

CALVARY CHAPEL MIAMI

a study in the book of

PSALMS

SPRING 2021

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LADIES BIBLE STUDY

"For the LORD is great and greatly to be praised"

Psalm 96:4a

Dear sister,

As we begin a new year, may our desire to to study God's word together, to seek His face together, to worship Him in the beauty of holiness together grow more and more! Allow us to thank you for deciding to join us for the 2020-2021 Ladies' Bible Study as we go through the Book of Psalms. The Ladies' Ministry of Calvary Chapel Miami is for ladies (9th grade and older) who are like-hearted, like-minded and desiring to be discipled and to grow in their walk with the Lord. Our ministry verse is found in Colossians 2:2-3, "that their hearts may be encouraged, being knit together in love, and attaining to all riches of the full assurance of understanding, to the knowledge of the mystery of God, both of the Father and of Christ, in whom are hidden all the treasures of wisdom and knowledge." We are living in difficult times, such that require much encouragement. Sweet sister, assurance, understanding, wisdom, and knowledge are attainable in Christ!

The outline we're following for this study is adapted from Psalms: "A 12-Week Study" from the *Knowing the Bible Series*. The questions are adapted from the Scriptures and Review Questions of Doing Good Ministries and the BE Bible Study Series by Warren W. Wiersbe. We pray the Holy Spirit ministers to you as you read through the chapters and complete the study. May this study be a meaningful supplement to your devotional life and to your reading in preparation for Sunday and Wednesday teachings.

Let's be knit together in His love as we study the Psalms together!

fellow servants,

The Ladies' Ministry of Calvary Chapel Miami

OUTLINE

The Psalms are divided into five books, each ending with a doxology.

(1-41; 42-72; 73-89; 90-106; 107-150)

Sept 8	Introduction/Overview (Part 1-Previous Booklet)
Sept 22	Lesson 1: Doorway to the Psalms (1-18)
Oct 13	Lesson 2: Love the Lord, All You His Saints (19-31)
Oct 27	Lesson 3: Surrounded by Steadfast Love (32-41)
Nov 6-7	Ladies' Seminar (teachings available online)
Nov 10	Lesson 4: Why Are You Cast Down, O My Soul? (42-56)
Nov 24	Lesson 5: Let the Nations Be Glad (57-72)
Dec 8	Christmas Dinner -----
Jan 12	Welcome Back (Part 2-This Booklet)
Jan 26	Lesson 6: Truly God is Good to Israel (73-78)
Feb 9	Lesson 7: Glorify Your Name (79-89)
Feb 23	Lesson 8: My Foot Slips (90-106)
Mar 9	Lesson 9: I Will Awake the Dawn! (107-119)
Mar 23	Lesson 10: The Songs of Ascents (120-134)
Apr 13	Lesson 11: Lesson Let Everything That Has Breath (135-150)
May 11	TBA

New Testament Quotations from the Psalms

Copied from the appendix in A. F. Kirkpatrick, The Book of Psalms

(The Cambridge Bible; Cambridge University Press, 1902)

78:2	Mt. 13:35	109:25	Mt. 27:39
78:24	Jn. 6:31	110:1	Mt. 22:44; Mk. 12:36; Lk. 20:42, 43; Acts 2:34, 35; Heb.1:13
82:6	Jn. 10:34		(Compare. Mt. 26:64; Mk. 14:62; 16:19; Lk. 22:69; 1 Cor.15:25; Eph. 1:20; Colossians 3:1; Heb.1:3; 8:1; 10:12, 13; 12:2; 1 Pe. 3:22)
86:9	Rv. 15:4	110:4	Heb.5:6; 6:20; 7:17, 21
88:8	Lk. 23:49	111:9a	Lk. 1:68
89:10	Lk. 1:51	111:9c	Lk. 1:49
89:20	Acts 13:22	112:9	2 Cor.9:9
90:4	2 Pe. 3:8	116:10	2 Cor.4:13
91:11, 12	Mt. 4:6; Lk. 4:10, 11	117:1	Ro. 15:11
91:13	Lk. 10:19	118:6	Heb.13:6
94:11	1 Cor.3:20	118:22, 23	Mt. 21:42; Mk.12:10, 11; Lk. 20:17; Acts 4:11; 1 Pe. 2:4, 7
94:14	Ro. 11:1, 2	118:25, 26	Mt. 21:9; 23:39; Mk. 11:9; Lk. 13:35; 19:38; Jn. 12:13
95:7-11	Heb.3:7-11, 15, 18; 4:1, 3, 5, 7	132:5	Acts 7:46
97:7	Heb.1:6	132:11	Acts 2:30
98:3	Lk. 1:54	132:17	Lk. 1:69
102:25-27	Heb.1:10-12	135:14a	Heb.10:30
103:17	Lk. 1:50	140:3b	Ro. 3:13
104:4	Heb.1:7	143:2b	Ro. 3:20
105:8, 9	Lk. 1:72, 73	146:6	Acts 4:24; 14:15
106:10	Lk. 1:71		
106:45	Lk. 1:72		
106:48	Lk. 1:68		
107:9	Lk. 1:53		
109:8	Acts 1:20		

Lesson 6 | Truly God is Good to Israel

Day 1 – Read Psalms 73-74

Directions- After reading all assigned Psalms, answer the corresponding study questions. Then, complete the Summary Questions for the end of Day 1.

Psalm 73

- A. For what reason did the psalmist’s feet almost slip? (3-5)

- B. What caused the psalmist to get back to right thinking? (17)

- C. Whom did the psalmist desire? (25)

- D. Asaph, Heman, and Ethan (Jeduthun) were Levites who served as musicians and worship leaders at the sanctuary during David’s reign (1 Chron. 15:16-19; 16:4-7, 37-42; 2 Chron. 5:12-14; 29:13; 35:15). Apparently they established “guilds” for their sons and other musicians so they might carry on the worship traditions. Twelve psalms are attributed to Asaph (50; 73–83). This one deals with the age-old problem of why the righteous suffer while the ungodly seem to prosper (37; 49; Job 21; Jer. 12; Hab. 1:13). Asaph could not lead the people in divine worship if he had questions about the ways of the Lord, but he found in that worship the answer to his problems. Note five stages in his experience.

Stage 1	Stage 2	Stage 3	Stage 4	Stage 5

- E. Are you troubled by the fact that many wicked people prosper? If so, why does their prosperity trouble you? If not, why not?

- F. How does this psalm help you take your focus off the current prosperity of the wicked and look at “the big picture”?

Psalm 74

- A. What does the psalmist want God to remember? (2,18,22)

- B. What belongs to God? (16-17)

- C. The psalmist believed that God had rejected His people. When are you most apt to feel that God has rejected you?

- D. What promises has God given His people to remind us in hard times that He will not fail us?

Lesson 6 | Truly God is Good to Israel

Day 2- Read Psalms 75-76

Directions- After reading all assigned Psalms, answer the corresponding study questions. Then, complete the Summary Questions for the end of Day 2.

Psalm 75

- A. From where does promotion come? (6-7)

- B. What elements of true worship does this psalm reveal? Have you worshipped the Lord today, incorporating these elements?

Psalm 76

- A. Who ought to be feared? (7,8,11)

- B. What event in Israel's history most likely frames the message of this psalm? What role do you see God occupying in modern history? How would you contrast His strength and the strength of today's superpowers?

- C. Knowing God is sovereign over earth's rulers, what can you trust Him to do in your life?

Lesson 6 | Truly God is Good to Israel

Day 3- Read Psalms 77-78

Directions- After reading all assigned Psalms, answer the corresponding study questions. Then, complete the Summary Questions for the end of Day 3.

Psalm 77

- A. What did the psalmist remember? (3,6,10,11)

- B. Unable to sleep because he lamented the destruction of Jerusalem and Israel's captivity, Asaph committed the matter to the Lord. What problems or unanswered questions have kept you awake? What might encourage you to commit those matters to the Lord?

- C. What do you find significant about the shift from "I" and "my" to "You" in this psalm?

Psalm 78

- A. What should we show to the generations to come? (4-6)

- B. What period of history did the psalmist review? (12-69)

- C. Who did God choose from the sheepfolds? (70-71)

- D. This is a history psalm. Why do you agree or disagree that all history is His story?

- E. How can believers best ensure that the next generation will remember God's wonderful works and appreciate His unchanging character?

Lesson 7 | Glorify Your Name

Day 1 – Read Psalms 79–82

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 1.

Psalm 79

- A. What will God’s people give him? (13)

- B. What cruel nation is described in verses 1-4? Why did God allow His people to suffer at this enemy’s hands?

- C. Under what circumstances might God allow an enemy to inflict harm to our nation? If such a tragedy occurred, what purpose might it accomplish?

- D. Why is the fulfillment of God’s will always the best thing that could happen to us?

Psalm 80

- A. On whom did the psalmist desire the hand of the Lord? (17)

- B. Based on his prayer for the northern kingdom, what do you conclude about Asaph’s character? Should believers pray for their rivals? If so, what might they ask for?

What does the “vine” represent in this psalm? How did Jesus use the imagery of a vine and its branches in John 15?

Psalm 81

- A. What instruments are mentioned to make a joyful noise to the Lord? (1-3)
- B. What did the Lord wish Israel had done? (13)
- C. What feasts in the Jewish calendar can you name? What is the point of feast days?
- D. The psalmist invited God's people to "sing for joy." What reasons do believers have to sing for joy?
- E. What were the costs of Israel's disobedience? What are some costs of disobedience today?

Psalm 82

- A. Where does God stand? (1)
- B. Asaph prayed that God would bring justice to the earth. Do you believe Asaph's prayer will be answered? If so, when and how?
- C. If a nation's leaders reject God, what are some likely consequences? What do you believe Christians can do to encourage their national leaders to honor God?

Lesson 7 | Glorify Your Name

Day 2 – Read Psalms 83–86

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 2.

Psalm 83

- A. What did the psalmist want God to make his enemies like? (13-14)
- B. What did the psalmist want God’s enemies to know? (18)
- C. What is the best weapon against aggression? How consistently do you use this weapon?

Psalm 84

- A. Who is blessed? (4,5,12)
- B. What would the psalmist rather do than dwell in the tents of the wicked? (10)
- C. What does God withhold from them that walk uprightly? (11)
- D. The psalmist longed for “the courts of the Lord” (v. 2). If you had to be absent from church for an extended period, what would you miss the most? Why?
- E. God’s people pass through painful places occasionally. How might that experience bless them? How might it make them a blessing to others?

Psalm 85

- A. What did the psalmist want to be shown? (7)

- B. What is near to them who fear God? (9)
- C. What has met together? (10)
- D. Verse 6 links revival and joy. Do you believe revival or spiritual renewal always produces joy? Explain.
- E. What picture of Jesus' person and work do you see in verse 10: "Mercy and truth have met together; Righteousness and peace have kissed."?
- F. How does it help you to embrace the future knowing "the Lord will give what is good" (12)?

Psalm 86

- A. How often did the psalmist cry to God? (3)
- B. How does he describe the Lord? (5,10,15)
- C. This psalm depicts David as inadequate to face a battle. Is a sense of inadequacy helpful or harmful when we face life's battles? Explain.
- D. What characteristics of God, cited in this psalm, strengthen your faith?
- E. Why is it good to know "there is none like you, O Lord" (8)?

F. David asked God to grant him His strength (16). For what specific task or trial do you need God's strength?

Lesson 7 | Glorify Your Name

Day 3 - Read Psalms 87-89

Directions- After reading all assigned Psalms, answer the corresponding study questions. Then, complete the Summary Questions for the end of Day 3

Psalm 87

- A. What does God love more than all the dwellings of Jacob? (2)

- B. Why is Zion, Jerusalem, so cherished by the Jews? What future will Jerusalem and its inhabitants ultimately enjoy?

- C. Jesus provides living water for His followers. Describe the satisfaction you have in Jesus, and contrast it with the thirst unbelievers experience.

Psalm 88

- A. What was the condition of the psalmist in this psalm? (3)

- B. The psalmist, Heman, endured pain and suffering, yet he kept on praying. How do you explain the fact that some believers experience ongoing pain and suffering despite their prayers? Did the Lord promise us an easy road? What did He promise (see Matt. 28:20b)?

- C. Heman questioned the Lord's fairness (14). Why do you agree or disagree that it is all right to question the Lord's fairness?

Psalm 89

- A. What covenant did God make with David? (3-4)

- B. What does God rule? (9)

- C. In what shall people rejoice all the day? (16)

- D. With what does the last verse end? (52)

- E. How does nature praise the Lord?

- F. How can your words glorify the Lord? How can your life praise Him?

Lesson 8 | My Foot Slips

Day 1 – Read Psalms 90–94

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 1.

Psalm 90

- A. When is the Lord God? (1-4)

- B. What seems to be an ordinary life span during the days of the psalmist? (10)

- C. What did the psalmist desire God to teach us? (12)

- D. What does associating this psalm with Moses add to your appreciation of it?

- E. How does it affect you to know that no matter where you live, God is your “dwelling place”? Why?

- F. This psalm speaks about the shortness and preciousness of life. How can you invest your life rather than just spend it?

- G. This psalm may be a response to a tragic decision Israel made at Kadesh Barnea. What big decision confronts you today? How will you bring the Lord into that decision?

Psalm 91

- A. Who abides under the shadow of the Almighty? (1)
- B. From what will God deliver us ? (3)
- C. Of what don't you need to be afraid? (5-6)
- D. What portion of this psalm did Satan use during the temptation of Jesus? (11-12, Matthew 4:6, Luke 4:10)
- E. What two addresses did the psalmist have (vv. 1, 9, 10)? Which one is everlasting? How should you live, knowing which address is everlasting?
- F. Do you agree or disagree that the believer who does the will of God is safer in a war zone than in a house in the suburbs? Explain.
- G. How would you define "high quality of life" according to this psalm? What is the good life?

Psalm 92

- A. What is a good thing to do? (1-2)
- B. Who will still bring forth fruit in old age? (12-14)
- C. What is the major theme of this psalm? How can this theme be the theme of your life?
- D. The psalmist compared the wicked to grass and the righteous to a palm tree. Why are these comparisons appropriate?

Psalm 93

- A. With what is the LORD clothed? (1)
- B. How is the power of the LORD described? (4)
- C. How are nations like raging seas and pounding waves? Where do you find stability in these calamitous times?
- D. What practical benefits do you see in the fact that the Lord's "statutes stand firm"?
- E. Why is it important to think of God as mighty and majestic, and not just as our buddy?

Psalm 94

- A. To whom does vengeance belong? (1, Romans 12:19, Hebrews 10:30)
- B. Who planted the ear and formed the eye? (9)
- C. Who is blessed? (12)
- D. When the psalmist said "My foot slips", what held him up? (18)
- E. Unjust leaders in Israel triggered prayers for the Lord's revenge. How is injustice connected to disregard for the Lord?
- F. What keeps you from cheating and abusing others?
- G. Why does the Lord allow unjust leaders to retain their power? When will the righteous be vindicated?

Lesson 8 | My Foot Slips

Day 2 – Read Psalms 95–100

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 2.

Psalm 95

- A. How should we enter into God’s presence? (2)

- B. What are we to God? (7)

- C. What is your concept of genuine worship? What standards should our hymns and praise choruses meet?

- D. Worship can become routine and meaningless. How can we keep our private and public worship focused on the Lord and pleasing to Him?

- E. What attitude should fill our hearts when we “kneel before the Lord our Maker”? Why?

Psalm 96

- A. What should we sing unto the LORD? (1-2)

- B. How should we regard the LORD? (4)

- C. How should we worship the LORD? (9)

- D. What will the LORD come to do? (13)
- E. This psalm calls upon its readers to sing to the Lord. What songs do you most enjoy singing to the Lord? Why do you like singing those?
- F. Why is the Lord worthy of our praise?
- G. What changes in nature are you most eager to see when the Lord reigns over all the earth?

Psalm 97

- A. What do the heavens declare? (6)
- B. What should those who love the LORD do? (10)
- C. What false gods do people worship? What distinguishes God from false gods?
- D. Verse 10 states that "You who love the LORD, hate evil!" What expressions of evil do you find most offensive?

Psalm 98

- A. What verses in this psalm are almost identical to those in Psalm 96? (1,7,9)
- B. What should we do with harps, trumpets and cornets? (4-6)
- C. What connections do you see between this psalm and the Christmas carol, "Joy to the World"?

- D. Why should the Christian life be such a joyful life? How can you let your joy overflow to others?

Psalm 99

- A. Why should we exalt and worship the LORD? (3,5,9)

- B. How does knowing the Lord reigns affect your family life, your job, and your general outlook on life?

- C. Describe the feelings and thoughts you get when you picture God on His throne as this psalm portrays Him. Why can you approach God's throne "with confidence" (Heb. 4:16)?

Psalm 100

- A. How should you serve the LORD? (2)

- B. How should we enter into his gates? (4)

- C. What will endure to all generations? (5)

- D. How has the Lord shown His goodness to you?

- E. In what specific ways will you respond to His goodness?

Lesson 8 | My Foot Slips

Day 3 – Read Psalms 101–106

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 3.

Psalm 101

- A. What should we not set before our eyes? (3)

- B. Who will God cut off? (5)

- C. Who will not tarry in God's sight? (7)

- D. David was determined to maintain a blameless life. What difference do you see between blameless and perfect? What resources can help you lead a blameless life of worship and service?

- E. What worthy goals do you want to attain? What steps lead to your goals? What help from God do you need?

Psalm 102

- A. To what did the psalmist liken his days? (3,11)

- B. To what three birds did the psalmist liken himself? (6-7)

- C. How long would the LORD endure? (12,24,26-27)

- D. What did God lay? (25)
- E. What word would you use to describe the writer's mood in this psalm?
- F. How can confidence in the Lord enable you to rise above changing circumstances? What helps you have this confidence, or what hinders you?

Psalm 103

- A. What phrase is repeated several times at the first and last of this psalm? (1-2, 20-22)
- B. What should we not forget? (2)
- C. What does God forgive and heal? (3)
- D. What did God make known to Moses and Israel? (7)
- E. In what is the LORD slow? (8)
- F. How far has God removed our transgressions? (12)
- G. What does the LORD know and remember? (14)
- H. To what are man's days compared? (15)
- I. Praise characterizes this psalm. No requests are made to the Lord. Do your prayers usually include more requests than praise? What adjustments, if any, should you make to your prayers?

- J. What practical advantages in old age does a believer have that an unbeliever lacks?
What do you most admire about elderly believers?

Psalm 104

- A. On what does the LORD walk? (3)
- B. What does He make his angels and his ministers? (4)
- C. What did God lay? (5)
- D. What fled at God's rebuke? (6-9)
- E. Of what are the trees of the LORD full? (16)
- F. How long did the psalmist plan to sing? (33)
- G. What evidence of the Creator's handiwork do you see in nature? In your life?
- H. How does creation show the Creator's wisdom? His power? His generosity?
- I. How do you respond to conflicts in our society over science and Scripture?

Psalm 105

- A. What was the everlasting covenant that the Lord made with Israel? (9-11)
- B. Who did the LORD send before Israel into Egypt? (17)
- C. What indicates the health of the Israelites when wandering in the wilderness? (37)

- D. What does Israel's history teach us about God? What victories did He grant Israel? What victories has He given you recently?

- E. Israel's deliverance from Egypt was due entirely to God's grace and mercy. Why was that important for the people to remember? In what ways do you need to rely more on God's grace and mercy?

Psalm 106

- A. Why did God save the Israelites? (8)

- B. After giving them their request what did God send them? (15)

- C. What did Israel forget? (21)

- D. How did Moses speak at the waters of strife when his spirit was provoked? (32-33)

- E. Why did God bring Israel low? (43)

- F. This psalm rehearses Israel's history of sinning. Ingratitude and grumbling seemed to have been habitual sins. Why are these habits so destructive?

- G. How does verse 21 explain Israel's lapse into idolatry? What application to your life can you make from this episode?

- H. What measures did the Lord take to discipline His rebellious people? What measures might He take today to discipline rebellious Christians? How can a believer avoid such discipline?

Lesson 9 | I Will Awake the Dawn

Day 1 – Read Psalms 107–112

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 1.

Psalm 107

The emphasis in 105 is on Israel's exodus from Egypt and in 106 on God's longsuffering care of His people. This psalm focuses on the Lord's redemption of the nation from captivity in Babylon (vv. 2-3). While the circumstances described in the psalm could be experienced by almost anyone, they especially apply to what Israel had to endure while in captivity. The word "redeemed" is often used in Isaiah to describe this great deliverance (Isa. 35:9; 43:1; 44:22-23; 48:20; 62:12). Note the words describing their plight: adversity (v. 2), trouble and distress (vv. 6, 13, 19, 28), misery (vv. 10, 26, 39), labor (v. 12), affliction (vv. 17, 41), destruction (v. 20), oppression (v. 39), and sorrow (v. 39). The psalmist begins by urging us to give thanks to the Lord for His goodness and mercy (lovingkindness), and he closes by exhorting us to be wise and learn from the mistakes of other people (v. 43). The people described in this psalm needed God's help, either because of their own folly or because of circumstances beyond their control, and they called on the Lord and He delivered them. -Warren Wiersbe

- A. What should the redeemed of the LORD do? (2)
- B. When did they cry out to the Lord? (6,13,19,28)
- C. For what should men praise the Lord? (8,15,21,31)
- D. By what means were they healed and delivered? (20)
- E. God's people often encounter hardships, just as the Jews did while returning home from Babylon. How do you typically respond to these inevitable hardships?
- F. Why might God allow an enemy to afflict a believer? Why should we trust Him in difficult times as well as in good times?

Psalm 108

- A. Where did the psalmist plan to sing? (3)
- B. Why do we need God's help? (12)
- C. How shall we do through God? (13)
- D. What new challenges are you facing that only God can help you meet?

Psalm 109

- A. What verse did Judas fulfill? (8, Acts 1:20)
- B. David's attempts to return good for evil failed (109:4, 5). How should a believer respond when his or her kindness is repaid with evil?
- C. The word "accuser" (v. 6) gives us our word "Satan." What accusations do you think Satan hurls against believers? Read 1 John 2:1. What defense do we have?

Psalm 110

- A. What verse in this psalm did Jesus quote? (1, Mark 12:36)
- B. What verse in this psalm is referred to four times in the epistle to the Hebrews? (4, Hebrews 5:6; 6:20; 7:17,21)
- C. What characteristics and actions mentioned in this psalm identify Jesus? How do those characteristics and actions strengthen your faith?
- D. What three significant offices does this psalm mention? How does Jesus fulfill each of those offices?

Psalm 111

- A. What words describe the name of the Lord? (9)

- B. Who has good understanding? (10)

- C. What does it mean to you that God's name is "holy and awesome" (9)? Why does that matter? Where today is His name disrespected?

- D. What does it mean to fear the Lord? What practical value do you see in fearing the Lord?

Psalm 112

- A. Who is blessed? (1-2)

- B. How does a good man guide his affairs? (5)

- C. What heritage would you like to pass to your children or to the younger generation? How would you like to be remembered after you die?

Lesson 9 | I Will Awake the Dawn

Day 2 – Read Psalms 113–118

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 2.

Psalm 113

- A. When should the LORD's name be praised? (2-3)

- B. What does the LORD do for the poor and needy? (7)

- C. What does the LORD do for the barren woman? (9)

- D. Of the three reasons this psalm gives for praising the Lord, which one seems most significant to you today? Why?

- E. How do you perceive God when you read that He "stoops down to look on the heavens and the earth"?

- F. How do verses 7-9 highlight God's compassion? How have you been the object of His compassion?

Psalm 114

- A. What should tremble at the presence of the Lord? (7)

- B. The Lord separated Israel from Egypt, and He also separated Israel unto Himself. What has the Lord separated you from? How is your life better because the Lord separated you unto Himself?

- C. Where does the Lord dwell today? How can you reveal the Lord to others?

Psalm 115

- A. What has God done? (3)

- B. What cannot idols do? (4-7)

- C. To whom has the LORD given the earth? (16)

- D. Who cannot praise the LORD? (17)

- E. The people of Israel gave the Lord the glory because of His love and faithfulness. Read 1 Corinthians 10:32. What specific kinds of deeds can you perform today to glorify the Lord?

- F. Why is idolatry so tempting? What idols tempt you? How does worshiping God alone transform us?

- G. Which of the following opposites best differentiates between unbelievers and believers: irreligious/religious; ignorant/enlightened; dead/alive? Defend your choice.

Psalm 116

- A. What should we render to the LORD for all His benefits? (12-14)

- B. What is precious in the sight of the LORD? (15)
- C. What verse is repeated twice in this Psalm? (14,18)
- D. What was “the cup of salvation” (v. 13)? What did it represent?
- E. Why is childlike faith so significant? How might a highly intellectual person lead a life of childlike faith?
- F. What spiritual decisions might a sincere follower of the Lord appropriately make public?

Psalm 117

- A. Why should we praise the LORD? (1-2)
- B. What is distinct about Psalm 117? Have you “bragged” about the Lord recently? If so, what was the occasion?
- C. How has the Lord manifested His love to you recently? How often do you praise Him for His love?

Psalm 118

- A. What phrase is repeated in the beginning and end of this psalm? (1-4,29)
- B. Why should we not fear what man can do to us? (6)
- C. What is better than putting your confidence in men? (8,9)

- D. What verse in this psalm is quoted several times in the New Testament? (22-23, Matthew 21:42, Acts 4:11, I Peter 2:7)
- E. What day is this? (24)
- F. What should we do regarding God? (28-29)
- G. How do you typically respond in a crisis? How does your view of God affect you in those situations?
- H. What never changes in spite of the many changes we observe in modern times? To what extent does this unchanging feature comfort you? Why?
- I. What messianic pictures do you see in 118:22?

Lesson 9 | I Will Awake the Dawn

Day 3 – Read Psalm 119

Directions- After reading all assigned Psalm, select at least three of the sections and answer the corresponding study questions. (If you have the time, dive into the study for all the sections.) Then, complete the Summary Questions for the end of Day 3.

Psalm 119:1-32

- A. What does it mean to seek the Lord with our whole heart? (2)

- B. How can a young man keep his way pure? What might this look like? (9)

- C. What might it look like to delight in God's word? Do you view the Bible as your counselor? How can you grow in this area? (24)

- D. What does it mean to meditate on God's wondrous works? What comes to mind when you think of the wondrous works of God? (27)

Psalm 119:33- 64

- A. What are some worthless things that you can ask the Lord to turn your eyes from? (27)
Commit to praying this today for yourself, your family and God's church!

- B. What are some evidences that someone loves the Word of God? (47-48) What are some of the evidences in your own life?

- C. Where does the psalmist find comfort in the midst of affliction? (50)
- D. Where do you look for comfort during seasons of pain and suffering? How does the Word of God provide comfort?
- E. How are you currently associating with others (the church) who fear the Lord and keep His precepts? (63). How has the practice of regularly doing life with other believers helped you to grow in your walk with the Lord? How can you plug in more to the church? How can you give more time to the Word in these gatherings?

Psalm 119:65-96

- A. What does it mean to keep God's precepts with the whole heart? (69)
- B. Do you share the psalmist's attitude toward the Word of God? (72) How is that evident in your life?
- C. What does the psalmist acknowledge about God? (73a) For what does the psalmist pray? (73b) What's the relationship between vs. 73a and vs. 73b?
- D. Why does the psalmist ask the Lord to preserve his life? (88) What does this reveal about the psalmist? How might you imitate this?
- E. What is the comparison being made in vv. 89-92? Go back and read Genesis 1. What stands out in vs. 93?

Psalm 119:97-128

- A. What does the Word of God do? (98-99, 104) Why does the psalmist not turn aside from the rules of God? (102)

- B. Where do people typically look for wisdom and understanding, and why? Where do you look, and why?

- C. According to God's promises in Jeremiah 31:33-34 and Ezekiel 36:25-27, how has the Lord enabled us to do Psalm 119:112?

- D. What does it mean to hope in God's Word? (114)

- E. Are there people in your life that are drawing you away from the Lord? What should you do about those relationships? (115)

Lesson 10 | The Songs of Ascent

Day 1 – Read Psalms 120–124

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 1.

Psalm 120

- A. What did the psalmist do when in distress? (1)

- B. What responsibilities do we have to fulfill if our burdens are supposed to become blessings?

- C. In order for our burdens to become blessings, we must pray, trust God, and patiently endure. Why is each of these essential? Which is hardest for you?

- D. In what ways do some believers live like unbelievers? How is this choice detrimental to effective evangelism?

Psalm 121

- A. From where does our help come? (1-2)

- B. What is unusual about the one who keeps Israel? (3-4)

- C. What will the LORD preserve? (7-8)

- D. How secure do you feel in an insecure world? Why?

- E. The Lord is your “shade at your right hand” (v. 5). Does this assurance guarantee nothing will hurt you? Explain.

Psalm 122

- A. What made the psalmist glad? (1)

- B. For what should we pray? (6)

- C. Do you agree or disagree that churches must provide entertainment to draw people to them? Should we attend church primarily to get something or to give something? Explain.

- D. What does it mean to pray for the peace of Jerusalem? When will Jerusalem enjoy permanent peace?

Psalm 123

- A. What should our eyes do? (1-2)

- B. What burdened the writer of this psalm? How do you explain the existence of Israel after centuries of persecution?

- C. What should a believer do when criticized or physically abused for her faith?

Psalm 124

- A. What would have happened to Israel if it had not been for the LORD? (1-5)

- B. To what was their escape compared? (7)

- C. How does Satan resemble a lion stalking its prey? How can you maintain vigilance against him?

- D. Have there been occasions in your life when you were under attack but the Lord proved He was on your side? How did He come to your assistance? Recount the experience.

Lesson 10 | The Songs of Ascent

Day 2 – Read Psalms 125-129

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 2.

Psalm 125

- A. To what does the psalmist compare those who trust in the LORD? (1)

- B. What differences do you see between the faithful and backsliders? Between backsliders and apostates?

- C. How are believers like Mount Zion?

- D. Why will “the scepter of the wicked” not remain? Why is this important for us to keep in mind?

Psalm 126

- A. What will they say among the heathen when the LORD turns the captivity of Zion? (1-3)

- B. What shall those who sow in tears reap? (5-6)

- D. When God returned His people to their homeland after the Babylonian captivity, even the Gentiles neighbors confessed, “The Lord has done great things for them” (v. 2). What has the Lord done in your life that might bring a similar response from unbelievers who know you?

- E. How can you apply the principle of sowing and reaping (vv. 5-6) to your ministry of drawing others to Christ?

- F. Wiersbe says we need to faithfully sow the seed of God’s Word and leave the results with Him. How easy is that for you? Why? How can you rely on God’s help to do it this week?

Psalm 127

- A. What is in vain if the LORD is not involved? (1)

- B. What does the LORD give his beloved? (2)

- C. What are heritages of the LORD? (3)

- D. What man is happy? (5)

- E. What do you believe distinguishes a home whose builder is the Lord?

- F. What ideologies threaten today’s families? How should we respond?

- G. What “materials” make a household strong?

H. What blessings do children bring to their parents? How might parents love their children without spoiling them?

Psalm 128

A. Who is blessed? (1,4)

B. What success would you have if it were not for the Lord's blessing? Why is that?

C. How can a person prosper without becoming wealthy?

D. What does it take to be content in one's old age?

Psalm 129

A. What did the LORD cut in pieces? (4)

B. How hard is it to bless those who persecute you? How should believers respond to unbelievers' taunts?

C. How can you benefit from suffering?

Lesson 10 | The Songs of Ascent

Day 3 – Read Psalms 130–134

Directions- After reading all assigned Psalm, select at least three of the sections and answer the corresponding study questions. (If you have the time, dive into the study for all the sections.) Then, complete the Summary Questions for the end of Day 3.

Psalm 130-131

- A. From where did the psalmist cry? (130:1)

- B. What should we be glad that the LORD does not keep record? (130:3)

- C. What should Israel do from now on and forever? (131:3)

- D. Have you ever cried to the Lord when you felt that you were drowning in trouble? What was the occasion? What happened when you cried to the Lord?

- E. When you ponder the vast contrast between your sin and guilt and God’s salvation and forgiveness, what words describe how you feel? How does God’s intervention in your life reinforce the fact that the gospel is good news?

- F. As Christians, we enjoy spiritual freedom now, but how will our freedom be complete when Christ returns?

- G. What qualities did David exhibit in Psalm 131 that you wish to emulate?

Psalm 132

- A. What verse is referred to in Acts 2:30? (11)

- B. What was promised to David's children if they kept God's covenant? (12)

- C. Why was the ark so significant to Israel?

- D. What two great ambitions did King David have? What are your two highest ambitions?

- E. Today the glory of God resides within and among God's people. In what ways are you aware of that? How does it affect what you do?

- F. Believers today enjoy an unbreakable covenant relationship with God. Why is this covenant unbreakable?

- G. Do you agree or disagree that someday Jesus will rule from a throne in Jerusalem? Why?

Psalm 133

- A. What is good and pleasant? (1)

- B. What impact is a church feud likely to have on a community? How can you help to build and safeguard the unity of your local church?

C. What benefits arise from church unity?

Psalm 134

A. What should you do in the sanctuary? (2)

B. Meditate on Psalm 134. How might you enrich your personal worship?

Lesson 11 | Let Everything That Has Breath

Day 1 – Read Psalms 135-140

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 1.

Psalm 135

- A. What two things are emphasized in this psalm that we should do to the LORD? (1-3, 19-21)

- B. What cannot speak, see or hear? (15-17)

- C. Why did God choose Israel? Why did He choose you? How does belonging to God affect your gratitude? Your willingness to serve God?

- D. What does God's care of Israel during her wilderness wanderings teach you about His power? His ability to take care of you?

Psalm 136

- A. What phrase is repeated in every verse of this psalm? (1-26)

- B. How is this psalm more specific than Genesis 1:14-18? (7-9)

- C. When was this psalm sung? What Christian songs do you associate with special occasions?

- D. Repeatedly in this psalm the statement occurs: “His love endures forever.” Why do you need to know this today? How does His enduring love sustain you when you suffer, when doubt clouds your mind, when you sin, when you feel lonely, and when you get discouraged?

Psalm 137

- A. What did they do by the rivers of Babylon? (1-2)
- B. How did they reply when asked to sing one of the songs of Zion? (3-4)
- C. What did the psalmist not want to forget? (5-6)
- D. Remember” and “forget” stand out in this psalm. What did the Jewish exiles in Babylon remember? What did they ask the Lord to remember?
- E. What should you remember? Why?
- F. What do you make of the psalmist’s strong words about vengeance against those who have hurt him?
- G. Forgiveness doesn’t mean forgetting or excusing. It means deciding not to retaliate and leaving justice to God. What wrongs are hard for you to forgive? Talk to the Lord about these experiences.

Psalm 138

- A. What has the LORD magnified above His name? (2)

- B. Though the LORD be high, for whom does He have respect? (6)

- C. Why does the Lord draw humble people near Him but hold the proud at a distance?
Where is pride a problem in your life?

- D. The Lord gave David boldness to confront his enemies. For what causes do believers today need boldness? For what do you need boldness?

Psalm 139

- A. What does the LORD know? (1-4)

- B. Where is the LORD? (7-12)

- C. For what should we praise the LORD? (14)

- D. What is said about God's thoughts toward us? (17-18)

- E. What great prayer ends this psalm? (23-24)

- F. How does this psalm depict God as knowing everything?

- G. How does the fact that God knows you intimately affect you?
- H. How does this psalm ask you to see your body and other people's bodies?
- I. Why does it make no sense to try to run from God but perfect sense to run to God?
- J. Ask God to search you and know your heart. What is in your heart that He will see?

Psalm 140

- A. From what did the psalmist want deliverance and protection? (1,4)
- B. Apparently some of King Saul's officers had it in for David and spread lies about him. How does David deal with that problem in this psalm?
- C. How should we respond if our coworkers gang up on us and lie about us?
- D. How freely can you demonstrate and speak about your faith at work? What can you do to represent Christ in appropriate ways?

Lesson 11 | Let Everything That Has Breath

Day 2 – Read Psalms 141-145

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 2.

Psalm 141

- A. How did the psalmist want his prayers to come before the LORD? (2)
- B. What did the psalmist want the LORD to do to his lips and mouth? (3)
- C. How are choices and character related?
- D. Why is it unwise and ungodly to return slander with slander?
- E. When is it hard for you to keep your mouth shut?
- F. What can you get out of a current difficult situation you are facing?

Psalm 142

- A. How many people did the psalmist think cared for him? (4)
- B. When have you been as desperate as David is in this psalm?

D. What abundance does the Lord offer that isn't material things?

Psalm 145

A. How often did the psalmist plan to bless the LORD? (2)

B. To whom is the LORD near? (18)

C. This psalm is an acrostic. Build an acrostic identifying God's characteristics based on the word "GREAT."

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Lesson 11 | Let Everything That Has Breath

Day 3 - Read Psalms 146-150

Directions- After reading all assigned Psalms, select at least three of the chapters and answer the corresponding study questions. (If you have the time, dive into the study for all the chapters.) Then, complete the Summary Questions for the end of Day 3.

Psalm 146

- A. What phrase begins and ends each of the last five psalms? (Psalms 146-150)

- B. What other things bring happiness? (5)

- C. Why do you think this book ends with five hallelujah psalms?

- D. What do you learn about God's benevolence in this psalm? How might believers practice benevolence and thereby demonstrate that God is kind and loving?

Psalm 147

- A. What does the LORD know about the stars? (4)

- B. In what does the LORD take pleasure? (10-11)

- C. Why is praise to the Lord so uplifting? Why should every day be a thanksgiving day?

Psalm 148

- A. Who should praise the LORD? (2, 11-13)

- B. How do the heavens praise the Lord? How does the earth praise the Lord?

- C. When will the Lord receive universal praise? How keenly should we anticipate that time of praise? Why?

- D. Why should it be impossible for a believer to live endlessly in defeat?

Psalm 149

- A. What should we sing to the LORD? (1)

- B. How can we keep from falling into a rut when it comes to corporate worship?

- C. David longed for the Lord's presence. How should your life reflect the truth that the Lord is with you always?

- D. How do you balance the two elements of worship—emotion and intellect?

Psalm 149

- A. Where should we praise God? (1)

- B. For what should we praise God? (2)

- C. How should we praise him? (3-5)

- D. Who should praise Him? (6)

- E. How does this psalm conclude the Book of Psalms in a grand crescendo of worship?

F. How has your study of Psalms helped you to worship and serve the Lord more joyfully and thoughtfully?

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