

BEACH SESSION LIST



Bringing any child to the beach can be a lesson on patience. I have put together a list to help on what you can bring to your beach session to help alleviate some stress.

Bring along a small lunch box to keep drinks cool with some ice packs. On hot summer days kids always like to cool down with the ice packs.

Not to Bring:

Anything that melts or stains: Chocolate, Skittles, Red drinks (They leave stains on the mouth And clothes)
If it doesn't have a cap: Capri Sun, Juice Boxes, leave them at home.

Snack Ideas:

- Flip Flops - NOT for your pictures, but the ground can get very hot walking from your car to the beach.
- Change of shoes, you may not want All of your pictures barefoot, you may want to bring along a cute pair of wedges and sperrys for the boys. You can change your shoes for a group photo to give your session some variety. <-- Leave in your car.
- If you are bringing along small children a pack of wipes is always a good idea (and diapers if needed)
- Bottled water or juices for the kids
- Animal crackers, Gold Fish or Teddy Grams
- Baby Powder is Great for getting the sand off of those little ones for the ride home.
- Change of clothes and towel - The kids are going to Beg to play after the pictures are done.
- A small beach bag to put all of the above in!