

# **EMERGENCY RESOURCE LOCATOR**

## **FOR RESIDENTS OF ESSEX**

**EMERGENCY .....9-1-1**

### **TOWN OF ESSEX RESOURCES AND INFORMATION**

Main Information Number ..... 978-768-6200  
Essex Police Department..... 978-768-6511  
Essex Fire Department ..... 978-768-6511  
City of Essex Health Department (M-TH 7:30-3:30) ..... 978-768-7614  
Veterans' Agent ..... 978-356-3915  
Massachusetts Department of Transitional Assistance ..... 877-382-2363  
*Food stamps, SSI, EAEDC, Emergency Family Shelter*

### **NEED HOUSING OR SHELTER ASSISTANCE?**

Essex Housing Authority ..... 978-768-6821  
*Housing, Rental Assistance*  
SeniorCare Inc..... 978-281-1750  
*Homeless Advocacy*  
Action, Inc. Emergency Shelter ..... 978-282-1000  
*Homeless shelter and advocacy*

### **NEED FOOD ASSISTANCE?**

The Open Door Cape Ann Food Pantry (M-F 9:30-7) ..... 978-283-6776  
*Community meals, food pantry, mobile market*  
*Brown bag program, Food stamp assistance*  
*Buck a Bag program*  
SeniorCare Meals on Wheels and Luncheon Site ..... 978-281-1750  
*Lunch at Essex COA, first and third Thursday of the month*  
Women, Infant & Children (WIC) Nutrition Program ..... 978-281-4540  
*Healthy food for women and children who qualify*

**NEED PRESCRIPTION DRUG OR INSURANCE ASSISTANCE?**

- Gloucester Family Health Center (M-F 8:30-5)..... 978-282-8899  
*Assistance with MassHealth Applications, multiple languages*
- Addison Gilbert Hospital ..... 978-283-4000  
*Assistance with MassHealth applications, SHINE  
Prescription drug coverage, multiple languages*
- NeedyMeds..... 800-503-6897  
..... email: [info@needymeds.org](mailto:info@needymeds.org)  
..... website: [www.needymeds.org](http://www.needymeds.org)

**NEED FUEL ASSISTANCE, WEATHERIZATION, OR HELP WITH UTILITIES?**

- Action, Inc. (M-F 9-4:30) ..... 978-283-2131

**NEED ELDER SERVICES OR INFORMATION?**

- Essex Council on Aging (M-F 9-noon) ..... 978-768-7932  
*Transportation, I&R, housing options, and more*
- SeniorCare Inc..... 978-281-1750  
*Elder services, information, solutions*

**TO REPORT ELDER ABUSE:**

- Elder Abuse Hotline ..... 800-922-2275

**NEED ACCESS TO RESOURCES NOT LISTED HERE?**

*If you are a caregiver trying to locate services for a loved one, **MassOptions** can help. Our specialists give you fast, personalized attention. All you need to do is tell them about yourself or what you need to live independently.*

- Contact Mass Options..... 844-422-6277**  
.....**[www.MassOptions.org](http://www.MassOptions.org)**

This flyer was published as a courtesy by SeniorCare Inc., and is meant to enable people to quickly find resources for assistance with food, heat, shelter, and medications. It is not meant as an all-inclusive list, and no endorsement of any agency or service, either express or implied, is intended. Permission is granted to reproduce and distribute this flyer. For additional information, contact SeniorCare at 978-281-1750, 978-281-1750, or by email at [srcare@seniorcareinc.org](mailto:srcare@seniorcareinc.org).