



Ketamine

Pre-infusion requirements

- ___1. Recommendation/Referral from licensed mental health provider
- ___2. Full psychiatric evaluation including but not limited to Beck's depression inventory scale
- ___3. Obtain CBC, CMP and drug screening
- ___4. Obtain full medical history and psychological treatment therapy including current medications
- ___5. Obtain informed consent from patient or authorized guardian
- ___6. Screen for uncontrolled heart disease, hypertension, and seizures (these must be controlled prior to treatment)
- ___7. Instruct patient to wear comfortable clothing on their infusion day, they may bring one visitor into the room. Remind visitor that they may be asked to leave by anesthesia provider if necessary.
- ___8. Remind patient of nothing by mouth 4 hours prior to infusion. No clear water two hours prior to infusion

Day of infusion

1. Check patient in and bring them into the ketamine therapy room
2. Offer headphones or soft music, no television
3. Offer blanket or pillow
4. Start IV using standard precautions preferably in a large vein (AC) 20-18 gauge catheter, hep lock iv, do not connect ketamine infusion tubing.
5. Secure IV and instruct patient to keep arm extended with adequate support
6. Turn down the lights, natural light is encouraged
7. Instruct visitor that they are not to engage in conversation with patient unless patient initiates the conversation.
8. Await for anesthesia provider



After Infusion

1. Nurse is to observe vital signs every 5 minutes for 30 minutes during recovery
2. Nurse is to observe patients alertness during the 30 minutes
3. After 30 minutes have patient sit up and evaluate for nausea/syncope for a few minutes
4. Have patient slowly stand while providing support. If patient feels awake and alert and show, you may have designated guardian sign the patient out. This officially discharges the patient from IVhealth center and into the care of the designated guardian
5. Contact anesthesia provider if any issues occur that are not covered by the preauthorized protocol