfort level of others in your community regarding personal space.
- Remaining flexible and open to new procedures as decided by your community and:

**We Screen those who visit the Farm with the following questions. Please respond to each question and elaborate on any yes answers, taking as much space as you need. Please note, your responses on these questions will not necessarily disqualify you from serving at Bethlehem Farm. We may have follow up questions based on some responses but it is very important you respond to the best of your knowledge and indicate when you are uncertain.**

1.) In the past 14 days have you, or those you live with, had any Covid-19 symptoms as described by the CDC? If so, which ones and when?

- You \_\_\_\_\_
- Rest of Your Household \_\_\_\_\_

2.) How many people do you live with? \_\_\_\_

How many are health care or other essential workers? \_\_\_\_\_

-If any of the people in your household are going to their workplace, please describe, by individual, their work environment and the safety precautions they are practicing:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

4.) How many people have you, and the people you live with, come into close contact (within 6 feet of for 15 minutes or more, with or without a mask, indoors or outdoors) within the past 14 days?

- You: \_\_\_\_\_
- Rest of Your Household: \_\_\_\_\_

5.) Have you, or someone you are living with, been exposed to someone else who was diagnosed with Covid-19, someone who has been quarantined as a precaution, or someone who has symptoms consistent with Covid-19 in the last 14 days?

- You \_\_\_\_\_
- Rest of Your Household \_\_\_\_\_

6.) To the best of your knowledge, have you, or someone you are living with, been in contact with anyone who has been in contact with someone who was diagnosed with Covid-19, someone who has been quarantined as a precaution, or someone who has symptoms consistent with Covid-19? In the last 14 days?

- You \_\_\_\_\_
- Rest of Your Household \_\_\_\_\_

7.) Which of these precautionary habits have you, those you live with, and those you work with, been practicing for the last 14 days? Social distancing, keeping at least 6 feet between you & those you don't live with (for less than 15 minutes, with a mask, indoors or outdoors), restricting trips out of the home for essentials only, wearing face masks in public, thoroughly sanitizing anything which may have contacted germs.

- You \_\_\_\_\_
- Rest of Your Household \_\_\_\_\_
- Workplace/school \_\_\_\_\_

8.) Please provide detail of your daily activities, and the activities of those you live with, over the last 14 days, including any trips outside of your state of residence.

- You \_\_\_\_\_
- \_\_\_\_\_
- Rest of Your Household \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

9.) I confirm that I have answered these questions with certainty.

- \_\_\_\_\_

**Please initial the following to indicate your agreement:**

- ◆ I have thoroughly read this document. \_\_\_\_\_
- ◆ I know that if I am traveling from a Covid-19 “hotspot” I may be required to have a negative test result prior to arriving. \_\_\_\_\_
- ◆ When travelling to the Farm, I will practice social distancing of six feet, wear a mask while in public spaces such as gas stations, train cars, airplanes, and will carefully disinfect myself by using hand sanitizer or thoroughly washing my hands with soap and water after coming in contact with potentially compromised surfaces (gas pumps, door handles, etc.) \_\_\_\_\_
- ◆ I am fully aware my failure to comply with the above practices both before arriving at Bethlehem Farm and during stay at Bethlehem Farm could have serious consequences for the vulnerable populations of West Virginia and may result in the community requiring me to leave the Farm.  
\_\_\_\_\_
- ◆ I understand that not completing and forwarding the required follow-up documentation by the dates and times noted below will result in the withdraw of the Farm’s invitation to visit. \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Arrival date: \_\_\_\_\_

Estimated Arrival time: \_\_\_\_\_

I currently reside in: State: \_\_\_\_\_ City \_\_\_\_\_  
County \_\_\_\_\_

**This completed form is due on January 28<sup>th</sup> or sooner by 12 noon ET. Email completed form to Raine at [retreats@bethlehemfarm.net](mailto:retreats@bethlehemfarm.net)**

**Next required check-in:**

Review the document you sent Raine on January 28<sup>th</sup>. Note any changes as needed.

**Response due on February 9th, by 12 noon ET.**

I confirm that the answers completed by the Jan. 28th check in date, remain the same. If the answers have changed, changes are noted next to each previously provided answer. This confirmation must be received before prior to your departure. If you experience any incidents during your travel to the Farm that violates any procedures or protocols, you are required to call the Farm prior to arrival.

Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_