



WALTER PROSCHINGER - *A World of Opportunity*

“You almost feel as if you’re being regenerated, being back out in the community,” says Walter, who lived at Inglis House while building his independent living skills and receiving specialized therapy to use a hand prosthesis. “Now I have my own apartment, my own space...I can pick out what I want for dinner, relax, take a nap or watch TV.” The move to his fully accessible apartment at Inglis Gardens at Belmont has been a catalyst. “Right now, I’m reassessing my short and long-term goals,” he says. “I see employment in my future. I hope to volunteer more extensively to give back to the disabled community. Just opening the door and knowing that you can go out and do anything opens up a world of opportunity.”

ASHLEY MURPHY-MOORE - *Enjoying the Simple Things in Life*

When Ashley received the key to her new apartment, she couldn’t repress the goosebumps and butterflies she felt. “I couldn’t stop smiling and I’m still smiling,” she laughs. Ashley, who lives with her sister, who is also her caregiver, is “deep-diving” into her new life and savoring all aspects of her daily routine: drawing, painting, cooking, cleaning, laundry and regular excursions into every nook and cranny of Philadelphia. “I’m spreading my wings,” says Ashley proudly. “It shows me that I can do anything...to come and go as I please...to experience the world and not simply watch it through a window.”



DAWN ROUSE - *Using Technology to Remove Barriers*



Dawn is the first Inglis Gardens at Belmont resident to enjoy a fully equipped smart home that allows her to control her thermostat, turn on lights and music and check to see who is at her door from her smartphone or tablet. And when Dawn’s night-time aide enters the apartment using a passcode, her bedside lamp is programmed to blink on momentarily, allowing her to go back to sleep feeling safer just knowing she’s there. “I really don’t have enough words to say how much having a smart home has impacted my life,” says Dawn. “People take for granted the ability to come home from work, turn their lights on, play music and get comfortable. It’s such a little thing, but that’s me now...it’s me again. The person I used to be is the person I am again. Little things go a long way and a lot of little things go even farther!”

TANYA AND TIANNA - *A New Home Brings Mom & Daughter Closer*

In their Northeast Philadelphia row home, Tanya, mother of 23-year-old Tianna, struggled to transfer her daughter onto stair lifts and into small rooms and tight spaces. Today, their fully accessible, open floor plan apartment not only makes life easier, but allows mother and daughter to enjoy quality time together in ways they never imagined. “We watch TV together in my bedroom and we could never do that before,” says Tanya. “But the best was the other night when I was cooking. Tianna was in her bedroom and I started singing Mary J. Blige. She could hear me and laughed. I looked up and was able to make eye contact with her. It was so touching. I cried tears of joy!”

