

Salmon River Class II/III/IV depending on the level. Length: Approx. 9.1 km

The Salmon River is one of the earliest rivers in the area that becomes ice free, and usually the flows last the longest on this river. It is located a short drive from Marmora just north of Tamworth off Hwy 41. It is known to be a less demanding run than some of the other Hwy #7 runs. The levels range, with no maximum flow. Known hazards are potential for downed trees, cold water, and low bridge just after the takeout.

At the take out before the low bridge, please respect the 'No Parking' signs and refrain from parking on private property. In particular please do not park in front of the green house on river left. Please pick up your litter and ask those with you to do the same.

Rapids: There are two Class II warm up rapids at the start of the river.

SternBanger - *Class III:* The first significant drop on the river is a drop rapid with a small hole at the bottom that can be easily punched. It is best to scout / walk this rapid on the right.

The Gorge- Class III + : The second major rapid is a long canyon. You will know when you get to this rapid as the river does a quick left then right turn. The best scouting and walking is on River Left. Directions - Paddle straight across the river where it turns right to flow into the gorge which you will hear and follow this flow as it turns right along the shore and there is plenty of room to park boats on the left bank. The water on this rapid gets funneled down between the two shores and makes a large diagonal wave that can shoot you in to the river right rock shore. If the level is high, there will be three stacks and another large diagonal wave following this wave as well. There is an easy put in spot after the diagonal waves on River Left or a portage to the bottom of the gorge. There is a long wave train to the end of this rapid.

Note: There is a portage sign on River Right before the right-hand turn into the gorge. It is more difficult to put boats in from the right side than the left.

Mix Master— directly following The Gorge — is a little slide funnelling into some big diagonal waves and boils, depending on the water levels, with a fun jet ferry wave at the end of it.

Surprise— a longer rapid with some big waves, holes to punch and boils on River Left at the end of it. Sneak route on River Right when level is high.

Reversing Falls- Class III+: The last rapid that warrants a mention is a ledge rapid that drops off and creates a very sticky hole at most levels. This rapid makes a sharp righthand turn before it drops. You will hear this rapid first and be prepared to paddle left to take out as it will sneak up on you. Great jet ferry wave to play in. Both sides are easy to walk and scout from. Safety is best set up on river left.

No Name– immediately after Reversing Falls – has some little wave trains and interesting holes at the bottom of this rapid that are river wide at higher levels. Paddle around two bends to the last rapid.

Play Pen– a little surf wave that is in at pretty much all levels, a small but friendly play wave appears near the bottom of this run. Stop and get some surfs in because the take out is just around the corner.

Take Out: Note at the take out keep an eye on the river right side for the trail or vehicles. If the river is high the water can be flowing quite fast under the bridge and there is not enough room for a kayak to fit under. It is best to take a look when you drop your car off. The take out is on river right in a large eddy. 200 meters from the surf wave. River Right before the left hand turn rapid and bridge. You will see the house across the road. Paddle towards it to the shore. You will see the path.

Directions: We request that paddlers use the only public paddlers' access (via Gull Creek) to Sheffield Lake rather than the using the previous putin on the sideroad with the parking fee. It is in good shape, with adequate parking on both sides of the new bridge on CR#15. At the take out before the low bridge, please respect the 'No Parking' signs and refrain from parking on private property. In particular please do not park in front of the house on river left. Please pick up your litter and ask those with you to do the same.

Date _____ Trip leader _____ Assist. leader _____ copy of trip plan is with: _____

Put in (planned/actual) _____ Take out (planned/actual) _____ Expected time off river _____

Paddler name	age	Skill level/trip role/1 st aid/ Comm./Pin Kit/spare paddle	Vehicle make &model	License plate	Location of keys	Medical issues	Emergency contact person	ECP phone number

Note: Whitewater Ontario, Kawartha Whitewater Paddlers, MACKfest and its organizers, will not be held responsible for actions taken by individuals on and off the rivers, individuals should be aware of the hazards associated with whitewater paddling, and individuals will be responsible for their own actions.

Salmon River: Local emergency information

Nearest hospital	phone number	address
Lennox & Addington County General Hospital, 8 Richmond Park Dr, Napanee, ON K7R 2Z4	911 for emergency, (613) 354-3301	32 minutes from takeout
Emergency police/fire/ambulance	911	
Marine and Air Search and Rescue:	Toll free (within Canada) 1-800-267-7270	Trenton
Take out address	370 Woodcock's Mills Rd, Tamworth, ON K0K 3G0 44.526456, -77.030817	
Put in address	2458-2364 County Rd 15, Stone Mills, ON 44.590839, -76.997833	

River Safety Talk: A river safety talk is required by Transport Canada and should cover the following main points

Equipment: Does your group have a water-proof first aid kit, spare clothes, pin kit, magnetic compass, fire starter, emergency blanket, cellphone, water- proof light, throw ropes, extra water? Do you have all your gear? (e.g., paddle, skirt, pfd, kayak)? Is it adjusted (PFD and helmets zipped and clipped)? Are your float bags inflated?

Signals: Did you cover whistle, paddle and verbal signals? Remind paddlers they must return signals when they have understood (ok –ok)

Hazards: Wood, rocks, holes, cold water, others specific to your site.

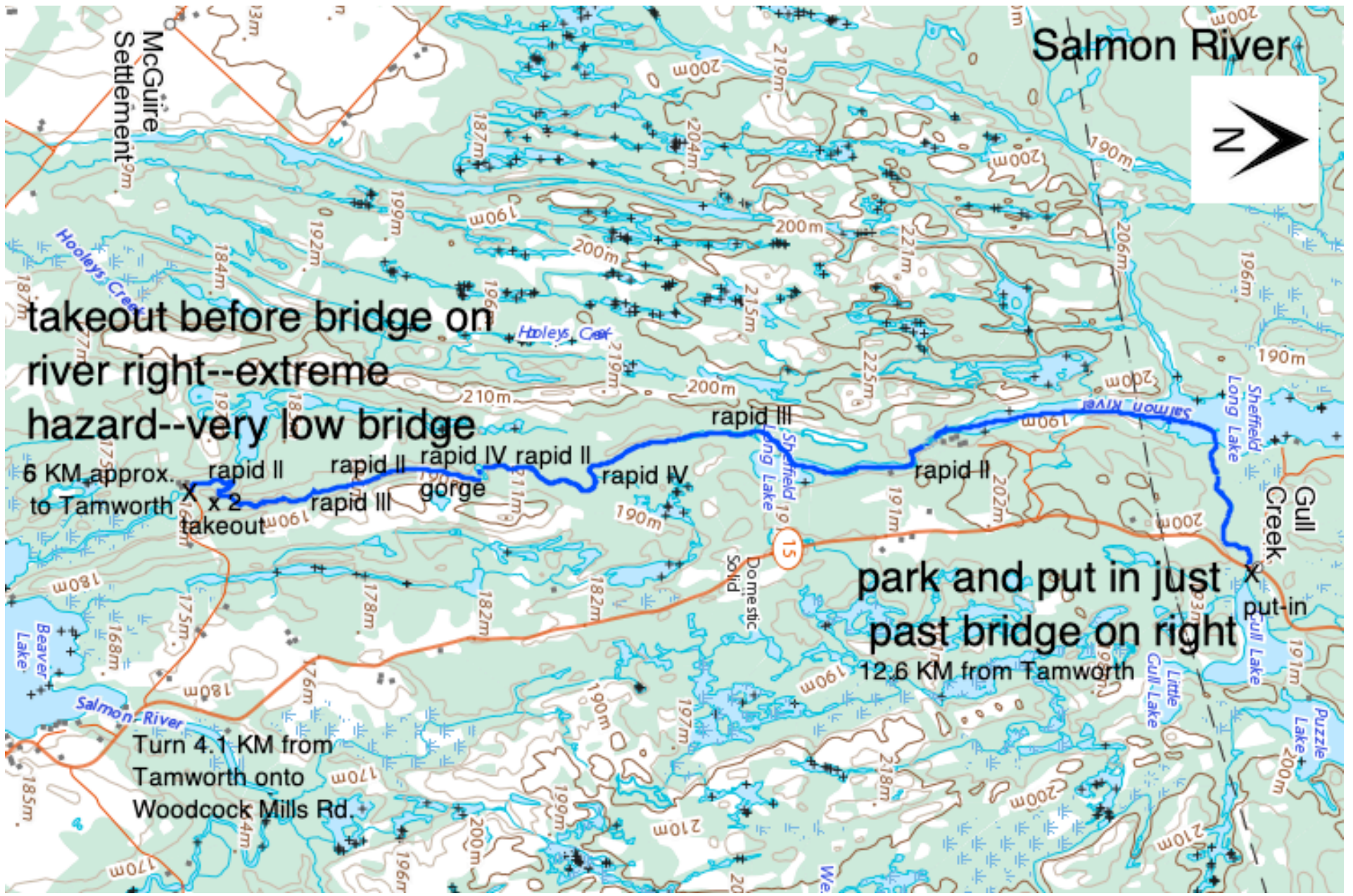
Group structure: Remind paddlers there is a lead and sweep kayak and proper kayak spacing for each rapid (to be addressed on the river).

Ropes: Grab them, with your hands, do not wrap around you.

Swim: Defensive swim position. Hang on to gear. Others to stay in/go to eddy. No standing until touching shore.

Are we ready? Any questions?

NOTES:



Salmon River



takeout before bridge on river right--extreme hazard--very low bridge

6 KM approx. to Tamworth

x 2 takeout

rapid II

rapid II

rapid IV

rapid II

rapid IV

gorge

rapid III

rapid II

park and put in just past bridge on right

12.6 KM from Tamworth

put-in

Turn 4.1 KM from Tamworth onto Woodcock Mills Rd.