EMERGENCY RESOURCE LOCATOR
FOR RESIDENTS OF ESSEX

EMERGENCY ................................................................................................... 9-1-1

TOWN OF ESSEX RESOURCES AND INFORMATION

Main Information Number ................................................................. 978-768-6200
Essex Police Department ................................................................. 978-768-6511
Essex Fire Department ................................................................. 978-768-6511
City of Essex Health Department (M-TH 7:30-3:30) ......................... 978-768-7614
Veterans’ Agent .............................................................................. 978-356-3915
Massachusetts Department of Transitional Assistance ..................... 877-382-2363

Food stamps, SSI, EAEDC, Emergency Family Shelter

NEED HOUSING OR SHELTER ASSISTANCE?

Essex Housing Authority .................................................................... 978-768-6821
Housing, Rental Assistance
SeniorCare Inc. .................................................................................. 978-281-1750
Homeless Advocacy
Action, Inc. Emergency Shelter ....................................................... 978-282-1000
Homeless shelter and advocacy

NEED FOOD ASSISTANCE?

The Open Door Cape Ann Food Pantry (M-F 9:30-7) ......................... 978-283-6776
Community meals, food pantry, mobile market
Brown bag program, Food stamp assistance
Buck a Bag program
SeniorCare Meals on Wheels and Luncheon Site ................................. 978-281-1750
Lunch at Essex COA, first and third Thursday of the month
Women, Infant & Children (WIC) Nutrition Program .......................... 978-281-4540
Healthy food for women and children who qualify
NEED PRESCRIPTION DRUG OR INSURANCE ASSISTANCE?
Gloucester Family Health Center (M-F 8:30-5) .................................................. 978-282-8899
Assistance with MassHealth Applications, multiple languages
Addison Gilbert Hospital ..................................................................................... 978-283-4000
Assistance with MassHealth applications, SHINE
Prescription drug coverage, multiple languages
NeedyMeds ........................................................................................................ 800-503-6897
... email: info@needymeds.org
... website: www.needymeds.org

NEED FUEL ASSISTANCE, WEATHERIZATION, OR HELP WITH UTILITIES?
Action, Inc. (M-F 9-4:30) ................................................................................. 978-283-2131

NEED ELDER SERVICES OR INFORMATION?
Essex Council on Aging (M-F 9-noon) .............................................................. 978-768-7932
Transportation, I&R, housing options, and more
SeniorCare Inc. ................................................................................................ 978-281-1750
Elder services, information, solutions

TO REPORT ELDER ABUSE:
Elder Abuse Hotline ...................................................................................... 800-922-2275

NEED ACCESS TO RESOURCES NOT LISTED HERE?
If you are a caregiver trying to locate services for a loved one, MassOptions can help. Our specialists give you fast, personalized attention. All you need to do is tell them about yourself or what you need to live independently.
Contact Mass Options .................................................................................... 844-422-6277
... www.MassOptions.org