

# Caregiver Support Information

## Caregiver Support Group Meetings are Held Monthly

Big Spring Senior Center -  
Dora Roberts Community Center  
100 Whipkey Dr. 3rd Tuesday  
10:00 a.m.

Midland - The Village at Manor Park  
Barney Greathouse Building  
2208 N. Loop 250 West  
Last Thursday of each month  
10 a.m. and 2:00 p.m.

Midland  
St. Luke's United Methodist Church  
3011 W. Kansas – 2nd Tuesday  
2:00 p.m.

Odessa – Odessa Regional Medical Center  
Senior Advantage - South Campus  
520 E. 6th – 4th Wednesday  
2:00 p.m.

Stanton – Martin County Citizens Senior  
Center  
104 E. Broadway – 2nd Tuesday  
1:00 p.m.

### FOR MORE INFORMATION CONTACT:

SUSAN FREDERICKSON  
CAREGIVER PROGRAM  
SPECIALIST

Phone: 432.262.4962  
Fax: 432.563.1728  
Email: [sfrederickson@aaapb.com](mailto:sfrederickson@aaapb.com)

The definition of *SUPPORT* is to *give courage  
and strength.....*



.....the definition of *GROUP* is to *bring together!*

The purpose of our Caregiver Information Services Program is to provide practical information, education and resources to meet the challenges of caregiving. We offer support to anyone caring for a person 60+ years of age or someone with dementia. We address practical issues such as health care assistance, dealing with behaviors, respite care & much more.

This information is available through one of our monthly meetings, one on one meetings, by telephone, email, or virtually.



2910 La Force Boulevard, P.O. Box 60660 Midland, TX 79711-0660