

Local Wellness Policy Assessment

Date: 12/08/2017

Nutrition Promotion Goals: Desert Heights Charter Schools are meeting our goals of only having marketing items posted that promote healthy eating and lifestyles.

Nutrition Education Goals: Desert Heights Charter Schools are meeting our goals of having all students able to demonstrate knowledge of nutrition, health, and physical activity through scheduled physical education and health courses as part of the K-12 curriculum.

Physical Activities: All students K-12 participate in physical activity as part of the required yearly instructional minutes.

Other School Based Activities for Student Wellness: The list of websites needs to be checked to make sure of current activity, and added to if needed.

Local Wellness Policy Implementation Plan: The Wellness Committee would like to see more field trips that promote healthy foods, healthy bodies, and healthy lifestyles.

A garden has been started on our Charter Campus, with a gardening club taking place weekly after school.

Exempt fundraisers: The Wellness Committee decided that all exempt fundraisers will be submitted to the Food Service Director, who will review, and either approve/reject them. Considerations will be made based on the organization, the duration of the fundraiser, how many exempt fundraisers have been held, etc.

Parent/Community Involvement: Involvement from our parents and community is very important to us. The Wellness Committee will continue to focus on ways to include whomever would like to participate in the Wellness Policy review, assessment, and updating.